



Annual 2019





LAND ACKNOWLEDGEMENT

Waterfront Neighbourhood Centre is an agency of the City of Toronto and uses the City's land acknowledgement for Toronto to recognize the traditional territory on which our building stands. This acknowledgement is spoken at meetings and special events at WNC as part of our beginning process toward truth and reconciliation. A territorial or land acknowledgement is a statement recognizing the traditional territory of the Indigenous people(s) who called the land home before the arrival of settlers. To better illustrate the importance of a land acknowledgement and understand that this land has been home to Indigenous peoples for millennia, WNC has accompanied the land acknowledgement with the viewing of a narrative video, and encourages members to read the reflections on this land by Selena Mills and Sara Roque, with illustrations by Chief Lady. Link as follows: https://waterfrontnc.ca/2018101

At the beginning of an event, a land acknowledgement gives time for reflection and shows recognition of Indigenous lands, treaties and peoples. It involves us thinking about what happened in the past and what we can all do now and in the future to further the reconciliation process. It is a small step for WNC, a beginning part in an act of reconciliation, honouring the land and Indigenous presence which dates back over 10,000 years - reminding us that we are the visitors on this land and that we are all accountable for building positive relationships with Indigenous peoples. To learn more about the land acknowledgements, please see the link below:

https://waterfrontnc.ca/2018102

"We acknowledge the land we are standing on is the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many diverse First Nations, Inuit and Métis peoples. We also acknowledge that Toronto is covered by Treaty 13 with the Mississaugas of the Credit."



2019 BOARD OF MANAGEMENT

EXECUTIVE

Linda Ballantyne – Past Chair Amani Yagob – Co-Chairs Saida Said – Co-Chairs Carole Therriault - Treasurer Cliff Ojala - Secretary

BOARD MEMBERS

Virginia Martin Brenda McCabe Barbara McKenney City Councillor Joe Cressy, Ward 10 (Spadina-Fort York)





WNC Board of Management Left: Amani Yagob, Virginia Martin, Saida Said, Kelly McClure (Assistant Executive Director), Cliff Ojala, Linda Ballantyne, Brenda McCabe, Carole Therriault, Leona Rodall (Executive Director), Barbara McKenney (see page 31, Barbara at bottom right with pearl and gray leopard blouse), Councillor Joe Cressy (not in photo).

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Annual Report Design Team:

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WELCOME MESSAGE

2019 was a year of change for WNC. We began with the renewal of the facility department after Oriel Boothe's retirement the year prior. Facility Manager Liz Oliveria has been a steady force, leading her reorganized staff team to ensure that our building functions seamlessly while bursting at full capacity almost every day. Needless to say, the Board was thrilled that the City of Toronto recognized the needs of our well utilized building outlined in WNC's 2018 Facility Report and we are now in receipt of capital funds for building improvements. Thank you again Councillor Cressy for your actions on this last year. Stay tuned in 2020 for public consultations on how WNC will tie into the work of the Bathurst Quay Neighbourhood improvement projects.

One measure we would like to see is the revitalization of our south entrance into a proper drop-off area for our seniors. Currently, they must risk life and limb to access the building by crossing over the bike path at the Queens Quay drop off area. We are also pleased to report that the City is continuing with WNC's Building Pilot Deep Retrofit Program. This year our roof will see solar panels installed. With additional measures, including Lake based Geo exchange and Building Automation System upgrades scheduled to happen in 2020/21, WNC is closer to being transformed into a near net-zero carbon energy building. WNC is "leading by example" as stated by a GlobalNews story earlier this year and we could not be prouder! https://globalnews.ca/video/5095042/city-of-toronto-aiming-to-retrofit-old-buildings-tackle-climate-change

Change is in the air all around our neighbourhood, from the restoration of the Western Channel dockwall to the reconfiguration of the Billy Bishop Toronto City Airport's parking and work on the future plaza space on the Canada Malting property. Soon our pre-construction 1995 temporary location at 1 Bathurst St, the historic Canada Malting Administrative Building, will be home to a new arts, community and cultural hub run by the Ireland Park Foundation. The Bentway is now busy with activity. The Loblaws' building looks stunning with its restored brickwork and will soon be open. The new community/school complex at City Place will also open beginning early 2020. These are all exciting transformations to our neighbourhood. We are a neighbourhood of change these days and as a result, we face new challenges in our future work.

As we wait to hear the outcome from City Council's deliberation of our 30th year administration budget, more change is headed WNC's way. WNC has two new community leaders of the Board of Management: Saida Said and Amani Yagob. The co-chairs will begin their terms this October with Linda Ballantyne remaining on the Board as Past Chair. In addition, we congratulate Kelly McClure who will be assuming the position of Executive Director upon Leona Rodall's retirement after 29 years in that role. Further congratulations are in order as Natasha Francis will be stepping up to the position of Assistant Executive Director (Acting). We are confident that the transition WNC is facing over the next year will be a well-managed partnership under the 29 years of wise leadership Kelly brings forward, Natasha's enthusiastic perspective and history of leading WNC's programs over 17 years and through the abilities of long serving staff. Congratulations to Liz Oliveria and Gaby Motta on reaching 25 years of service, joining Suada Warsame in 28 years with WNC. What a team we have!

The ending of our 29th operational year is poignant. Our work has enriched us and we trust the neighbourhood has been enriched by our work. To the community, we send you the warmth of a great embrace & sincerest thanks from both of us. To our new community leaders, this message:

"Be kind, but be fierce. You are needed now more than ever before. Take up the mantle of change. For this is your time."

- Sir Winston Churchill

Linda Ballantyne Chair, Board of Management Leona Rodall Executive Director

ABOUT WATERFRONT NEIGHBOURHOOD CENTRE

Waterfront Neighbourhood Centre (formerly Harbourfront Community Centre) was established in 1991. WNC is a member of the City of Toronto's Association of Community Centres (AOCC). The AOCC board model is a hybrid between a City agency and an independent not-for-profit community-based organization. The City determined that this was the best service delivery model for Ward 20's waterfront community in order to meet existing and adapt to future community needs.

Core administration costs related to operating WNC are funded by the City and 100% of programs are funded through grants, donations, programs and rental fees.

Located in the heart of the thriving Bathurst Quay Neighbourhood, our 107,298 sq. ft. 3-storey multi-use City-owned facility is home to:

- Waterfront Neighbourhood Centre 1st floor
- St Stephen's Child Care Centre 1st floor
- Waterfront Public School (K-8) and The City
 School (alternative high school) 2nd & 3rd floors

WNC provides services to the Waterfront West community primarily, but is open to all City residents, greeting over 850 daily visitors in 2019. WNC offers a safe and supportive environment for a diverse, multicultural neighbourhood. In addition to offering 581 annual programs with 86,782 hours of service, resourced by 81 staff and 899 volunteers, WNC provides community development initiatives to build community self-capacity and far-reaching services that target all sectors of the community.

WNC connects with residents of all ages, offering a wide range of programs and services that support the health and well-being of our neighbours as well as meet the social and recreational needs of our ever-growing waterfront.





