



Annual 2018
Report



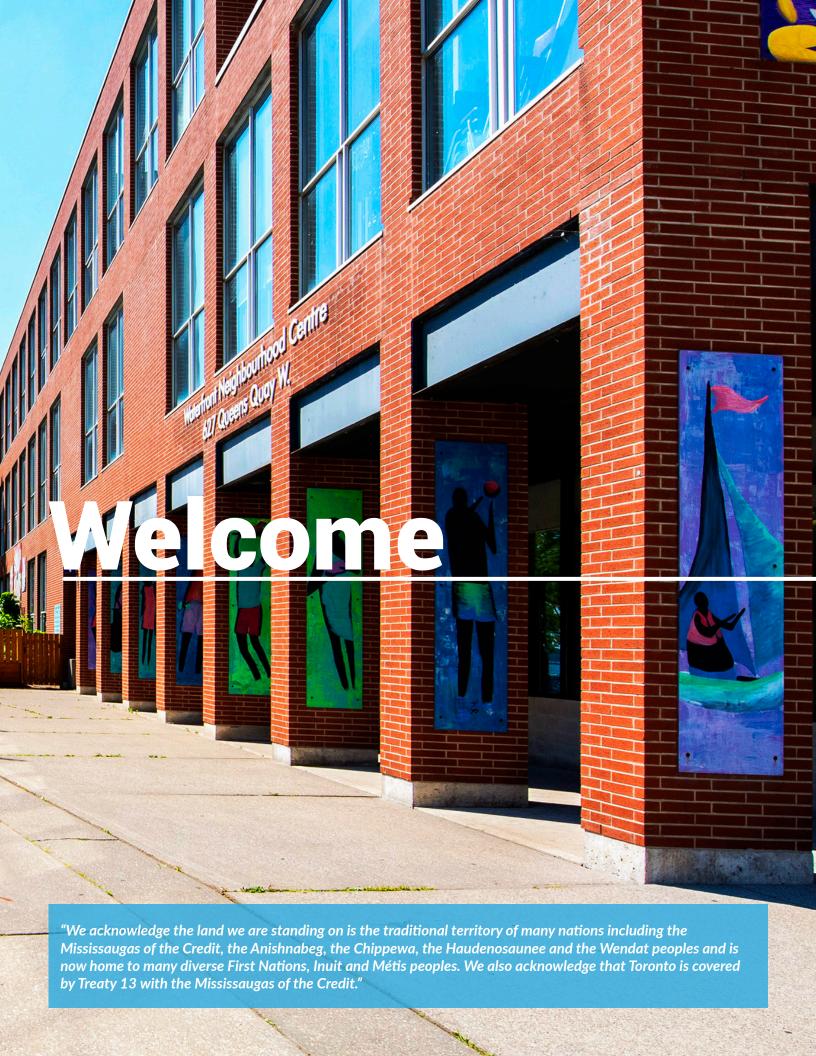


Waterfront Neighbourhood Centre is an agency of the City of Toronto and uses the City's land acknowledgement for Toronto to recognize the traditional territory on which our building stands. This acknowledgement is spoken at meetings and special events at WNC as part of our beginning process toward truth and reconciliation.

A territorial or land acknowledgement is a statement recognizing the traditional territory of the Indigenous people(s) who called the land home before the arrival of settlers. To better illustrate the importance of a land acknowledgement and understand that this land has been home to Indigenous peoples for millennia, WNC has accompanied the land acknowledgement with the viewing of a narrative video, and encourages members to read the reflections on this land by Selena Mills and Sara Roque, with Illustrations by Chief Lady, link as follows: https://waterfrontnc.ca/2018101

At the beginning of an event, a land acknowledgement gives time for reflection, shows recognition of Indigenous lands, treaties and peoples and involves us thinking about what happened in the past and what we can all do now and in the future to further the reconciliation process. It is a small step for WNC, a beginning part in an act of reconciliation, honouring the land and Indigenous presence which dates back over 10,000 years - reminding us that we are the visitors in this land and that we are all accountable for building positive relationships with Indigenous peoples. To learn more about the land acknowledgements further links and information are as follows:

https://waterfrontnc.ca/2018102



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WNC Board of Management Left: Amani Yagob, Virginia Martin, Saida Said, Kelly McClure (Assistant Executive Director), Cliff Ojala, Linda Ballantyne, Brenda McCabe, Carole Therriault, Leona Rodall (Executive Director), Barbara McKenney (picture on page 19), Councillor Joe Cressy (picture on page 24).

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Dear Community Members,

It was an amazingly busy year ending with the publishing of our Facility Needs Assessment in October 2018. In 2017, Toronto City Council committed to the Bathurst Quay Neighbourhood Plan for a "complete community on the waterfront" and it recommended enhanced community services and facilities, including a City aquatic facility and an improved Waterfront Neighbourhood Centre! We are excited to announce that as a result of these two reports the City has now earmarked funds of \$400,000 to be put towards WNC's building needs! Everyone clap & shout YAAA!!

That was really, really good news as our building received a battering this year! On August 7th a mega rainstorm hit Toronto and flooded our building, shutting down our programs for two long months. As the inner glass courtyard filled with water that night, WNC considered that our name change from Harbourfront to Waterfront was indeed fitting – with Lake Ontario surrounding us, we could have scooped up some fish and opened Toronto's second aquarium (Ripley's 2.0)! Our dedicated caretaking staff, Seford and our great evening basketball players tried their best to stop the deluge, but the rain headed right their way. The entire staff team was faced with a huge early morning clean-up! As a result, our building received new floors, carpets and gym floors after the flood. As both Oriel, our Facility Manager, and Seford retired this year after 21 years of service, it was certainly a spectacular way to say goodbye. They are both pleased to know that the City's earmarked funds will provide us with additional updates to the facility.

You will read in this report, which is long, (we did so much and want to tell everyone about it!) that we faced other challenges – a few other wrinkles, lots of fun times, but also lots of tears and heartbreaks for us and the community. We are proud of devoted community members who quietly take charge, take up tasks that need to be done or come every day to the neighbourhood centre because this place means so, so much to them.

We have lots of students from high school, college and university that are on student placements in our programs – we could not do what we do without them – and they are so smart. Some of them write research reports about us! So much so that you will read about one study that found the City a 40% reduction in energy costs! Because of very smart young people, WNC is now going very green and our amazing project was even featured on Global TV News. Have a look at how WNC is becoming a demonstration site for the City of Toronto – how cool is that!

Getting back to our students though, as we digressed – another student project not long ago looked at how people in the community felt about their neighbourhood. "The Tale of Two Cities at Toronto's Central Waterfront" discussed whether in planning this City, did it account for an equitable space for residents – in other words was there a place for all? Equitable is a big word.

Was there a place for those with lesser means? What was striking in this study were the responses from the community about WNC when interviewed. They expressed that the neighbourhood centre was a "sacred space for residents amidst the struggle experienced by people", particularly for those with less "as they can always use this community centre as a space that brings the neighborhood together. It is a place where people come together for the programs that are known to other residents in the City". One conclusion from this student's research was that "the community centre is not just a building – it is a space where people have pressed against the forces of neoliberalism to create a place in the global city." Now how smart is that and those are really big words! Well worth the City's investment of \$400,000! Thank you on behalf of all those who love this space. Love is a big word too.

Linda Ballantyne

Chair, Board of Management

Leona Rodall
Executive Director



ABOUT WATERFRONT NEIGHBOURHOOD CENTRE (WNC)

Waterfront Neighbourhood Centre (formerly Harbourfront Community Centre) was established in 1991. WNC is a member of the City of Toronto's Association of Community Centres (AOCC). The AOCC board model is a hybrid between a City of Toronto agency and an independent not-for-profit community-based organization. This model is unique and distinct from other agencies, boards and commissions and the City determined that it was the best service delivery model for Ward 10's (Spadina-Fort York) waterfront community in order to meet existing and adapt to future community needs. Core administration costs related to operating WNC are funded by the City and 100% of programs are funded through grants, donations, programs and rental fees.

