



Waterfront
Neighbourhood
Centre



2026 WINTER SPRING PROGRAM GUIDE



Family · Pre-School · Children · Youth · Seniors · Adult Fitness · Community



Here to serve you better

Rated top 3 best
pharmacies in
Toronto in 2025

Our specialities include:

- Easy prescription transfer
- Easy prescription refill
- Mobile app prescription refill
- Refill reminders by email or phone call
- Free Prescription delivery Ontario wide
- Blister pack for medication compliance
- Compounding
- Travel Clinic
- Accepting all drug insurance plans
- Pharmacy and walk-in clinic open 7 days

At Lakefront Medical Pharmacy, your health is our top priority. We offer a comprehensive range of services to meet all your healthcare needs, from filling prescriptions to providing vaccinations and wellness consultations. Our walk-in clinic is open seven days a week, so you can get the care you need when you need it.

**Experience exceptional care at Lakefront Medical Pharmacy,
your trusted partner in health.**

LAKEFRONT MEDICAL PHARMACY

14-550 Queens Quay W, Toronto, Ontario, M5V 3M8

Tel: 647.340.7730 | Fax: 647 341 7730 | Email: jerry.metyas@gmail.com



Need a place for a birthday party or celebration?

A place for your team meeting or training?

WNC facilities are available for rent.



For information and a virtual 360 tour, visit our website waterfrontnc.ca/rentals or contact Liz Oliveira, Manager, Facility Operations, liz@waterfrontnc.ca



Waterfront Neighbourhood Centre

Table of Content

Registration Information	p. 4 - 7
Family Programs	p. 8 - 9
Pre-School Programs (2 to 4)	p. 10
Children Programs (5 to 12)	p. 11 - 15
Youth Programs	p. 16 - 17
Seniors Programs	p. 18 - 21
Adult Fitness & Fun	p. 22 - 24
Community Development Programs	p. 25
Facility Rental	p. 27

Important Dates

❄ Winter Session 2026

Registration starts: Monday, January 5, 2026
Winter Session: January 12 - March 15 (9 weeks)

🌸 Spring Session 2026

Registration starts: Monday, March 16, 2026
Spring Session: March 23 - June 14 (12 weeks)

📍 627 Queens Quay West, (Bathurst & Queens Quay)
Toronto, ON M5V 3G3

✉ info@waterfrontnc.ca

📘 fb.com/waterfrontncTO

📷 [WaterfrontncTO](https://www.instagram.com/WaterfrontncTO)

✂ [WaterfrontncTO](https://www.x.com/WaterfrontncTO)

☎ 416.392.1509

🌐 www.waterfrontnc.ca

🕒 Hours of Operations

Monday to Friday 9:30 AM - 9:30 PM

Reception Desk is closed for lunch between 1:00 PM - 2:00 PM and closes at 8:00 PM

Saturday & Sunday 11:00 AM - 5:00 PM

Program information (dates/times/fees/days) are subject to change or be adjusted at time of registration. Photography Credits: WNC Photo Archives.

Winter 2026 Registration Dates

Winter Session Dates: Monday, January 12th to Sunday March 15th (9 weeks)

- ✓ WNC is offering in-person Program Registration only.
- ✓ Registration tickets will be handed out on a first-come, first-served basis for members.
- ✓ Members will be allowed only to register themselves and/or a family member plus one other participant and/or family friend.
- ✓ Please do not forget to join and renew membership prior to registration week.
- ✓ Please don't forget to make your program wish list of options.
- ✓ Members must show a valid membership card during program-specific registration.
- ✓ There is a 10% surcharge on all programs for Non-members and expired membership who don't present their valid membership card at the time of registration.
- ✓ Registration registrants must reach the specified age of the program by the first day of class.
- ✓ Parents are required to provide proof of age at the time of registration.
- ✓ During program-specific registration times, we will not process any Subsidy Requests, Weight Room and/or WNC memberships.

Winter Session Registration Dates:

Monday, January 5	Membership & Subsidy Approval/Renewal Day & 8:00 am - 7:00 pm
Tuesday, January 6	Family and Children Programs Registration Day 8:00 am - 7:00 pm
Wednesday, January 7	PEEP & PEEP for Tots Registration Session 1 & Session 2 8:00 am - 7:00 pm
Thursday, January 8	Senior Programs and Adult Fitness Day 8:00 am - 7:00 pm
Friday, January 9	General Registration for All Programs 8:00 am - 7:00 pm
Sat. Jan. 10 & Sun. Jan. 11	General Registration for All Programs 11:00 am - 5:00 pm

WNC Open and Closures for Winter Session

- Closed - Saturday, December 20 to Sunday, January 4 - Winter Break
- Open - Monday, January 5 to Sunday, January 11 - Winter Program Registration
- Winter Session Dates: Monday, January 12 to Sunday March 15 (9 weeks)
- Closed - Mon. February 16 - Family Day

Spring 2026 Registration Dates

Spring Session Dates: Monday, March 23rd to Sunday, June 14th (12 weeks)

- ✓ WNC is offering in-person Program Registration only.
- ✓ Registration tickets will be handed out on a first-come, first-served basis for members.
- ✓ Members will be allowed only to register themselves and/or a family member plus one other participant and/or family friend.
- ✓ Please do not forget to join and renew membership prior to registration week.
- ✓ Please don't forget to make your program wish list of options.
- ✓ Members must show a valid membership card during program-specific registration.
- ✓ There is a 10% surcharge on all programs for Non-members and expired membership who don't present their valid membership card at the time of registration.
- ✓ Registration registrants must reach the specified age of the program by the first day of class.
- ✓ Parents are required to provide proof of age at the time of registration.
- ✓ During program-specific registration times, we will not process any Subsidy Requests, Weight Room and/or WNC memberships.