MISSION STATEMENT

Waterfront Neighbourhood Centre (WNC) strives to engage all community members in an atmosphere of belonging, diversity and accessibility through our programs, services and facilities. As a cornerstone of the community, WNC also advocates for the needs of this ever-changing neighbourhood.

VISION

WNC meets the needs of a diverse and changing multicultural community, responding to the particular needs of community members who are at risk, vulnerable, marginalized or isolated.

VALUES

- WNC believes in the provision of programs and services in a welcoming, accessible, sensitive and supportive place.
- WNC is committed to improving the quality of life for the residents of the neighbourhood.
- WNC recognizes the value of providing volunteer opportunities for local residents to become engaged in the community centre and recognizes voluntary contributions.
- WNC is supportive of staff, ensuring they are rewarded appropriately for their work.
- WNC acts in a fiscally responsible manner.

COMMUNITY ENGAGEMENT

WNC & Truth and Reconciliation

Waterfront Neighbourhood Centre continues to demonstrate our commitment to truth and reconciliation to the Indigenous community. The journey will be long but in 2019 WNC began the process of equipping staff, community members, and volunteers with opportunities to learn and play a part in this healing process.

- WNC made connections to the City's new Manager, Indigenous Affairs Office which led to opening
 a dialogue between the City's aboriginal communities and Toronto Neighbourhood Centres (TNC)
 and the wider non-profit neighbourhood centre community.
- WNC are members of the TNC Truth & Reconciliation Affinity Group.
- Land Acknowledgements began at WNC's in January 2019 at all meetings & opportunities were provided at each board meeting for truth telling and education on aboriginal issues.
- In collaboration with TNC, Kairos Blanket Exercise training was arranged for WNC Board and staff in March and June 2019.
- Staff have completed the City's Indigenous Cultural Competency Training in April 2019.

Toronto Neighbourhood Centres

Waterfront Neighbourhood Centre is a member of Toronto Neighbourhood Centre (TNC). TNC is an association of over 25 non-profit multi-service organizations dedicated to strengthening local neighbourhoods and enabling diverse communities to work together.

Through our membership in TNC, staff have participated in various affinity groups. These groups comprise staff from different member agencies that come together to advocate for issues affecting our community.

- BIPOC (Black Indigenous People of Colour)-Affinity Group: Our staff participated in 2 retreats that
 focused on how member agencies can be more inclusive and diverse. Staff were a part of planning
 both retreats and the creation of the BIPOC recommendations.
- Volunteer Coordinators Affinity Group: Staff contributed to workshops that focused on volunteer development and developed a volunteer manual that was shared among the TNC agencies.
- Staff also participated in affinity groups Truth & Reconciliation, Community Development, and Human Resources.



2019 HIGHLIGHTS



WNC secured the final approval of our new charity Waterfront Neighbourhood Centre Charitable Fund (WNCCF) -October 2019 (submitted Feb, 2019).





WNC Staff arranged for a new building display to recognize WNC's 1991 founding Board and committee members and the history of WNC at the front entrance. The front entrance was painted and artifacts were hung in various locations throughout the building.





WNC hosted 16 international visitors from Australia, England, Canada, New Zealand, Republic of Ireland, Scotland, USA, Netherlands and Sweden, who attended the International Initiative on Mental Health Leadership (IIMHL) Exchange held this year in Toronto. On Sept. 10, 2019, the visitors along with staff from the Public Health Agency of Canada (PHAC), as funder of WNC's Growing Up Healthy Downtown (GUHD) partnership children's programs, toured WNC's children's program, and held discussions along with lunch. The theme for this year's event was "Leading the Way Forward: Access, Accountability and Action." A major mechanism through which IIMHL achieves its mandate is the Leadership Exchange, a collaborative learning event for leaders and decision makers held every 16 months. This year, PHAC and the Centre for Addiction and Mental Health (CAMH) co-hosted the match, where leaders from guest countries were matched with leaders from host countries who are involved in similar work. The groups spent two days visiting the host countries' services, programs and organizations to share knowledge and experience. WNC was proud to be chosen as an example of a community based mental health promotion program that brings public health and mental health promotion together to leverage impact across multiple sectors (e.g. education, early child care and community outreach).



WNC participated in the first Not-for-Profit Recognition Day on October 2, 2019 as proclaimed by Mayor John Tory, inviting the public to WNC for refreshments and joining in on the social media education campaign. In December 2017 Toronto City Council adopted a policy framework to guide how the City works with Toronto's 14,000 community-based, not-for-profit organizations and on this day the City recognized their immense public benefit and dedication to the City. "Toronto's non-for-profit sector builds a better city with smart solutions that boost the local economy and puts people first. The sector provides meaningful work for over 200,000 people with an economic impact of at least \$14 billion annually and over eight per centre of Toronto's GDP."

CHILDREN & FAMILY PROGRAM HIGHLIGHTS

82<u>Programs & 39 Free Sessions</u>

3,353
Hours of Service

3,832 Children & Caregiver Participants



CONFIDENCE. RESILIENCE. IMAGINATION. IT ALL STARTS WITH FUN!

Providing high quality programs for your children remains a priority to the WNC staff team as we know how valuable these experiences are to their healthy development. This is why we always put our best foot forward in creating innovative programs for children that will enhance their skills and development, build a strong foundation and most importantly create memorable childhood experiences that will last a lifetime.

Family Programs

GUHD is a program provided for families from all communities with children ages 2-6 yrs old. The program runs twice a week on Tuesday and Thursday mornings. It provides a structured 2 hours of activities ranging from arts and crafts, sensory play, fine motor play, literacy, music and movement through an instructor facilitated circle-time. With each activity planned, the main goal is to encourage parent/child interaction and peer to peer connections. We encourage their interaction by including them in every aspect of the program and also ensure all staff and volunteers are

Growing Up Healthy Downtown (GUHD) Family Drop In Program:

modelling positive interactions with the children. By providing a nutritional snack, each program was not only provide ideas for families and encouraging the importance of healthy eating, but also helping bridge some food security issues that some of our participants are facing.

In 2019, we organized a fun filled Halloween Dress-up party including spooky art activities, storytime, arts and crafts, cooperative games and shared yummy treats. Before the party ended, the families gathered in a parade for trick-or-treating around the Waterfront Neighbourhood Centre building. WNC staff Stefani Singh and Sarah Brisson even dressed up with a few of our participants.





"Thank you to you all at WNC for everything, this program has been our lifeline during our time in Toronto."

-Newcomer GUHD participant

EarlyON Wednesday Evening Family Drop - In Program:

"The uniqueness of the program really comes through in the relationships that are formed between the families and staff at WNC. Children who are shy at first quickly come to recognize both myself and my co-worker and are excited to play with and share their unique experiences (be it a craft, game in the gym, or a specific interest). For example, we came to know one child's love for colour, and so each week he would recount to us the colours of the rainbow using whatever was available at the time."