Located in the heart of the thriving Bathurst Quay Neighbourhood, our 107,298 sq. ft. 3-storey multi-use City-owned facility is home to:

- Waterfront Neighbourhood Centre 1st floor (44,950 sq. ft.)
- St Stephen's Child Care Centre 1st floor
- Waterfront Public School (K-8) and The City School (alternative high school) 2nd & 3rd floors.

WNC provides services to the Waterfront West community primarily, but is open to all City residents. In 2018, WNC welcomed over 1,188 visitors per day - offering a safe and supportive environment for our diverse, multicultural neighbourhood. In addition to offering 504 annual programs with 81,604 hours of service, resourced by 87 staff and 765 volunteers, WNC provides community development initiatives to build community self-capacity and services that are far reaching - targeting all sectors of the community.

WNC connects with residents of all ages, offering a wide range of programs and services that supports the quality of life, health and well-being of our neighbours as well as provides social and recreational needs of our ever-growing waterfront.



CHILDREN & FAMILY PROGRAM HIGHLIGHTS

83Programs & 23 Free Sessions

3,588
Hours of Service

5,187Children & Caregiver Participants



PLAY! LEARN! CONNECT!

Play is our focus! Learning is our mission! Connections with family, friends and the community are a result of our Children and Family Programs which serve children from birth to 12 years and their families. WNC offers a variety of registered and drop-in programming all year long, which promote healthy child development as well as parent/child relationships through sports, camping, dance, arts, music and so much more!

"My kids have so much fun and it was a big help for their socialization and development in getting ready for school."

"There was so much improvement in social skills, her sentence construction has gotten much better and she's learning new things every day."

"As a new parent, this centre has given me an opportunity to be part of a community, a new identity, where I can connect with other parents through its various amazing programs offered."

Program Evaluation Comments, Children & Family participants



The number of preschool aged children has almost tripled since 2006 - the highest rate of growth in the City of Toronto! Programming for WNC children and families have expanded in response, accommodating 69.5% more participants in 2018 alone.

Here is a snapshot of WNC's growing program.

WNC saw an increased demand for the Preschool Experiences Enrichment Programs (PEEP and PEEP for Tots), a school readiness program for children ages 2-6 years. WNC expanded the programs by including 4 additional sessions throughout the week for a total of 13 sessions. We can now accommodate 40 children per session for a total of 13 sessions, which translates into 520 available preschool spaces to the community. This represents a 72% increase in participants from 2017 to 2018!



Summer Daze Camp provided 402 spaces for children ages 6-12 years with a total of 92 campers over the summer. Our camp was filled with adventure and discovery with WNC's halls filled with laughter, excitement and the smell of sunscreen! Children explored a whole new world in the City on weekly outings to Centre Island, CNE, and African Lion Safari. They dressed up and imagined they were movie stars, pirates or running from a lion in the jungle during weekly themed program sessions. They had many incredible experiences and kept up academic skills with games that focused on literacy, language, STEM experiences, and through visits to the Royal Ontario Museum and the Grange Festival!

EarlyON Programs offered opportunities for parents/caregivers and children to learn and play together. We offered programming twice per week: Wednesday and Friday afternoons for infants 0-24 months and once per week on Wednesday evenings for children ages 0-6 years. This program also continued to increase in capacity reaching a 67.4% growth.

Our Family Drop-In Program, (Growing Up Healthy Downtown), offered on Tuesday and Thursday mornings, for children ages 2-6 years, helped families build stronger connections within a welcoming and supportive environment with opportunities to learn and explore through arts and crafts, circle time, science, sensory motor activities and more! Parents and caregivers gained a better understanding of their children's interests and their developmental needs while also accessing information on child development. In 2018 we reached a record of over 400 participants including newcomer families, nannies and grandparents.

TOGETHER WE FIT HIGHLIGHTS

64Empowered Experiences

Number of Laughs Too Many to Count!



Together We Fit (TWF) was inspired by a group of local women who wanted a program where they could get fit and be empowered! Time is so precious when you are a working mom, or a student mom, or just a mom looking after a number of really young children, all with competing demands for your attention. When do you get to look after yourself? Initially funded by WNC and then by a 2 year grant, a new program was created to offer simultaneous programming for moms and their children, once per week for 32 weeks, in each of 2017 and 2018. The TWF project addressed participants who would normally not be able to join due to financial, child care and other barriers. These women engaged in a wide range of recreational, wellness and educational activities.

"I have been more active and also try to get my son involved when working out."

"I go to the weight room now! I wanted to do that for a number of years but gained the confidence because of Together We Fit."

"Meeting other moms in the neighbourhood is such a good thing."

"Helped me come out of my shell and communicate and exercise with others."

Program Evaluation Comments, Together We Fit participants

In March 2018, the Together We Fit Program reached its final session after two successful years. TWF provided opportunities for 29 mothers and 49 children to participate in a wide variety of activities promoting healthy living through physical literacy. Women participated in over 64 activities that included rock climbing, canoeing, and self-defence, to nutrition and leadership skill building, and also included positive discipline-parenting workshops, conflict resolution, First Aid and CPR Certification Training and many, many more activities!

On March 17th 2018 our TWF participants led and organized a final event celebration which included a personal training session with Elite Wellness by Oluchi Ezurike-Afriyie, a women's empowerment presentation led by Gaby Motta - WNC's Community Development Manager, as well as the sharing of homemade meals cooked by our TWF participants themselves!





ROOM 13 ART AND MULTIMEDIA STUDIO HIGHLIGHTS

1,437Pieces of Precious Art Created

220Music Beats Produced

318Art Participants

Priceless!Value of the Art & Music Created



DISCOVER YOUR TALENT! BECOME FAMOUS!

WNC has secret rooms! The children and youth have hidden away two very special program areas where they discover their artistic talents and dream of the day their works of art or music will make them famous! At least we know that their families will always treasure their creative expressions which take on many forms in these secret rooms! We invite you to explore the multimedia music recording studio at the back of the youth room or the art studio to the right of the back hall doors. But you may want to put on some old clothes or bring some head phones to listen to the beats!

"I like the art program that we have on Mondays and that I get to spend time with my friends."

Rachel, ROOM 13 Youth participant

"My favourite part about art is when we created our own stamps and used a roller of paint and rolled it on our stamps."

Jairus, ROOM 13 Tween participant

"Art is the foundation of imagination."
Austin, ROOM 13 Tween participant



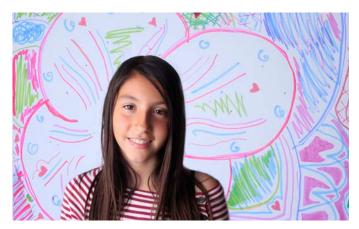
ROOM 13 Children's Art Programs

ROOM 13 encouraged 98 children ages 6-12 years, to discover their artistic talents by exploring various art mediums, concepts and themes such as watercolour, photography, oil pastel, ink drawing techniques, scratchboard caricature, installation group art, Photoshop Illustration, Plein Air drawing and printmaking.

48 children attended various excursions to the AGO throughout the year as part of their ROOM 13 curriculum. These exhibits included: The Canadian Collection, AGO Free Programming: Weston Family Learning Centre, Indigenous Art Exhibits and more!

ROOM 13 Tween Art

With an increase of "tweeners" (grades 6-9) attending WNC programs, WNC added a new program - Room 13 Tween Art Program for 30 children. Our ROOM 13 artist Lula Lumaj led the tweens in art activities that included painting, photography, scratchboard illustration, stained glass and clay sculpture. Through this program, tweens had the opportunity to explore their creativity, expand their knowledge, develop skills and most importantly have fun!



ROOM 13 Multimedia Studio Program (MSP)

Every year our ROOM 13 Multimedia Studio Program (MSP) continues to showcase the talents of over 60 amazing youth participants. They developed skills in creating, producing, recording, MCing and DJing music in addition to fine tuning video and photography skills. Our long-time youth participants are now using their acquired skills to pursue and develop themselves as professional musicians. ROOM 13 created a video highlighting the studio and featured a few of the talented participants: https://youtu.be/98Svo9xlyjg

On September 25, 2018 MSP was highlighted on CP 24 Breakfast Live. Our 2018 ROOM 13 youth worker Chris Akinbode, along with two of our youth participants, Morica Monique and 6talez, were featured on the segment, speaking about their experience in MSP and the impact the program has had on their lives. It was wonderful to share how special this program is and to showcase the talents of our youth to a broader audience.



YOUTH PROGRAM HIGHLIGHTS

35 Programs

2,547
Hours of Service

1,843
Youth & Tween Participants



BECOME A COMMUNITY LEADER....A CHEF, A MUSICIAN, AN ATHLETE OR EVEN A THEATRE CRITIC!

When you are young, you dream big, but sometimes when you are young, you also are prone to stumble or life gets in the way and the world shrinks, becoming challenging for many. Remember when you dreamed big? At WNC we want our youth to dream and think big, have new experiences and just keep doors of possibility open. Our youth continue to amaze the community with their talents, ambitions and leadership. WNC youth programs have had a great year in 2018!

"It's fun because we get to cook and watch movies. I also get to spend time with my friends."

Ella, WNC Tween

"I am so grateful to have been given this opportunity at Waterfront Neighbourhood Centre. From my very first day I quickly learned that this organization is a family. I felt welcomed from everyone. This has been an incredible learning experience that I will take with me for the rest of my life. I feel very lucky to have been able to be a student here every morning for the past four months. The upbeat and encouraging environment inspires me. I want to thank the Centre for taking the time to mentor me and help me grow as a professional as well as an individual. I have truly valued my time spent at WNC and have enjoyed getting to know all the staff and community members. This is an incredible organization that offers outstanding services. Thank you for your continuous support and reassuring words, they have truly meant the world to me! "

Jessica Ainsley Co-op Student, Humber College, Child & Youth Care Program

Here are some unforgettable moments.

Having a Say in Their Community - Community Park Development

We encourage civic engagement and community development to ensure that youth have the opportunity to provide their feedback about the upcoming changes in the community. Facilitated by Waterfront Toronto, 20 youth participated in a roundtable to provide feedback about what they would like to see in the two new Waterfront parks (Rees Street Park and York Street Park) currently in development.

The Waterfront Youth Music Festival

On September 29th, we hosted 75 youth and community members who attended a day filled with music demos, live performances and light refreshments. Prior to the event day, 10 youth volunteers planned all the details, and received training in event management, developed posters, researched food/refreshments options, and discussed outreach opportunities for the festival. Our facilitators Jessica Cho, DJ Lyve, Ben Wood, and Memorecks provided interactive and fun workshops for the youth and community members.



Other Notable Moments

During Black History Month, youth had the opportunity to enjoy two amazing trips:

- 20 youth ages 12-15, received movie tickets from a private donor to see the movie Black Panther. Not only was this an epic superhero movie, but it was the first time a major hollywood movie profiled African culture.
- In partnership with Kids UpFront Foundation Toronto, 20 youth went to the Royal Ontario Museum to see the exhibit Here We Are Here: Black Canadian Contemporary Art. The exhibit showcased 9 Afro-Canadian contemporary artists.

20 tweeners ages 12-15 years, attended floor hockey training day with Toronto Maple Leafs in partnership with PortsToronto at the MLSE Launchpad.

In collaboration with Sysco Foods, 25 youth participated in a cooking demo with a professional chef during our March Break Camp. During the demo, youth learned how to prepare homemade pizzas from scratch. Delicious!



YOUTH PROGRAM STAFF CHANGES

A youth program is only as good as its youth leaders and WNC has been fortunate to have strong and stable youth leadership team. Sadly, WNC youth programs had to say goodbye in 2018 to two beloved youth workers: Muxubo Mohammed and Chris Akinbode who left to pursue their dreams.

Muxubo Mohamed worked at WNC since 2009. She began working in our summer camp and afterschool program before becoming a part of the youth staff team in 2013. Muxubo enjoyed creating so much she also joined in on ROOM 13 activities on her own time. Muxubo worked in our various youth programs that included: Pre-Teen, Waterfront Youth Helps and our Get Jobs 4 Youth. Muxubo is an accomplished musician/producer and has DJ'd many of WNC events in the past and we hope, will continue to come back in the future.



We wish Muxubo all the best in her exciting future.

Chris Akinode was the youth worker extraordinaire in our ROOM 13 Multimedia Studio program and was instrumental in the development of this successfully program. Working at WNC since 2011, Chris has helped a vast number of youth acquire skills in producing, recording engineering, photography/videography, MCing or DJing. He also contributed to WNC 20th anniversary video and the 2017 ROOM 13 promotional video - https://youtu.be/98Svo9xlyjg We are sad to see Chris leave and wish him nothing the very best.



Thanks Chris!



Moor-Ali Imran Hudson-Grant *March 8, 2000 - October 30, 2018*

On October 30th, 2018 our community suffered a tremendous loss. Our beloved youth, Moor-Ali Irman Hudson Grant passed away. Moor-Ali was very active in WNC's youth programs. He participated in various activities that included Youth Basketball, Youth Cooking and our youth volunteer program, Waterfront Youth Helps. Moor-Ali will be truly missed and WNC will remember him as a great treasure within our community.

SENIORS PROGRAM HIGHLIGHTS

23Programs & 48 Free Sessions

22 Seniors Workshops

2,114
Hours of Service

5,591 Program Visits



LEARN FOR LIFE! KINDLE FRIENDSHIPS! LIVE HEALTHY!

WNC Seniors are a vibrant, close knit group who keep our centre busy day and night with a range of interesting and skill building activities. For many it is their home away from home, their life line and connection to others. Staying active keeps them strong and keen to learn new things every day. If you love to learn, come to one of our seniors' programs and you will kindle friendships, make healthy lifestyle choices as you discover delicious new recipes to cook, keep up with technological advances that impress your family members, learn to play a new instrument, compose songs, take up painting, party on a boat and so much more!

"We had a wonderful time during this program! Dominic did a great job answering our questions and taught us so much. He helped me save money by switching from a home phone to a cell phone now I am able to do more and still save money every month. I am still getting help from the students at the centre to help me navigate this new cell phone"

Lorna, Seniors Connect, Share & Engage with New Technology participant

"Coming to the program they taught us to read labels and nutrition facts when we buy food and I found out that the yogurt I was eating contained a lot of sugar and I switched to plain yogurt now. They also taught us how to increase protein in your food using hemp hearts on salads, soups and oatmeal. These weekly programs have been of great benefit to me"

Hanna, Seniors Nutrition Program participant

"It was very interesting to in learn why us seniors need to get shingles immunization. The Remedy Pharmacist showed us at his workshop the disease and shingle dangers and causes. Shingles is a very painful disease we should all get immunization."

Liz, Seniors Fair participant

Seniors Connect, Share & Engage with New Technology

This successful project delivered workshops on topics including the basics of computers, internet cable vs traditional cable, social media applications and budgeting for technology. Our seniors learned how to engage in technology safely as they explored the Internet, and learned about online banking, shopping and ways to connect with their families through social media. Participants can now engage in many of the online activities their grandchildren use, making them the Hip Generation! The project has led to the development and launching of "Seniors of Waterfront Neighbourhood Centre" on Facebook. Don't forget to Like Us!

Seniors Nutrition Program

One of the best ways to build community is to prepare and enjoy a meal together! Many great memories and stimulating discussions can occur over a shared meal. The purpose of WNC's Seniors Nutrition Program was to gather together seniors from the local community to prepare healthy meals, learn nutritional tips and budget-friendly recipes while meeting new people and building that sense of community.

Popular workshop topics and recipes included: Foods for Your Brain - *Recipe*: Salmon Salad with Avocado; Eat Your Greens - *Recipe*: Bok Choy and Tofu Stir Fry; Let's Talk Fats - *Recipe*: Egg Salad with Lettuce Wraps.

Healing Harmonies

Healing Harmonies Dance and Movement and Healing Harmonies Music and Song became two key programs for WNC Seniors in 2018. Weekly sessions had participants creating and learning musical software, and gave seniors the opportunity to re-discover old and new skills and strengths. Activities were described as providing "food for the soul" by one of the participants! As a group, they produced the following song and performed it for other members of the Waterfront community.