- Stefani Singh, WNC Family Program Worker



To highlight one of our amazing families amongst many, we'd like to introduce you to Jose, Kaori and their daughter Sara whom have been attending our Wednesday Evening Program since Sara was a toddler, and in 2019 she turned 4yrs old. This was a wonderful milestone to share with this beautiful family. It has been a continuous rewarding experience working with them and having the opportunity to watch our "little Sara" grow into a very bright and

sweet girl. To date, the Tavares family continues to grace us with their presence by actively engaging in various programs held at WNC. We appreciate their continued interest in our programs and hope that it will inspire other families to do the same!

Children's Sports and Recreation

WNC understands that physical activity is essential for lifelong health and well-being. So, we would like to take you on a journey through last year's sports and recreational experiences shared between our wonderful program participants and the WNC staff team.

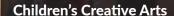
Over the past year, WNC developed a sports program for children ages 3 – 4 yrs titled Junior Sports and Games that teaches fundamental movement skills (e.g. running, jumping, throwing) and promotes physical activity through various sports and cooperative games, helping children learn the basics of movement and skills but most importantly to help them gain confidence and a love for physical literacy. Since starting the program, participant numbers have increased to a total of 33 participants with 212 program visits.

Our sports and recreational programs for children ages 5 – 12yrs continue to grow by offering a widerange of activities that teach children important life lessons through physical literacy, organized sports, cooperative play and the creative arts: promote positive peer to peer interactions and enhance participants' leadership skills. These include following programs:

 Children's Tennis, which is now a sustainable program we are able to continue offering at WNC thanks to Tennis Canada who provided a \$1000 grant funding in 2018 for sports equipment including tennis rackets, tennis balls, nets and free sports facilitation training for staff.







Musical Theatre for Kids was designed to help children to develop basic foundational musical theatre techniques (singing, acting, and dancing) through engaging exercises. Each week, our one hour of program time is segmented into smaller activities that focus on team building, voice, musicality, projection, character development, and movement. During the final weeks, participants present a short scene/song and dance number to the families. This past year, they performed some of the following classics such as the Lion King, "I Just Can't Wait to be King" and the Little Mermaid, "Under the Sea". Both were

Excuse the mess... dren are making memories

unforgettable performances shared with families and friends at WNC.



The Little Chefs Cooking in the Kitchen for ages 4 – 5 yrs and Kids in the Kitchen for ages 6 – 11 yrs are both programs that offer hands-on interactive cooking experiences for children and their caregivers. In 2019, we reached 53 participants overall including parents/caregivers and their children.

ROOM 13 ART AND MULTIMEDIA STUDIO HIGHLIGHTS

1,500Pieces of Precious Art Created

125Tracks Recorded



A FRIENDLY SPACE WHERE CHILDREN AND YOUTH CAN EXPRESS THEIR CREATIVITY!

Room 13 Art Studio

Room 13 offers children the opportunity to inspire others through arts expression by helping them explore their own imagination and lead their own art activities. Room 13 provides a friendly space where children can be anything they want to be. Thanks to the continued financial support of our community partner PortsToronto, 65 children between the ages of 6 – 12 yrs participated in free art activities, learning various art mediums such as:

- · Still Life Drawing/Painting and Magic Realism Oil Painting,
- Group of Seven Inspired Painting: Using Photography References, Linoleum Block
- Printmaking: Using Printing Press



Room 13 Multimedia Studio (MSP)

The youth from our RM 13 Multimedia Studio program continued to develop their skills and talents in music, photography and art.

Mentorship of new participants: Our loyal and dedicated youth continue to flourish in our RM 13 program. Some of our youth have been participating in this program from their early teens and have now taken on the role of mentors to new participants. When a new participant attends our program, it is now the role of the youth to give them an orientation of the studio, provide them with information about RM 13 and other youth programs at WNC and share their expertise of what they have learned in the program.

Past participants Returning: This year we saw the return of youth that participated in the program in previous years. Their absence from the program was due to employment obligations,



taking care of family, and moving further away from the waterfront community. Youth are drawn back to the Rm 13 Multimedia Studio program because of the freedom to create and the collaboration and feedback from the other youth that attend the program.

"I come back because I missed the program and I am my most creative when I here. It's like home" "D" - Youth, 24 years old

Employment Opportunities: Through the Rm 13 Multimedia Studio Program, youth have been able to secure employment opportunities in music, dance and videography. Some of our youth are using their skills and talents that they have acquired in the program to work as DJ's at events, choreographing dance routines for weddings, and filming videos.

Industry Advice & Mentorship: In May 2019, recording artist Boy Pape attended the program to share his experience as an artist in the industry. Youth were able to hear his story about how he broke into the industry, some of the people he got to work with and some of the challenges he faced. Boy Pape also got to listen to some of their work and offered some expertise feedback on their music. Youth really enjoyed this time and the invaluable information that they received from a current rap artist.

Studio Time: In 2019, studio time was available outside of program hours for youth who needed

more time to work on strengthening their skills in mcing, djing and recording. Youth expressed that they wanted more time to work on their music and record in the studio when it wasn't so busy. With rules and guidelines in place, youth can request to use the studio outside of program hours.

"I enjoy coming to the studio during program days but sometimes I need to get in a creative space by myself to focus on my music. Using the studio when it's not busy helps me my music better".

"L"- Youth, 20 years old

Art & Youth Mental Health: Rm 13 Multimedia Studio program is not only a program that helps youth develop skills in music. It also gives youth an outlet to deal with any mental health issues they may be facing. Some of our youth that participate in our program are experiencing mental health issues such as anxiety and depression. Youth attend our program to help manage these issues through being around other youth and using music to help them cope. One participant created a song about mental health issues some of his friends were experiencing such as suicide, anxiety and depression. He used this music to tell the story of what a lot youth are currently experiencing. Our youth workers have received training in Mental Health First Aid for Youth and are equipped to help support youth who are experiencing these mental health issues and make referrals for counselling.

YOUTH PROGRAM HIGHLIGHTS

35 Programs

HOME IS TORONT 2,453
Hours of Service

2,092Youth & Tween Participants



YOUTH OF TODAY, LEADERS OF TOMORROW!

Waterfront Neighourhood Centre youth had an impactful and exciting year! The waterfront community is home to some amazing and talented youth to whom we feel lucky to provide programming. Our youth programs focus on helping youth build their skills in leadership, resiliency, mentorship, and ensuring they know the importance

of their role in the waterfront community.

Black History Month: In February, the youth program celebrated Black History Month by highlighting the contributions of black people in science and technology. Youth were responsible for researching this topic and organizing a presentation for the community. Each week in February, youth met and planned the event that occurred on February 28th. Along with planning the event, the youth created various display boards that were posted throughout WNC to provide information about these amazing individuals and their historical contributions. At the presentation, the youth focused on 5 different scientists, created a bingo game and distributed refreshments. Sasha Smith from the Waterfront BIA was also present to share the event on the Waterfront BIA's social media channel.

Youth Summer Leadership Program: The Youth Summer Leadership Program hosted 40 youth from grades 6-10 in the summer. In this program youth focused on building skills in leadership, community development, team building and problem solving.

In the month of July, we collaborated with Toronto Youth Equity Strategy (TYES) and St. Stephen's

Community House to deliver a workshop series for youth. Topics included stress management, online bullying, financial literacy, problem solving and entrepreneurship.