Together We Stand

Written by Cathy Nosaty and Maddison Lebrun

WNC iPad Vocal Group/Healing Harmonies participants United together Looking for justice Fighting for equality Proclaiming our space

A rainbow of colours All nations all people All included Together we can succeed

(2 BARS STOMP CLAP - then SHOUT)

WE ARE WOMEN SMART AND STRONG SURVIVORS, PEACEMAKERS WE BELONG

WE ARE WOMEN
MOTHERS AND WIVES
LEADERS, INVENTORS
HARDWORKING AND WISE
CONFIDENT
NURTURING

Seniors Social Events and Celebrations

Seniors Diwali Celebration: In November, our very diverse group of senior participants, who take part in WNC's weekly Tea and Social, dressed up in traditional clothes to celebrate Diwali, the Festival of Lights. They brought traditional treats and celebrated together eating and drinking tea, and maybe some other spirits on special occasions!

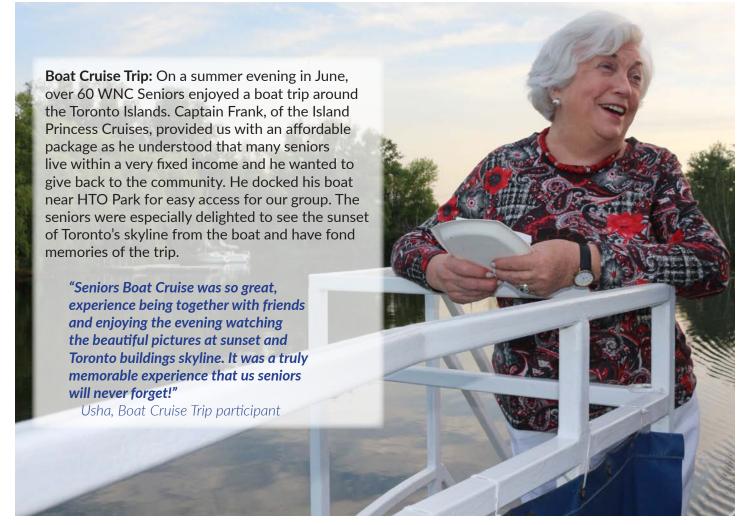
"I told all my friends to come and dress up for Celebrate Diwali at the community centre and everyone did and we had really good time. Thank you to Gaby and Elizabeth to let us do this." Shaku, Diwali Celebration participant

Senior's Fair: This year, 20 exhibitors and vendors took part in our annual Ontario Association of Older Adults (OACAO) Seniors Information and Active Living Fair. Through workshops, presentations, and information booths seniors were able to learn about topics relating to their health, finances, and community resources. Thanks to Aramark volunteers for providing complimentary breakfast bags for participants.

Caribbean Party: For the second year in a row, WNC hosted a beautiful Caribbean Carnival Party. This year, a special highlight was a performance by renowned steel pannist Suzette Vidale who was invited by a member of our group! Suzette volunteered her time to play for our seniors and discussed the history of her instrument. The seniors were energized by a full range of activities that included food and dance!

"I am so happy I found Suzette (steel pannist) and connected her to Elizabeth. She is an amazing musician and I'm happy she volunteered her time for everyone to enjoy her beautiful music. It was also great that she talked about the history of her instrument."

Pearl, Caribbean Party Seniors participant



ADULT FITNESS & WELLNESS HIGHLIGHTS

40 Programs

11,053
Hours of Service

3,019
Fitness Participant Members

SHAKE IT UP! FLEX YOUR MUSCLES! FIND YOUR COMPETITIVE EDGE!

WNC is not your typical City fitness recreational centre – that is because we are <u>not</u> part of the City's Parks and Recreational department. WNC is unique as it is a separate agency operated by a community board, representing the community. In that way WNC looks at health and fitness in a more holistic way. Want to shake up your body to lose a few pounds, gain some muscle or burn some stress by joining a competitive sport? Well when you join one of WNC's fitness programs either in our double gym, weight room, in an outside fitness class or on the outdoor basketball court, you get more than what you signed up for. Most likely you will meet new friends, discover a whole new community and more about yourself and your overall health than you ever thought you would. Join us for a *pile of community fun* along with that muscle burn!

"Quality time with friends, meeting people, exercise and WNC staff."

"It's an inclusive spot held in a healthy & fun environment. And the staff's amazing!"

"Friendly community, good number of hours of play."
"So convenient!"

Program review evaluation comments, Fitness participants



Drop-In Volleyball - WNC's Most Popular Sport!

WNC offers a variety of recreational sports for community members to enjoy including badminton, ping pong, basketball and volleyball. Volleyball has become one of WNC's most popular recreation programs with people coming from all across the GTA to play pin the gym. Volleyball is offered weekly on Mondays and Wednesdays from 7:30 to 9:15 p.m. Entry wristbands are sold at 7 p.m. and on each night expect a line-up of very happy volleyball enthusiasts here 45 minutes early, with a sold out program in under 10 minutes!





Weight Room Makeover

WNC is dedicated to helping our community members maintain a healthy and active lifestyle. In November, WNC asked weight room members to provide feedback about the program and what type of changes they would like to see. Some of the feedback WNC received was the need for more machines that focused on lower body, making the space more inclusive for women and creating better use of the space.

As a result WNC added 3 new pieces of equipment at the end of 2018: Cybex Prestige leg press, Cybex Prestige prone curl machine and a Cybex 45 degree back extension bench.

Also, an additional set of dumbbells that range from 24-50 lbs were purchased, for use by members who were not interested in lifting heavy weights. Further, a 3 tier free weight shelf was added to alleviate some of the overflow of weights that were crowding the weight room. Finally, the weight room was given a new coat of paint to round out the makeover!

Together In Movement and Exercise (TIME™)

The TIME™ program continues to help participants gain strength and balance through weekly modified exercises under the instruction of George Hojbota. Yet exercise is not the only activity! TIME™ participants love a good party! The social aspect of TIME™ is very important. Not only do participants come for exercise - it is also a time to connect with others. At the end of every summer and winter session, the program ends with a fun celebration. Participants bring different yummy treats to share with the group and the day is always full of laughter and fun!

"To reflect on how we started the TIME™ program and to see how far we've come is really amazing. We're doing something really good that is benefitting the entire society."

George, TIME™ Instructor





MEET WNC ADULT FITNESS INSTRUCTORS!

At Waterfront Neighbourhood Centre, we have amazing instructors that not only lead fun and innovative classes, but have become a major reason why WNC's fitness and recreation programs are such a success.

Karen Durango

Karen is WNC's instructor extraordinaire and has been teaching yoga and Pilates since 2002, now moving into her 17th year with us! In addition to teaching yoga, Karen also teaches Gentle Yoga and Baby & Me Yogalates. Her calming way of teaching developed a following of devoted community members. Debbi Black, a regular member of Karen's yoga and Pilates' class is grateful for her devotion to the participants.

"Through a combo of Pilates and yoga, Karen has helped me with my physical and emotional well-being."

Debbi , WNC Fitness participant

Judith Schultz

Judith first joined WNC as a member of our weight room back in 2001, WNC was looking for a fitness instructor and a match was born! Judith started as an instructor soon after and has been teaching adult/senior fitness classes and children's karate now for 18 years. In addition, Judith has used her 3rd degree black belt expertise to teach women and girls self defense techniques, instilling them with a sense of confidence and safety. What does Judith love about working at WNC?

"The people are lovely, the facility is lovely and people really care here."

Judith, WNC Fitness Instructor

George Hojbota

One of WNC's first instructors, George Hojbota has been helping community members get fit for over 25 years! George started teaching hi/lo impact fitness classes on the bouncy floors of WNC's first temporary portable building back in 1992 and when WNC was called Harbourfornt Community Centre. Since that time George has taught many of our adult fitness classes and senior fitness classes. George has made quite an impact in our fitness programming, particularly with the TIME™ program as its current instructor. The success of this program is due to George's infectious personality and energy. Participants in the class not only look forward to building their strength each week, but are excited to see George's smiling face. George feels WNC is different than other centres that offer fitness classes.