Cheyenne Salmon, the T.Y.E.S Central Division Project Coordinator, organized all the facilitators, provided snack and provided youth with a certification of completion and community hours.

Youth also had an opportunity to go on some great trips in the summer! Trips included rock climbing, Sky Zone, paint balling and archery.

Conflict Resolution & Problem Solving: Our team of youth workers helped some of our youth in finding different ways for youth to solve conflict amongst themselves. This year some of our tweeners were in conflict and took their issues online. Our youth workers Tenisha and Parisse sprang into action and created a number of team-building and communication activities to provide them with more options in problem solving. Tips and strategies were provided for youth and parents on how to communicate on the internet safely.

Youth Holiday Celebrations: Our youth celebrated the holiday season with a special evening. The youth staff team planned a wonderful holiday celebration that included a yummy turkey dinner, interactive gym activities and so much fun! 50 youth participated in evening of joy and togetherness. Special thanks to Porter Airlines and Nike Canada for providing gifts for each youth.

SENIORS PROGRAM HIGHLIGHTS

72 Programs & 38 Free Sessions

38 Seniors Workshops

2,372
Hours of Service

6,682
Program Visits



HEALTHY LIVING DOESN'T HAVE AN AGE LIMIT!

World Festival Tour

Our WNC seniors programs comprise of community members from all over the world. In August, our WNC seniors took centre stage to highlight their culture and home country. Seniors shared their history, culture, facts and contributions to the Canadian fabric. Twenty-one different countries with more than 2000 different cultures were highlighted in WNC's World Tour celebration. Countries included: Mexico, Burma(Myanmar), Lebanon, Philippines, Kenya, Sri Lanka, India, Russia, Scotland, Ireland, Sudan, Egypt, Peru, Malaysia, and so many more. This celebration included artworks, traditional attire, culinary dishes, jewelry, and live demonstrations.

Waterfront Optimistic Walkers (WOW)

Our seniors got on their walking shoes and explored Toronto Parks through the Waterfront Optimistic Walkers program. Through the generous funding provided by TD Park People, 2 senior volunteers led 25 seniors on walking tours of Toronto parks and gardens. Green spaces in the city included the Music Garden, Riverdale Zoo, Trinity Bellwood's Cherry Blossom Garden and The Peace Gardens.

Two seniors lead this program consisting of eight weeks of walking through different great green spaces in the city. Seniors reported they had enjoyed these walks immensely. WOW provided seniors with a great way to exercise, see different parts of Toronto, and create friendships with other seniors in their community.



"I enjoyed the beauty of the walks. Trees etc. The walks were enjoyed more due to the friends that also joined in. It was great getting to know different area of the city during a nice time of day and with others who also enjoyed walking. I'm looking forward to doing more of this".

- WOW participant

"We are in a group team, we laugh, talk, and make friends, we discuss, visit new places/views. Love this moment. Thank you WNC & Co. All the best in the future for more WOW Programs".

- WOW participant



Gourmet Grannies

Gourmet Grannies Project is a program where seniors met weekly and learned to cook a variety of recipes, received nutrition education, menu planning and budgeting tips. Seniors were also able to focus on preparing single serving meal because most of the seniors participating live alone. Sessions were facilitated by Toronto chef Lisa Paul and chef assistant Zahide. Seniors also had the opportunity to work with other intergenerational groups with children and youth which helped to engage and mentor each other. Chef Lisa Paul, Zahide and participants planned and baked holiday cookies with Kids in the Kitchen Programs.

Gourmet Grannies was funded in part thanks to Government of Canada - New Horizons for Seniors Program.

"This program is fantastic for people who live alone and cooking for single use. It's nice for us to mingle with other seniors. Specially thanks to Zahide for being patient with us and guide us, in many ways".

- Kathy Chow

"Being vegan I was a bit shy to join these classes. This is/was excellent experience. Most dishes were vegan. She always has a vegan (choice) dish for me".

- Shashi Jan

"Cooking together can be fun with a leader/ chef who knows what she is doing. Bravo Lisa and Zahide!".

- Patricia

Seniors Nutrition Program

Food is one of the best ways to bring a community together. In this program seniors learned to cook healthy nutritious meals while staying on budget. In each session, seniors learned nutritional information about eating healthy. Seniors get together to create healthy meals while having a discussion and invigorating conversations creating amazing memories. One on One session was also offered to seniors with more complete approach to their health.

Recipes and topics included Food and Mood, Healthy Snacking, avocado and chocolate mousse, overnight oats, high protein hummus, naan, bannock, blinchiki, and tortillas.

Ripley's Aquarium Trip

In November, seniors and volunteers attended a trip to Ripley's Aquarium. It was one way to get more of our isolated seniors to come out, while at the same time showing gratitude for our hard working volunteers who make friendly visits and calls to the most reclusive seniors in the waterfront community. Everyone had an amazing time looking at the different species of sea creatures. The evening was capped off with a live jazz performance.



HEALTH PROMOTION AND ADVOCACY

72 Programs & 38 Free Sessions

23,514
Hours of Service

8,029Number of Participants

50,708Number of Participant Visits





HEALTH IS WEALTH. WE'RE IN THIS TOGETHER!

Seniors Programs concluded 2019 by working on major developments in changing systemic barriers. From advocating for housing, to supporting caregivers caring for aging seniors, to nutrition and food security. Waterfront Neighbourhood Centre's seniors programs provided 38 workshops for seniors to gain knowledge in different topics and learn skills in advocating for themselves and each other.

Workshops included:

- KBCLS- Kensington-Bellwood's Legal Clinic Services info sessions on Human Rights Day
- Housing Toronto-Housing TO Consultations
- Toronto Public Health-Healthy Snacks and Healthy Drinks Information
- Hosted Older Adults Centres' Association of Ontario (OACAO) Seniors Fair 4th consecutive year.
- Nutrition Awareness Month Workshops; One on one session with WNC Nutritionist

Neighbour 2 Neighbour (N2N 2.0)

N2N 2.0 Project, a friendly visiting program, continued to serve isolated seniors and adults in the waterfront community. This is a collaboration between Waterfront Neighbourhood Centre, The Neighborhood Group, West Neighborhood House, and Parkdale Activity Recreation Centre (PARC). This important program helped and connected isolated seniors and adults to other WNC programs/services, community resources, assisted in food security and medical appointments accompaniments.

Many isolated seniors experience food insecurity and are living in a "food desert area". N2N 2.0 connected seniors to local markets, WNC community kitchen, and nutrition program. Assisting in the food security of seniors, N2N provided access to healthy meals and nutritional information.

Hot Chocolate, Cookies and Other Goodies

We all know it can get lonely close to the winter holidays. Our Community Kitchen, Gourmet Grannies and Nutrition program spread some holiday cheer by giving out healthy gingerbread cookies, carrot and squash seeds muffins, dates squares and hot chocolate in the community. The seniors, community development staff and local community leaders went to building lobbies and interacted with the residents while sharing hot chocolate and yummy baked treats! Deliveries were also made to isolated seniors. A fun festive time was had by all!

Happy Holidays from Around the World!

Our WNC nutritionist Leigh, led the seniors on a cultural holiday food celebration. Leigh and community members shared personal experiences and historical information behind some of these extraordinary recipes.

Italy

- Christmas Eve: Cena della Vigilia: fish, seafood and vegetable dishes and "Giorno di Magro"day of abstinence/fasting
- Christmas Day-Natale: First Course pasta dishravioli, baked pasta or tortellini
- Main-roasted veal, baked chicken, sausages or braised beef

Jamaica

- Christmas Eve: The Grand Market-street party, festival: jerk chicken, boiled corn, candy cane, sugar cane
- Christmas Day: Ackee and saltfish -traditional dish with cod fish and ackee fruit, breadfruit, fried plantain, boiled bananas
- Dinner: turkey, chicken/curry goat/ oxtail with steamed rice and peas
- Desserts: potato puddings: fruit cake with flour, rum or brandy, port, raisins, dates, prunes, brown sugar, cinnamon, all-spice

Philippines

- Christmas Eve/Day Nochebuena" Midnight: Lechon (roasted pig) HamFruit salad Bibingkarice cake with freshly milled rice (Galapong) and coconut milk, Puto Bumbong -sticky purple rice, glutinous white rice, muscovado sugar, butter, fresh coconut steamed rice.
- Desert: Leche Flan



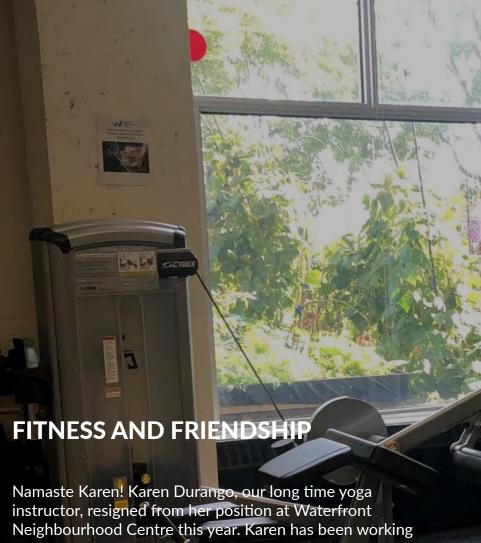
ADULT FITNESS HIGHLIGHTS

40 Programs

11,436
Hours of Service

2,976Adult Wellness & Fitness Participant





Namaste Karen! Karen Durango, our long time yoga instructor, resigned from her position at Waterfront Neighbourhood Centre this year. Karen has been working at WNC for 17 years. She was a very popular instructor and loved by all the community members that attended her classes. Karen taught Seniors Yoga, Yoga, Pilates and Baby & Me Pilates. On July 30th, community members and staff came together to celebrate all of Karen's contributions to Waterfront Neighbourhood Centre. Throughout the the evening, community members thanked her for sharing her passion for yoga and providing them with her friendship. Karen made a lasting impact and WNC appreciates all she has given to our community. We will miss Karen dearly but we wish her all the best in her new chapter.

Although we said goodbye to Karen, we welcomed 2 new instructors to the WNC fitness team: yoga instructor Colleen and Zumba Instructor Emily.

Colleen taught Yoga for Adults on Tuesday and Thursday evenings. She has been a yoga instructor for over 10 years and is passionate in sharing her expertise with the community. Emily taught Zumba and Zumba Gold for seniors. With her dance moves and her positive energy, she keeps community members dancing in her classes! We are happy to have both Emily and Colleen apart of our WNC staff team.



COMMUNITY CONNECT GARDEN HIGHLIGHTS

1,024_{lbs}
Fresh Vegetables and Herbs

95Vegetable/herb species

1000+ Plants



BUILDING A HEALTHY COMMUNITY, ONE HARVEST AT A TIME!

WNC's Community Connect Food Garden had its most successful growing season to date! This popular community program offered free organic gardening education and supported local food security by providing organic produce to the waterfront community families and individuals. Produce was used for healthy snack and meal preparations in WNC free programs for families, children, youth and seniors. Produce was also delivered to isolated seniors living in our community as part of WNC's Neighbour-2-Neighbour friendly visiting program.

In 2019, Community Connect Garden:

- Met the continued food security needs of our community members by increasing our gardening capacity to provide organic produce. Thanks to Billy Bishop Airport funding, our master gardener Michael was hired for a longer period of time to better match the growing cycle. This year, the garden exceeded last year's harvesting record of 870 lbs this year growing 1,024 lbs of organic vegetables and herbs!
- Community gardening education sessions were offered within WNC programs to reach more families, children, youth and seniors. Food programs, Community Kitchen, Gourmet Grannies, and Wednesday Family Drop-in, were 3 new groups participating in regular gardening sessions.
 - Expanded community gardening opportunities. City of Toronto's Malting Silo project has identified that WNC will be the community lead for gardening projects in the developed space. Partnered with 100+ corporate volunteers who helped to open and close the garden, planted and harvested, built larger garden boxes to replace decommissioned beds, assisted with compost/soil enhancement and mulch distribution. Corporate volunteers included: Starbucks, TELUS, Aramark Canada, Cision, TD Bank and the hardworking team from PortsToronto.
- WNC shared educational information and gardening resources with neighbours and partnered with local food initiatives (Waterfront Good Food Market, local Good Food Box program) which promotes a healthier, environmentally-focused community. Evergreen Foundation provided discounted pricing for seeds, plants and compost.
- Celebrated the harvest with a community Garden Harvest Party on September 26, 2019. 70 community members participated, enjoying a meal that included fresh produce from the garden.
- Seedlings, dried herbs sale/giveaway. Michael and our garden volunteers answered many gardening questions. Garden volunteers and funders were acknowledged and thanked!

MEMBERSHIP SERVICE HIGHLIGHTS

6,424Total Website Visits

313,569
Supported Program Visitors

3,616
Memberships

A WELCOMING, ACCESSIBLE AND SUPPORTIVE SERVICES FOR ALL!

WNC provides services to the Waterfront community primarily, but is open to all City residents across the City. In 2019 WNC administrative staff welcomed and provided support for over 313,569 community members and visitors—an increase of 1.48%. In addition to offering registration and membership services, our admin staff successfully managed over 581 annual programs; proudly serviced 21,184 community participants and provided 86,782 hours of service to our beloved community members.

Our brilliant admin staff also play key role in managing WNC's Website and Social Media engagement. We had the pleasure of engaging directly with the community through our website and social media (Instagram, Facebook and Twitter).

In 2019, we promoted our talented staff member Shateya Fraser to Executive Assistant and welcomed Shanice Johnson and Janna Reiss to help us maintain front desk and client services. We also said farewell to our charming evening clerk Anita Baah. A very special and continued thank you to our remarkable admin department staff team: Anita, Jenna, Maisha, Megan, Shanice, Shateya and Suada.

"I go for the food that amazing woman prepares in her little café. A diamond in the rough. Very reasonable prices for the portions. I tell my friends. Tell yours."