"There is really a community focus. Everyone takes pride in what everyone does. It's a constant team effort. The work here doesn't happen in isolation"

George, WNC Fitness Instructor

COMMUNITY SUPPORT & EDUCATION HIGHLIGHTS

11,035
Hours of Support & Referral Services

2,494Hours Free Public Computer Access

27Educational Workshops



BE SUPPORTED! FIND YOUR VOICE!

Sometimes you just do not know what to do or where to go for help. That is where our community program staff, front desk reception staff and our many students from various social science fields lend a hand. WNC staff do not always have the answer, but they will provide as much support as they can to help you find help for yourself or your family, to feel supported, to find ways to make change in your life or to have the courage to speak your mind!

"I went to other places for help but here a placement student and yourself helped me so fast! I was understood and your support was so valuable to me."

Program participant

"Playing the democracy games was a fun way of learning about the importance of voting and knowing more about the different levels of governments and their responsibilities and issues that affect myself, my family, and my local communities."

Program participant

Social Supports

WNC offers and participates in a wide range of social supports for the neighbourhood. English as a Second Language classes and Spanish lessons are offered. WNC participates in the Waterfront Good Food Market and with the Good Food Box Program. The community has public access to 3 community computers linked to free internet services and access to referral services, assistance with resume preparation and job searches, access to clothing and other financial and community supports for those in need. WNC offered some particularly unique programs in 2018.

Neighbour-2-Neighbour 2.0

The N2N 2.0 partner agencies across downtown Toronto have collectively reached over 1,000 seniors. In 2018 the Toronto's Vital Signs report highlighted that seniors outnumbered children for the first time in Toronto's history. A CBC documentary report during the Toronto Vital Signs press launch used Neighbour-2-Neighbour 2.0 as an example of a service model to combat social isolation facing neighbourhoods like Waterfront. More than ever, people are leading increasingly isolated lives that could have farreaching consequences for the health and welfare of populations, particular seniors. The report notes that neighbourhoods facing steeply rising populations are more vulnerable to the outcomes of social isolation. WNC's innovative support program provides meaningful social connection by visiting and engaging with local seniors and WNC is proud to be there for them.

CIVIC ENGAGEMENT HIGHLIGHTS

500

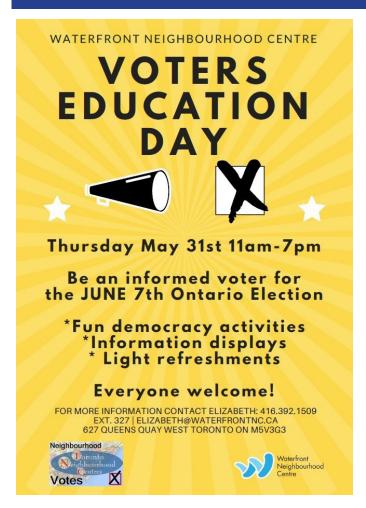
Voters Engaged

VOTER EDUCATION - MAKING CHANGE!

In preparation for both the Municipal Election and the Provincial Election in 2018, WNC held multiple educational events for our community. Developed to promote civic engagement, WNC designed two full days of programing promoting the democratic right to vote! Placement students involved community members of all ages with an emphasis on communicating with isolated seniors in the area. Activities included games, workshops and discussions. During the weekly Good Food Market workers connected with community members emphasizing the importance of their vote.

The Community Kitchen program facilitated a 'Democracy Dinner' at a local Toronto Community Housing Corporation building where participants were encouraged to begin in conversations and ask questions about their communities, politics and the importance of civic engagement. Participants were provided with voting resources.

Children and their parents in the Family Programs participated in special age appropriate activities like 'Rank the Power' and 'Democracy BINGO'. Our youngest community members were encouraged to understand the importance of engaging in their communities and the power they have to shape them.



Joe Cressy City Councillor Ward 10 Spadina-Fort York

416.392.4044 councillor_cressy@toronto.ca

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ADAM VAUGHAN Member of Parliament for Spadina-Fort York

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HILL OFFICE: 613.992.2352 ADAM.VAUGHAN@PARL.GC.CA

COMMUNITY CONNECT GARDEN HIGHLIGHTS

870_{lbs}
Fresh Vegetables and Herbs Grown in a Lakefront Organic Garden!

75Vegetable/herb species

1000+
Plants



CULTIVATE A PATCH OF PARADISE! NURTURE THE SOUL! GROW HEALTHY!

Spending time outdoors and in a garden is good for the soul and has proven to bring calm to stressed lives! WNC's Community Connect Garden is now in its 9th year of development. The garden has had a positive health and wellness impact on our community as produce was shared with community members and was used for healthy snacks/meals in WNC programs.

"I really feel so lucky that the girls would bring me fresh veggies from the garden and the food taste so good and so fresh. They are doing a really good job at the centre and I hope to get more goodies next summer."

Yulah, Garden Program recipient

"Thank you so much for all those beautiful and fresh vegetables. Sometimes it's hard for me to buy affordable healthy food sometimes so it was nice to get a few things from the centre."

Anonymous, Garden Program recipient







WNC's Community Connect Garden had an impressive production year, dramatically breaking WNC's previous record of 275 lbs thanks to a long growing season, strategic planting by Michael Gebremarium, our master gardener and a lot of TLC. With the help of 300+ hardworking garden volunteers, the garden also grew 9 berry species and 28 varieties of pollinator-friendly plants

Community members of all ages were engaged through scheduled gardening sessions as part of WNC programs. WNC celebrated the garden's bounty with a community Garden Harvest Party which followed the Annual General Meeting on October $23^{\rm rd}$.

FACILITY OPERATION HIGHLIGHTS

44,950 Sq. Foot Facility

268
Rentals

\$165,147
Rental Revenues

100% Revenue Return for Program Development



THINKING FOR TODAY, TOMORROW AND DREAMING BIG!

Our building is located in one the fastest growing neighbourhoods in Toronto, with Social Planning Toronto's "Demographic Change in Toronto's Neighbourhoods" report showing our population jumping 153.9% in the past ten years. To address these needs and changes, WNC with the support of the City Waterfront Secretariat, City Planning, published Waterfront Neighbourhood Centre Facility Needs Assessment, October 2018. This report documented small, medium and large ideas for improving the centre and contains additional preliminary concepts by MJMA Architects - WNC's Thinking for Today, Thinking for Tomorrow and Thinking Big ideas list! WNC is now considering the strategic outlook for the next 3-5 years, in complement with the City's strategic goals. The full report was shared with the membership at the October 2018 Annual General Meeting and the Board looks forward to sharing more details soon about implementation!



The full report is located on WNC's website at:

https://waterfrontnc.ca/2018103

"More and more people are choosing to raise their children in the downtown core so just more space to accommodate more programs"

"I think the centre has hosted/developed a remarkable mix of programs and events since its early days. It's worked hard to accommodate the existing and growing population base."

"The exercise rooms for people with disabilities needs to be close to the drop off entrance."

"A community swimming pool was part of the original plan, but it never came to fruition. Neighbourhood could really use one. Closest community pool might be Trinity Bellwoods? Many of us used to go to Ontario Place in the summer for relief from the heat, but that option was removed, as you know, several years ago."

Facility Needs Assessment Feedback Questionnaire, WNC participants

Summer Rains Result in Flood

Water, water and more water! On Tuesday, August 7th, 2018 a severe rain storm hit the City of Toronto. The rain filled up the outer courtyard with water which spilled through the hallways seeping into carpeted offices, program rooms and down the stairs into the gym. The resulting flood impacted 80% of WNC's building, destroying our gymnasium floor, offices and most program rooms surrounding the courtyard.

St. Stephen's Child Care Centre was also flooded causing damage to building wiring as the rain poured down the outside hill, into the childcare. Fortunately, WNC was able to keep summer camps running despite an an additional visit by the fire trucks to attend to a potential fire. It was an exciting camp activity that day for all WNC campers! Unfortunately, the building was closed to the public for the remainder of the summer, requiring us to cancel the majority of programs and rental opportunities. After many painstaking hours of dealing with the damage, the facility reopened in September looking better than ever with new carpeting, paint and refinished floors. Our brand new and beautiful gym floor re-opened to the public on October 5th.



Deep Retrofit Pilot Program

In 2018, WNC was selected as the benchmark site for the City of Toronto's Deep Retrofit Pilot Project. The innovative energy conservation project was developed through WNC's collaboration with University of Toronto's Engineering programs and their fantastic student group. The students' study was so successful that their recommendations were adopted and are now being implemented. A two-phase comprehensive energy retrofit plan for the WNC is being undertaken, which will save the City energy costs of up to 40% and reduce the centre's environmental footprint. The first phase of the Facility Energy Audit is now complete. The lighting throughout the building - inside and out, has been retrofitted to High Efficiency LED lighting.

Exciting next steps include the installation of a Geo-Exchange Cooling System and Building Automation System (BAS) which will control the building's heating system and use Lake Ontario to cool the facility! Future rooftop solar panels will energize the backup battery system giving WNC power during blackouts and help to reduce greenhouse gases. This amazing project was featured on Global TV News. Have a look at how WNC is turning green and becoming a demonstration site for the City of Toronto!

Lake Geothermal Cooling System

https://waterfrontnc.ca/2018104

Rental Highlights - Nike Promotion

WNC was pleased to welcome back Nike for a second year of sports promotion. The vinyl wrap of WNC's building received a lot of positive attention throughout our community and on social media. This year's campaign featured Kia Nurse, a Canadian basketball player in the Women's National Basketball Association (WNBA). She is well known for her leadership in the sport and for her television commentary during March Madness, the well-known U.S. college basketball competition. WNC was excited to have her featured on our building! Proceeds from the Nike promotion along with a busy year of facility rentals, resulted in \$165,147 of rental revenue which was 14.78% above 2017 rental revenues despite lost income due to the flood closure! 100% of all rental revenues are returned back into the development of programs.



New Adventures - Retirements

The year of 2018 was one full of change for the Facilities Operations Department. Most significantly, the well-deserved retirement of our beloved Oriel Boothe, Manager of Facility Operations for 21 years, and our treasured Seford Boothe, owner of our long time cleaning company Kleen-All Building Services. Both Oriel's and Seford's dedication to WNC and the community has been reflected in every inch of our building. We miss them terribly but if anyone deserves to enjoy life, it is Oriel and Seford! Oriel has left some very big shoes to fill but thanks to Oriel's training and a quick study by Liz Oliveira, WNC's new Manager, Facility Operations, Liz is continuing with our quality maintenance tradition.



Seford Boothe

Oriel Boothe

New Beginnings - Facility Staff Changes

Rather than finding a new cleaning contractor WNC decided to hire staff directly to maintain the building and oversee after hours rentals with a new inhouse team. A very special and continued thank you to the new facility department team - Israel Slater, Co-ordinator Caretaking, Michael Symonds, Daytime Caretaker-Relief, Lula Lumai and Shanice Johnson, Facility Attendants, who supervise after-hour rentals and programs.



Michael Symonds

Shanice Johnson

WNC STAFF RECOGNITION

87 Staff

78% Female Led

69% Under Age 30

WHAT WE SAY ABOUT OUR STAFF! DEDICATED! HARD WORKING! LOYAL! MANY THANKS!

WNC's strong and competent staff team in 2018 faced some big challenges during the year, yet we ended in success despite contending with a host of unexpected wrinkles.

We also recognized the following staff for their 5, 10, and 15 years of service at last year's Annual General Meeting. WNC is fortunate to have such wonderful staff, many of which are local community residents, or were hired due to a successful school placement, or introduced to WNC as a volunteer!

5 Years Muxubo Mohammed, Youth Worker

Mitchell Atkinson, Youth Worker Simon Chan, Qigong 18 Instructor

10 Years Karen Warner, Director Fundraising &

Communications

15 Years Israel Slater, Caretaking Coordinator

Eneyda Guerra, Supervisor, Children's Programs



WNC gratefully acknowledges the dedication of Oriel Boothe, our now retired Manager, Facility Operations and Seford Boothe, retired owner of WNC's cleaning company Kleen-All Building Services who maintained, with the highest of operational standards the community's building for the past 21 years – many, many thanks!



VOLUNTEER PROGRAM HIGHLIGHTS

765Community & Corporate Volunteers

21,848 Volunteer Service Hours

\$576,787
In-Kind Value of Volunteer Donated Services*

VOLUNTEERS BUILD! BEAUTIFY! EVERYONE BENEFITS!

WNC's Volunteer Program plays a key role in expanding WNC's programming capacity. The program has continued to focus on developing strong partnerships with local universities, colleges, and professional community members. As a result, WNC has attracted highly skilled volunteers to support WNC programs and services.

"The TIME™ program has been such a wonderful experience for me over the past year that I was a part of it. I joined in February 2018, not knowing much about what the program entails. Initially, I did not envision myself sticking for as long as I did, but the people I met through the program provided me with plenty of reasons to stay. Every one of the participants, volunteers, and staff had their own persona, which was refreshing to see – but the one common denominator was how happy and positive they all were while at the centre.

People on the outside only know about the physical aspect of the program, and how it is geared to make participants comfortable with daily mobility. That is clearly the fundamental core of the program, but there is more to it. The social bonding that happens over time in the program is as important, in my opinion (I am sure the participants and my peers would agree too). Friendships develop and people stay in contact with each other outside of the centre as well, and that is something that is understated. The beauty of the whole experience is the amalgamation of exercise and the enjoyment while you're at it.

I would recommend this program to anyone looking into it, even in your capacity as a volunteer. If it wasn't for other priorities, I would still be an active member of TIME $^{\text{\tiny{IM}}}$.

Mohammad Bhutto, Community Volunteer

A video message from Mohammad Bhutto at :

https://waterfrontnc.ca/2018105



^{*}Refer to note on page 36

Volunteer Partnerships

In 2018, WNC welcomed 765 volunteers in total: 58-student placements, 61 community member volunteers and 646 corporate volunteers. WNC offers a wide range of experiences supporting various facets of our work. WNC volunteers took the lead in organizing special events such as the Senior's Information and Active Living Fair, Voter's Education Days and International Women's Day. They also organized and promoted health and wellness workshops, assisted with various performances, facilitated programs, offered homework support for kids, offered financial literacy for seniors, shared their innovative skills such as photography, journalism and lots more!

Strong staff-volunteer relations are the keystone of a strong organization and we fully embrace and value the diverse contributions volunteers make. We are so thankful to all our amazing volunteers, particularly for WNC's Board of Management members and committee member volunteers who take on additional community leadership roles. Thank you all for helping us to continue to grow and work towards meaningful and sustainable change for the community we serve!



EXIT

CORPORATE & FINANCIAL GIVING HIGHLIGHTS

303 Free Programs

\$44,699
Fee Subsidies Benefiting,
99 Families & 281 Individuals

\$258,166

Donated Equipment & Program Supplies



LETTING EVERYONE PLAY! LIFTING A COMMUNITY

Maintaining a strong and healthy community needs support from a variety of resources in order to thrive. Offering accessible community programs reduces barriers, giving everyone the opportunity to participate, be involved and contribute to their neighbourhood.

WNC is responsible for funding 100% of the costs associated with the 500+ programs we offer each year. When grant funding is not an option, WNC relies on donor support to fill the need. WNC partners with corporations, their corporate volunteers, as well as community members whose financial and in-kind contributions make it possible to provide quality programs that are accessible to all.

"Our team members collect gifts and care packages for the holiday season each year after being matched with residents through the Waterfront Neighbourhood Centre. The personal connections made through distributing these packages to residents of all ages keeps everyone engaged with this effort."

Porter Airlines

Generous neighbours and businesses support and lift up our neighbourhood in many different ways beyond their financial contributions. Planting the community garden, cleaning well-used program spaces, setting up the toddler playground, hosting community holiday parties, or fundraising for grocery cards - are just a few tasks that partners eagerly took on in 2018. No matter what the project was, individuals arrived with positive attitudes, eager to help and ready to work or donate creatively.