- July 17, 2019 Google 5 Star Rating WNC Cafe







FACILITY OPERATION HIGHLIGHTS

44,950 Sq. Foot Facility

200 Rentals

2,272
Rental Hours

\$112,828 Rental Revenues



ECO-CONSCIOUS AND FORWARD LOOKING, WE'RE BUILDING A COMMUNITY CENTRE FOR THE FUTURE!

2019 was a year of growth and learning for the Facility Operations Department. With Liz Oliveira, our Manager Facility Operations leading our amazing staff team, we have been able to provide quality support and services that the Waterfront Neighbourhood Centre is known for. It is with the superb skills and knowledge of Israel Slater – Caretaking Co-ordinator and the tremendous support of Lula, Shanice, Kelon and Michael - Facility/Rental Attendants that we have been able to provide exemplary facility services to the many rentals and programs at our facility.

We saw the completion of the first phase of the Deep Retrofit Energy Project. All lighting in the building has been retrofitted with High Efficiency Energy Saving LED Lighting. Phase two of the project is the installation of the Solar Panels on the rooftop. Craning and installation of Solar Panels began February 1, 2020. We were featured on Global TV News in 2019! Check out the link below for information regarding the project.

https://globalnews.ca/video/5095042/city-of-toronto-aiming-to-retrofit-old-buildings-tackle-climate-change

A new Water Station was installed in our facility. The water station provides fresh filtered water through its fountain or bottle refill option. This will lower the number of disposable water bottles ending up in our landfills.

In 2019, \$112,828 of revenue was generated from the facility rentals.

A very special thank you to the Facility Operations Team whose hard work, dedication and high standards keep our building sparkling inside and out for all to enjoy.



STAFF AND VOLUNTEER RECOGNITION

81 **Employees**

243

Professional Development Training Courses

"You can't cross the sea merely by standing and staring at the water." -Rabindranath Tagore



One of the things that make WNC strong and successful in the work that we do is the amazing team of staff members behind our programs and services. Our staff team is dedicated to our mission in providing the community exceptional programming, support and opportunities to enrich their life experiences. We are consistently amazed by the level of passion, expertise and care our staff put into providing the best experience for our community members. WNC would like to recognize staff that have reached major milestones in 2019. Teamwork makes the dream work!!

Karen Warner

This year we said farewell to our charismatic and talented longterm WNC staff member, Karen Warner, Director of Fundraising & Communications. Though the years, Karen has played an integral role in our fundraising and communication department. We want send Karen a heartfelt thank you and appreciation for all of her hard work and dedication to Waterfront Neighbourhood Centre (WNC). WNC wishes Karen the best success in her future endeavors.



Staff Recognition

25 Years
Gaby Motta
Manager, Community
Development & Seniors Programs

Liz Oliviera Manager, Facility Operations

15 Years Eti Greenberg Tai Chi Instructor

<u>5 Years</u> Sarah Ashfield Youth Worker

Board of Management Recognition

10 Years Cliff Ojala

<u>5 Years</u> Barbara McKenney Brenda McCabe Amani Yagob

WNC Volunteer Service Recognition

25 Years Khuli Koah Vera Cudjoe

10 Years Karen Jo Mullins

5 Years Lattefah Abdoulaye Rania Bameid Josephine Fernandez Nancy Hartford David Hartford

VOLUNTEER PROGRAM HIGHLIGHTS

899
Community & Corporate Volunteers

25,155
Volunteer Service Hours

\$679,185
In-Kind Value of Volunteer Donated Services*



WE GIVE, AND YOU GIVE BACK!

Waterfront Nighbourhood Centre (WNC) continued its 29 year tradition of engaging with volunteers to support WNC's programs, services and special events. WNC recognizes the value of providing volunteer opportunities for local residents to become engaged in the community centre and recognizes voluntary contributions. At WNC, we have an amazing executive leadership that values volunteer contribution and recognizes the key role WNC volunteer program plays in expending WNC's programming capacity.

In 2019, WNC recruited, interviewed and maintained 899 compassionate and dedicated volunteers to help expand and enrich WNC's programming capacity. WNC's volunteer program has seen an increase in productivity, creativity and volunteer retention. Our talented volunteers have contributed a total of 25,155 hours and a value contribution of \$679,185—an increase of 15% from 2018! This hourly value is based on 2018 Value of Volunteering in Canada Briefing presented to Volunteer Canada by the Conference Board of Canada, which indicated that the average hourly rate for volunteer work is \$27.00/hr. (Adjusted for cost of living).

WNC hosted two volunteer open house sessions for community and placement students to learn more about the opportunities available at WNC. We successfully recruited 57-students and 73 community members in 2019.

At WNC, we celebrate and recognize our valuable volunteers often for their tremendous contributions by sending personal thank-you emails and cards and celebrating milestones. On April 9, 2019 we celebrated National Volunteer week! WNC hosted a fantastic social event for all volunteers with refreshments, gifts and cake. Volunteers also participated in a fun Afro Dance Party led by Anita Baah from Clean Slate Fitness and a special training session provided by St. Stephen's Community House on Conflict Resolution.

In 2019, Waterfront Neighbhourood Centre (WNC) launched a revised Volunteer Handbook. The handbook contains comprehensive volunteer program policies, the volunteer placement process, roles, responsibilities, as well as guidelines about communication and accountability. The handbook also provides volunteers with an opportunity to learn about WNC's mission and vision, best practices and much more. The WNC volunteer handbook is available online or onsite:

https://waterfrontnc.ca/volunteerhandbook/

Staff-volunteer relations are the keystone to our organization's success. WNC management staff engage our talented and valued volunteers to support most of WNC's dynamic programs like T.I.M.E., Rehabilitation Institute and Neighbour 2 Neighbour (a friendly visiting program offered free of charge to waterfront community seniors), Pre-Kindergarten Experiences Enrichment Program (PEEP) and our homework clubs.



A HEART OF GOLD TESTOMONIALS!

I started my volunteer position with Neighbour 2 Neighbour in early December 2018. Volunteering with N2N has been another life lesson for me, another experience that I sincerely enjoy in helping my community and very rewarding. I had volunteered for almost 11 years but this one has been the most fulfilling yet. Last year, I had lost my grandma, she was the last of my grandparents that I cherish dearly and felt so bonded with. At first, I was not ready to resume volunteering; but her ever-present kindness was one of the reasons why I've always been so passionate about helping others. I have always enjoyed the responsibility of another human being and creating a safe space for them while building a relationship. So I searched for an organization that was outside of my scope, I had previous experience with volunteering with children, young adults, and teaching yoga classes for seniors in a retirement home and community centers.

My continual volunteering felt, in part, like I was fulfilling a lesson my grandmother taught me: to always be kind to others, no matter your circumstances. I learned a lot from my time volunteering, especially about the value of something as simple as a short conversation. Seeing her face light up when she noticed me and my dog Atlas walking towards her, was a simple reminder that sometimes the kindest thing you can do is be present, listen and empathize. In my life now, I try to remember this lesson. We had scheduled weekly walks 1-2 times per week for 45 minutes to an hour (sometimes over) at 7:45 pm. We enjoyed weekly calls that lasted more than I anticipated. Nonetheless, I learned about her childhood, her family, her son and endless conversations about dating and relationships.