Aramark Building Community Day

WNC was honoured to be chosen as the Canadian signature volunteer site for Aramark Building Community Day 2018. With project support from City Year, Aramark volunteers served a total of 612 hours and completed 58 on-site projects in one day at WNC! Building picnic tables and garden beds, assembling breakfast bags for seniors, conducting a chef demonstration for families to learn how to create healthy snacks and family dinners at home, beautifying our laneway, painting the kitchen - you name it, Aramark volunteers did it!

LEVEL5 Strategy Group

Another group that really went above and beyond in 2018 was the volunteer team at LEVEL5 Strategy Group. In addition to providing a BBQ lunch for summer campers and hosting their very popular holiday dinner for our Neighbour-2-Neighbour community members, LEVEL5 offered to share their business strategy expertise with us. The team developed a comprehensive marketing and communications strategy for WNC that will help us shape our future communications to be more effective in reaching community audiences.



WNC is proud to be a **Kids Up Front Foundation** Toronto community agency. In 2018 WNC distributed 349 donated tickets valued at \$9,628.30 to local waterfront families who cheered on Toronto's professional sports teams, visited museums, saw live theatre and enjoyed special events that made memories to last a lifetime. As a result of the Kids Up front Foundation, WNC families participated in the launch of CIBC Miracle Day on December 5, 2018 which raised \$5.5 million through the donation of trading fees/commissions by CIBC investment teams to fund their community grant programs. 15 WNC kids had fun exploring their superhero powers on the trading floor with custom comic books, capes and activity stations, meeting athletes and celebrities who wanted their autographs!

Brands For Canada donated new clothing valued at \$140,845 that was distributed to community members.

Thanks to the generous support of **Tim Horton Children's Foundation**, 5 local children enjoyed a free overnight summer camp experience valued at \$5,000 (\$1,000 per child).

In collaboration with **Sony Pictures**, WNC's After School Program had a visit from Peter Rabbit! 25 children participated in fun activities including games, face painting, art activities and tattoos! WNC also received 15 family passes to an advanced screening of Goosebumps: Haunted Halloween and 10 family passes to an advance screening of Spider-Man into the Spider-Verse valued at \$2,365.

As a community partner of **Art Gallery of Ontario**, WNC was pleased to receive 40 general admission tickets and 5 Family passes that were used by community members and ROOM 13 participants valued at \$1,270

WE CARE brings seasonal joy and good cheer to thousands of deserving children in 30 cities in the United States and Canada. Sponsored by Herman Miller, 46 WNC After School Program children had a fun visit making family-friendly crafts and holiday gifts valued at \$1,150.

WNC'S Summer Daze Camp is the place to make friends and have fun! Every child should have the opportunity to experience camp. The **Be A Bud Fund** makes that possible by providing camp fee subsidies to local qualified families. Thanks to our generous donors, car washes and vegetable sales, \$3,334 was raised in 2018.

Food Security

Food security is a real-life challenge for some of our neighbours and each year WNC launches a **Community Grocery Card Drive** which provides grocery cards to families and individuals in need. This community support is 100% funded thanks to our donors who gave \$3,850 in 2018.

Our waterfront community enjoys spending time together and the winter holidays are a special time. Holiday events and meals were hosted thanks to our dedicated corporate/agency partners:

- **Level5 Strategy Group**: Hosted a festive holiday meal and party for 40 Neighbour-2-Neighbour 2.0 senior clients.
- Toronto Bathurst Lions Club: Hosted a fun Family Pizza Party and donated gifts for 70 children and their families.
- SalesForce: Volunteered at the Seniors/Community Kitchen Holiday meal and party for 60 seniors.
- **Porter Airlines**: Hosted a Community Holiday Drop-in Party and donated grocery cards and gift bags for 62 Families, 146 children, 30 youth and 31 community adults.

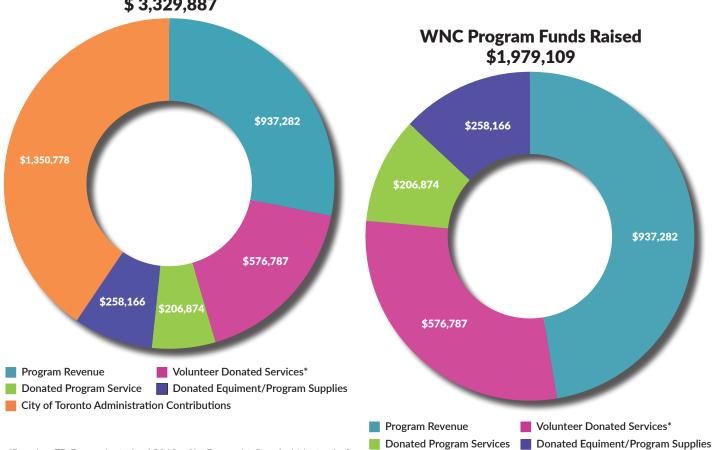
Thank you to all our partners for their generous contributions to our community.



FINANCIAL SUMMARY

	2018	2017
	Actual	Actual
Administration Operating Expenditure		
Salaries and Wages	883,846	900,482
Employee Benefits	264,497	267,400
Employee Benefits - post-employment benefits	81,975	46,215
Materials and Supplies	69,935	68,925
Purchase of Services	112,339	99,103
Amortization of Capital Assets	1,444	848
Amortization of deferred Capital Cont.	(1,444)	(848)
	1.412.592	1,382,125
City of Toronto Funds		
Core Administration	1,350,778	1,325,367
Vacation Payable	(20,161)	10,543
Post-Employment Benefits	81,975	46,215
Funding payable by City of Toronto	Nil	Nil

Total WNC Funds with City Contributions \$ 3,329,887



^{*}Based on TD Economic study of 2012 – "An Economist Case for Volunteering" which indicated that the average hourly rate for volunteer work is \$26.40/hr (adjusted to cost of living).

FINANCIAL SUMMARY

	2018	2017
Program Revenue	Actual	Actual
Grants		
Government of Canada	138,859	123,503
Province of Ontario	77,349	105,684
City of Toronto	83,218	77,651
Other Foundations	122,951	71,871
	422,377	378,709
Donations/Fundraising/Other	77,466	106,278
Program and Membership Fees	257,312	264,292
Rental Fees	165,147	143,880
Interest	14,980	11,895
	514,905	526,345
Total Program Revenue	937,282	905,054
Program Operating Expenditure		
Salaries and Wages	514,282	489,131
Employee Benefits	58,393	52,182
Materials and Supplies	178,461	142,930
Purchase of Services	70,687	90,403
Asset Amortization	6,291	5,158
	828,144	779,804
Excess of (expenditures over revenue)		
Revenue over expenditures - Program	109,168	125,250





2018 **PROGRAMS & SUPPORTING PARTNERS**

Family Programs Baby and Me Literacy Workshops Baby and Me Yogalates Babies Dance with Me Baby Program Drop-In (EarlyON) Family Drop-In: Tuesdays/Thursdays Family Gym Kinder Rhythm with Me Living & Learning with Baby Nobody's Perfect PEEP & PEEP for Tots Read, Rhyme & Sing (OEYC) Ready, Set, Grow Sing with Me Parents & Children Together We Fit Tots Dance with Me Wednesday Evening Family Drop-In (EarlyON)

Children Programs

Advanced Ballet After School Program Cartooning Fun Children's Ballet Children's Ballet & Fairy Tales Children's Creative Movement Children's Floor Hockey Children's Soccer (3-4yrs / 5-6yrs / 7-10yrs) Hip Hop for Kids Homework Club Junior Leaders Junior Sports & Games Kids Cook'in in the Kitchen Kids Karate Learn & Play Little Chefs Cook'in in the Kitchen March Break Camp Musical Theatre for Kids PA Day Program Room 13 Art Studio for Children Sports for Change

Tween/Youth Programs

Tumble Kidz Gymnastics

Tumble Tots Gymnastics

Summer Day Camp

City School Lunch Program Get Jobs for Youth (GJY) Girls Club/Young Women's Club Homework Help March Break Program PA Day Program Room 13 Multimedia Studio Room 13 Tween Art Studio Tween Boys Club Tween Girls Club Tween Lounge Tween Lunch Program Tween Sports Youth Advisory Committee