Through my experiences, I have seen firsthand not only the impact that volunteers can have on an organization but the impact that volunteering can have on an individual. I know that I would not be the person I am now had I not made the decision to begin volunteering all those years ago.

Jessica Ciampini, Neighbour to Neighbour Program N2N 2.0 Community Volunteer



CORPORATE & FINANCIAL GIVING HIGHLIGHTS

297Free Programs

\$32,802 Fee Subsidies Benefiting, 75 Families & 297 Individuals

\$238,359

Donated Equipment & Program Supplies

FRIENDS IN HIGH PLACES! MAKING A POSITIVE IMPACT AND UPLIFTING COMMUNITIES!

As WNC is accountable for funding 100% of the costs associated with the 581+ programs offered, we count on donor and corporate support to meet our mission and mandate to serve our beloved community.

WNC's corporate volunteerism program had a substantial, positive impact in our community this year. In 2019, we welcomed 769 amazing community corporate volunteers to deliver programs and services. This year we were proud to have partnered with employee volunteers from Aramark Canada, LEVEL5 Strategy Group, Porter Airlines, Starbucks, TELUS, Elevation Church, Sales Force, Lions Club, Kensington Bellwoods Legal, RBC Bank, Brands for Canada, We Care, Kids up Front Foundation, The Art Gallery of Ontario, Tim Horton Children's Foundation and the Toronto Star Fresh Air Fund.

In 2019, WNC valued partners provided skill-building workshops; legal advice; donated program supplies and new clothing; provided meals/snacks; hosted festive holiday dinners; participated in gardening projects, building renovations and program fundraising; and donated food grocery cards to name a few!

We are so thankful to all our amazing corporate volunteers for helping us to continue to grow and work towards meaningful and positive sustainable change for the community we serve!

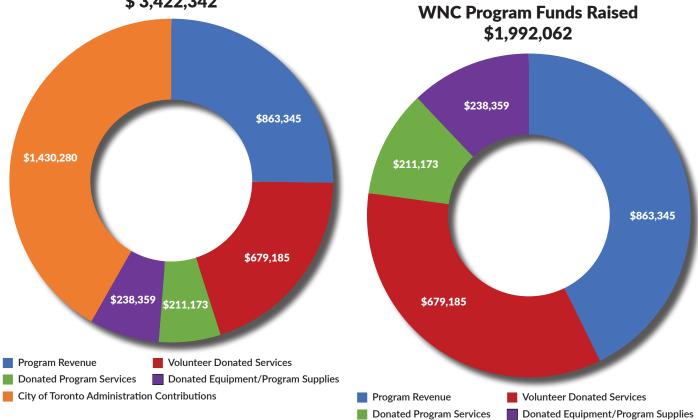




FINANCIAL SUMMARY

	2019 Actual	2018 Actual
Administration Operating Expenditure		
Salaries and Wages	974,220	883,846
Employee Benefits	264,711	264,497
Employee Benefits - post-employment benefits	75,924	81,975
Materials and Supplies	100,478	69,935
Purchase of Services	107,065	112,339
Amortization of Capital Assets	1,444	1,444
Amortization of deferred Capital Cont.	(1,444)	(1,444)
	1,522,398	1.412.592
City of Toronto Funds		
Core Administration	1,430,280	1,350,778
Vacation Payable	16,194	(20,161)
Post-Employment Benefits	75,924	81,975
Funding payable by City of Toronto	Nil	Nil





^{*}The volunteer hourly value is based on 2018 Value of Volunteering in Canada Briefing presented to Volunteer Canada by Conference Board of Canada, which indicated that the average hourly rate for volunteer work is \$27.00/hr. (Adjusted for cost of living).

FINANCIAL SUMMARY

	2019	2018
	Actual	Actual
Program Revenue		
Grants		
Government of Canada	126,435	138,859
Province of Ontario	52,487	77,349
City of Toronto	80,657	83,218
Other Foundations	107,623	122,951
	367,202	422,377
Donations/Fundraising/Other	74,391	77,466
Program and Membership Fees	286,900	257,312
Rental Fees	112,828	165,147
Interest	22,024	14,980
	496,143	514,905
Total Program Revenue	863,345	937,282
Program Operating Expenditure		
Salaries and Wages	565,211	514,282
Employee Benefits	60,440	58,393
Materials and Supplies	164,418	178,461
Purchase of Services	46,948	70,687
Asset Amortization	6,350	6,291
	843,367	828,114
Excess of (expenditures over revenue)		
Revenue over expenditures - Program	19,978	109,168



Donates to The Waterfront Neighbourhood Centre Charitable Fund at https://donation.waterfrontnc.ca/



2019PROGRAMS & SUPPORTING PARTNERS

Family Programs

Baby and Me Literacy Workshops

Baby and Me Yogalates

Baby Program Drop-In (EarlyON)

Family Drop-In: Tuesday/Thursdays

(GUHD)

Family Gym

Kinder Rhythm with Me

PEEP and PEEP for Tots

Ready, Set, Grow

Sing with Me Parents and Children

Toronto Public Health - Living and Learn

with Baby

Toronto Public Health - Nobody's Prefect

Tots and Me Creative Movement

Wednesday Evening Baby Family

Support Program Drop-in (Early-ON

Child and Family Centre)

Children's Programs

After School Daze Program

Ballet & Fairy Tales

Cartooning Fun

Children's Ballet

Children's Basketball

Children's Floor Hockey

Children's Hip Hop

Children's Soccer

Children's Tennis

Curtain Call

Fusion Dance

rusion Dance

Homework Help

Junior Sports & Games

Kids Cooking in the Kitchen

Kids Illustration

Kids Karate

Learn & Play

Little Chefs Cooking in the Kitchen

March Break Camp

Musical Theatre for Kids

PA Day Program

Room 13 Art Studio for Children

Sports for Change

Summer Daze Camp

Tumble Kidz Gymnastics

Tumble Tots Gymnastics

Tween/Youth Programs

Get Jobs for Youth (GJY) Workshop Lunch Time Lounge - City School

March Break Program for Tweens/Teens

Powergirls

Room 13 Multimedia Studio

Toronto Youth Equity Strategy and

St. Stephen's Community House

Workshops

Tween Boys Club

Tween Cooking

Tween Girls Club

Tween Holiday Dinner

Tween Lounge

Tween Lunch Time Lounge Waterfront

PS

Tween PA Day Camp

Tween Room 13 Art Studio

Tween Sports

Tween Summer Leadership Program

Young Women's Club

Youth Advisory Committee

Youth Basketball

Youth Cooking

Youth Drop-in Sports

Youth Info, Support & Referrals

Youth Lounge

Senior Program and Fitness

Afro-Fit Gold

Afternoon Tea and Social

Easy PC-Computer Help for Seniors (by

appointment)