Youth Basketball Youth Cooking Youth Drop-in Sports Youth Info, Support & Referrals Youth Lounge Youth Summer Leadership

Seniors Programs Adult and Seniors Community Kitchen Afternoon Tea and Social **Computer Training for Seniors** Easy PC/Computer Help for Seniors **Euchre and Bridge Games** Funky Fitness - Intermediate Fusion Gold Gentle Fitness Gentle Yoga Healing Harmonies Dance & Movement Healing Harmonies Music & Song Horticultural Therapy Club Neighbour 2 Neighbour 2.0 (N2N 2.0): Computer Training & Technology Home Support Friendly Visiting Older Adults Games QiGong 18 Seniors Advisory Committee Seniors Community Potluck & Monthly Birthday Celebrations Seniors Connect, Share & Engage with **New Technology** Spanglish Lessons Club Studio 60 Seniors Art Program Tai Chi for Seniors Women's Circle Community Development/Other

Services

Clothing Program

Community Connect Food Garden (outdoor & courtyard) Community Knitting & Crochet Group Community Outreach English As Second Language Program (ESL): Beginner English As Second Language Program (ESL): Intermediate Food Access Program Good Food Box Program/FoodShare -150 Dan Leckie Way Homeless Support Job Search/Resume Assistance **Translation Services** Transportation/TTC Waterfront Good Food Market/ FoodShare - 25 Bishop Tutu **WNC Community Computers** WNC Neighbourhood Support & Referral Services **WNC Subsidy Program**

Fitness, Wellness & Dance **Body Sculpt and Condition** Cardio Pump **Pilates** Tai Chi TIME (Together in Movement and Exercise) Yoga Zumba

Adult Sports & Fitness Passes

Co-ed Adult Badminton Co-ed Adult Basketball Co-ed Adult Volleyball Co-ed Ping Pong Weight Room Women Only Weight Room

Ball Courts

Indoor & Outdoor Courts

Special Events/Workshops Anti-Bullying Awareness

Annual General Meeting

Black History Celebration Community Grocery Card Drive Family Fun Day Garden Harvest Party Girls Group Presentation Healthy Feet, Diabetes & You **Educational Program** Horticulture Therapy Club Trips: Edwards Gardens Orchid Show McMichael Canadian Art Gallery **Royal Botanical Gardens** International Women's Day National Literacy Day Celebration OACAO Seniors Information & Active Living Fair Room 13 Multimedia Studio DJ Workshop Seniors Caribbean Carnival Party Seniors Trip: Bat out of Hell - Mirvish **Productions** Tween Holiday Dinner Waterfront Youth Music Festival Youth Holiday Dinner

Be A Bud - Summer Camp fundraisers

Corporate & Community Volunteer

Aramark - Building Community Volunteer Day (ABC) CIBC Mellon - Healthy Snack Pack Prep

Elevation Church - Volunteer Day & Treat Bags Prep Day

LEVEL5 Strategy Group - Neighbour 2 Neighbour Holiday Dinner, Summer Day Camp BBQ, WNC Marketing & **Communications Strategy** Porter Airlines - Community Holiday

Dinner, Gifts & Grocery Card Drive SalesForce - Community Kitchen/Seniors Holiday Meal & Party TD Bank - Volunteer Day **TELUS** - Volunteer Days of Giving Toronto Bathurst Lions Club - Family Holiday Pizza Party & Gifts

Seniors Workshops

Alzheimer's Disease Workshop Baycrest Centre: Cognitive Memory Test Bell Let's Talk Information Session **CAMH Information Session: Late Life** Depression

CAMH Information Session: Memory & Dementia

Creative Writing & Poetry Workshop Earth Day

Easter Activities - 25 Bishop TuTu Elder Abuse Awareness Day and Presentation

Fall Prevention Workshop Financial Literacy Workshop

Heart 2 Homes Meals Presentation Heart and Stroke Presentation **Human Rights Day**

Literacy Karoake & Dancing Martin Luther King Jr Day

Medic Alert Foundation of Canada:

Information Session Mental Health Week Mindfulness Workshops National Day of Mourning

National Seniors Day

Pink Shirt Day - Anti Bullying Awareness Purple Day - Global Day of Epilepsy Awareness

Rare Disease Day

Remembrance Day Activities

South Riverdale CHC: Healthy Feet and You Workshop

Toronto Centre Local Health Intergration Network workshop

U of T SciChat World Water Day

City of Toronto Children's Services

Community Festivals & Special Events Community Police Liaison Committee - 14 Division

Community Services Partnership Program Facility Management Real Estate Services Parks, Forestry & Recreation

Toronto Police Services (14 & 52 Division) Toronto Public Health

Toronto Public Library - Fort York

Government Partners

Government of Canada - Canada Summer Jobs

Government of Canada - New Horizons for Seniors Program

Government of Ontario - Ministry for Seniors and Accessibility: Seniors Active Living Centre & Special Grant, Seniors Community Grant, Summer Experience Program

Government of Ontario - Ministry of Tourism, Culture & Sports: Ontario

Sport and Recreation Communities Fund

Ontario Trillium Foundation - N2N 2.0 Public Health Agency of Canada (PHAC) Community Action Program for Children

Agencies & Community Partners

Art Gallery of Ontario (AGO) Bathurst Quay Neighbourhood Association (BQNA)

Brands for Canada

Canadian Mental Health Association

Canadian Sports for Life

Central Local Health Integration Network (LHIN)

Central Toronto CHC

Choose Health Ontario - SRCHC

CityPlace Residents Association (CPRA) CityYear

Cliff Ojala - Community Music Lessons

College Montrose Children's Place EarlyON Child & Family Centre

Dance Ontario **Evergreen Brickworks Elevation Church**

Family Service Toronto - Growing Up Healthy Downtown (GUHD)

Good Food Box Program/FoodShare -150 Dan Leckie Way

Harbourfront Centre

Harbourfront Chorus

Kensington-Bellwoods Community Legal Clinic

Kids Up Front Foundation Toronto La Leche League Canada Liberty Village Toastmasters

Middle Childhood Matters Coalition Toronto Midwest Toronto Sub-Region Advisory

Table Older Adults Centres' Association of

Ontario (OACAO)

PARC - Parkdale Activity Recreation Centre

Parkdale Community Health Centre Queen's Own Rifles - Royal Canadian Legion Branch 344

Social Planning Toronto

St. Stephen's Community House Childcare Tennis Canada

The Bentway Conservancy The City School (TDSB)

The Neighbourhood Group Community Services (TNG) - OTF Grow Grant -N2N 2.0

Toronto Bathurst Lions Club Toronto Community Housing Corp

(TCHC) Toronto Island Canoe Club Toronto Neighbourhood Centres (TNC)

Toronto Public Health **UHN Toronto Rehabilitation Institute**

Waterfront BIA Waterfront Good Food Market/ FoodShare - 25 Bishop Tutu

Waterfront Montessori Children's Centres Waterfront Public School (TDSB) West Neighbourhood House

Youth Employment Services (YES)

Corporate Partners

Aramark

Bargains Group

Billy Bishop Toronto City Airport BizSvs Inc.

Brookfield Properties - Queens Quay **Terminal**

Canadian National Exhibition

Canadian Tire Jumpstart Foundation

CIBC Mellon

D-ONE

Goodman Pub & Kitchen

Harmony Marketing

Herman Miller

Lakefront Clinic & Medical Pharmacy

LEVEL5 Strategy Group

Little Kickers

Mirvish Productions

Music Together® Amici School of Music

Neo City Café **Nieuport Aviation**

Porter Airlines

PortsToronto

Ripley's Aquarium of Canada

SalesForce

Seeds of Change Canada

Sony Pictures Canada

TD Bank **TELUS**

Tim Horton Children's Foundation Toronto Star Fresh Air Fund

College, Universities and Schools

Centennial College

George Brown College Humber College

National Academy of Health & Business

Rverson University

Seneca College

Toronto District School Board -Cooperative Program Students University of Toronto

> Thank you to the many generous individuals who support our agency.



www.waterfrontnc.ca