Elders Advisory Committee/Horizons

Euchre and Bridge Games

Funky Fitness

Fusion Gold

Gentle Fitness

Gentle Yoga

Gourmet Grannies

Healing Harmonies in Dance &

Movement

Healing Harmonies in Music & Song

Men's Group

Neighbour to Neighbour N2N 2.0

Older Adults Games Day

QiGong 18

Senior Advisory Committee

Senior's Community Potluck & Monthly

Birthday Celebrations

Studio 60 Senior Art Program

Tai Chi for seniors

Community Programs/Other Services

Clothing Program

Community Connect Food Garden

Community Connections/Networks

Community Kitchen

Community Knitting & Crochet Group

Community Outreach

Food Access Program/Food Vouchers

Good Food Box Program

Homeless Support

Job Search/Resume Assistance

Men's Circle

School Support

Translation Services

Transportation TTC
Waterfront Good Food Market - 25

Bishop Tutu

WNC Courtyard Garden

WNC Neighbourhood Support & Referral Services

WNC Subsidy Program Women's Circle

Fitness, Wellness & Dance

Adult Sports & Fitness Passes

Body Sculpt and Condition

Cardio Pump

Co-ed Adult Badminton

Co-Ed Adult Basketball

Co-ed Adult Volleyball

Co-ed Ping Pong

Pilates

Tai Chi

TIME Class (Together in Movement and

Exercise)

Yoga Zumba

Weight Room

Co-ed Weight Room Women Only Weight Room

D. II.G. (

Indoor Courts and Outdoor Courts

Corporate and Community Volunteer

Events

Aramark Volunteer

Doors Open - PortsToronto

Elevation Church Volunteer Day

Elevation Church - Family Fun Night

Level 5 Strategy Group - N2N Holiday

Level 5 Strategy Group Summer Camp

BRÓ

Lions Club - Family Holiday Party Porter Airlines - Community Holiday

orter A

PortsToronto Community Garden Day

Sales Force - Seniors Holiday Party

Starbucks Holiday Fun

Starbucks Volunteer Day TELUS Volunteer Day

Constitution to OM and all the con-

Special Events/Workshops 416 CrossFit Kids Session

Annual General Meeting

Black History Month Tween/Youth

Program Presentation/Celebration

City School Halloween Open House City School Open House

Clothing Pickup

Community Lead Housing Consultations

Family Literacy Day

Garden Harvest Party

International Women's Day

N2N 2.0: Heart Warming Party

Seniors Active Living Fair Sensational Circles Family Literacy Program - Dave Page Literacy Consultant Together We Fit Reunion Volunteer Appreciation Celebration Voters Education Day (GFNM) Voters Education Day (WNC) World Festival Tour Event

WOW Group Trips

Senior's Workshops Aging 101 Family Service Toronto Art Studio 60 PRIDE Colouring Caregiver 101 - Family Service 101 Digital Foundations Workshop Series **Domestic Violence Awareness** Dr. Aida Relationship and Communications Workshop Fall Prevention Fall Prevention Toronto Housing Building GBC Waterfront Dental School Workshop Healing Harmonies Trip to Harbourfront Dance Theatre **Immigration Presentation** Kensington Bellwoods Legal Workshop Meditation Workshop Mother's Day Celebration Movember workshop N2N - 2.0 One-to-One Workshops: Nutrition, Fall Prevention, Home Exercise PortsToronto - Room 13 & Community Garden **RBC Financial Literacy Workshops** Tea & Social French Day

Supporting Partners City of Toronto

Therapy Dog Visits Toronto

World Cancer Day Presentation

Trip to Ripleys Aquarium

Children Services City of Toronto - Housing TO Community Police Liaison Committee - 14 Division Community Services Partnership Program Corporate Real Estate Management -Parks, Forestry & Recreation Toronto Police Services (14 & 52 Division) Toronto Public Health

Women's Circle Magnolia - Combat Stress

Government Partners

Government of Canada - Canada Summer

Government of Canada - New Horizons for Seniors Program

Toronto Public Library - Fort York

Government of Ontario - Ministry for Seniors and Accessibility: Seniors Active Living Centre & Special Grant, Seniors Community Grant, Summer Experience Program

Ontario Ministry of Education Older Adult Centres' Association of Ontario (OACAO - Senior's Fair)

Public Health Agency of Canada (PHAC) Community Action Program for Children

Service Canada - Canada Summer Jobs

Agencies & Community Partners

Art Gallery of Ontario (AGO) Bathurst Quay Neighbourhood Association (BQNA)

Brands for Canada

Canadian Mental Health Association Central Local Health Integration Network (LHIN)

Central Toronto CHC

Choose Health Ontario - SRCHC CityPlace Residents Association (CPRA) Cliff Ojala - Community Music Lessons College Montrose Children's Place -EarlyON Child & Family Centre

Dance Ontario

Elder Abuse Ontario **Elevation Church**

Evergreen Brickworks

Family Service Toronto - Growing Up Healthy Downtown (GUHD) Family Service Toronto - Senior &

Caregiver 55+

Good Food Box Program/FoodShare -150 Dan Leckie Way

Harbourfront Centre

Harbourfront Chorus

Heart and Stoke Foundation

Kensington-Bellwoods Community Legal Clinic

Kids Up Front Foundation Toronto KJ Mullins - NEWZ4U.NET

La Leche League Canada

Liberty Village Toastmasters

Middle Childhood Matters Coalition Toronto

Midwest Toronto Sub-Region Advisory **Table**

North York Community House Older Adults Centres' Association of Ontario (OACAO)

PARC - Parkdale Activity Recreation Centre

Parkdale Community Health Centre Queen's Own Rifles - Royal Canadian Legion Branch 344

Social Planning Toronto

St. Stephen's Community House Childcare St. Stephen's Community House Conflict

Resolution & Training

Tennis Canada

The Bentway Conservancy The City School (TDSB)

The Neighbourhood Group Community Services (TNG) - OTF Grow Grant -N2N 2.0

TD Park People

Toronto Bathurst Lions Club

Toronto Community Housing Corporation

Toronto Island Canoe Club Toronto Neighbourhood Centres (TNC)

Toronto Star Fresh Air Fund

UHN Toronto Rehabilitation Institute Waterfront BIA Waterfront Good Food Market/ FoodShare 25 Bishop Tutu Waterfront Montessori Children's Centres Waterfront Public School (TDSB) West Neighbourhood House

Corporate Partners

Aramark

Bargains Group

Billy Bishop Toronto City Airport

Youth Employment Services (YES)

BizSys Inc.

Canadian National Exhibition

Canadian Tire Jumpstart Foundation

CIBC Mellon

D-ONF

Goodman Pub & Kitchen Harmony Marketing

Lakefront Clinic & Medical Pharmacy

LEVEL5 Strategy Group

Little Kickers

Mirvish Productions

Music Together® Amici School of Music

Neo City Café **Nieuport Aviation**

Porter Airlines

PortsToronto

Ripley's Aquarium of Canada

SalesForce Canada

Sony Pictures Canada

TELUS

Tim Horton Children's Foundation

College, Universities and Schools

Centennial College

George Brown College

Humber College

National Academy of Health & Business

Ryerson University Seneca College

Toronto District School Board -

Cooperative Program Students University of Toronto

Thank you to the many generous individuals who support our agency.



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