Spring Session Registration Dates:

Monday, March 16	Membership & Subsidy Approval/Renewal Day 8:00 am – 7:00 pm
Tuesday, March 17	Family and Children Programs Registration Day 8:00 am – 7:00 pm
Wednesday, March 18	PEEP & PEEP for Tots Registration Session 1 & Session 2 8:00 am – 7:00 pm
Thursday, March 19	Senior Programs, Adult Fitness Day and General Registration for All Programs 8:00 am – 7:00 pm
Friday, March 20	General Registration for All Programs 8:00 am – 7:00 pm
Sat. March 21 & Sun. March 22	General Registration for All Programs 11:00 am - 5:00 pm

WNC Open and Closures for Spring Session

- Spring Session: Monday, March 23 to Sunday, June 14 (12 weeks)
- Closed – Friday, April 3 – Good Friday
- Closed – Monday, April 6 – Easter Monday
- Closed – Monday, May 18 – Victoria Day
- Closed – Saturday, June 20 and Sunday June 21
- Closed – Saturday, June 27 and Sunday, June 28

Important Notices for Program Registration

WNC programs fill quickly. Your registration will be processed if there is spot for your preferred program. We recommend selecting alternative program options in case your preferred program is full.

- If a program is full, we offer a Waitlist option. Please keep in mind that being on the Waitlist does not guarantee a spot. We will contact you in the event that a spot opens up using the telephone number that you provided during registration. You will have 24 hours to register.
- Programs may be cancelled if enrollment is low.
- Parents/Caregivers **MUST** remain in the building when children's art, dance, educational, recreation and sports programs are being run.
- Payment Options: Visa, MasterCard, American Express debit, cheque, or cash. No post-dated cheques.

Program Fees Information

- Program Fee information is listed with each program.
- Program Fees include 13% HST where applicable.
- There is a 10% surcharge on all programs for non-members.
- Students (16 - 24 years) and Seniors (60+ years) receive 50% discount on adult fitness programs. Identification is required.
- Rental class fees (Non WNC Programs) are paid directly to the instructor.

Become a WNC Member?

Your membership supports your community! In addition to giving, you access to a wide range of WNC programs, your membership fee contributes to program costs and supports social service needs in the community.

How Can I Join? Everyone is welcome!

Purchase a WNC membership in order to participate at the member rate in all WNC programs. To apply for a new membership or to renew an expired one, see reception desk to complete a membership form and pay the applicable membership fees. Please note membership fees are not refundable. Programs are fully accessible. WNC has a wheelchair-accessible ramp. If you live in the area bound by Strachan Avenue, Yonge Street, Front Street, and Lake Ontario you may join as a **Community Member**. If you live outside our neighbourhood, you may join as an **Associate Member**. For a **User Group membership**, please call our **Manager, Facility Operations, Liz Oliveira at: 416.392.1509 ext. 329**.

Membership Annual Fees

Community: Family \$12; Adult \$8; Youth \$6; Child \$5; Senior \$6

Associate: Family \$16; Adult \$11; Youth \$8; Child \$6; Senior \$8

As a WNC member you can:

- Avoid paying the 10% surcharge on programs for non-members.
- Participate in WNC programs including some programs that are free of charge.
- Have access to and rent space at WNC for meetings and special events.
- Vote for and/or serve on our Board of Management and Board Committees.

WNC Fee Subsidy Information

Limited subsidy is available on a "first come, first serve basis" for fee-based programs for families and individuals living in WNC's catchment area bound by: Strachan Avenue, Yonge Street, Front Street, and Lake Ontario. Proof of residence (e.g., driver's license, utility bill) is required. Fee assistance requests for WNC programs will remain a priority for families and individuals living in WNC's catchment area. For more Fee Subsidy information, please contact 416-392-1509 ext. 301 info@waterfrontnc.ca

Respectful Environment

WNC is committed to providing a safe and respectful environment for our patrons and staff. For everyone's safety, we will not tolerate rude, inappropriate, or aggressive behavior, harassment or course language. People who engage in this type of behavior will be asked to leave the facility.

Cancellations and Refunds

- Please note that programs may be cancelled if enrollment is low.
- No refund, credit or transfer will be issued for non-attendance or advising program staff of absence.
- No refund or credit will be issued for classes cancelled due to the weather condition circumstances. A program may be cancelled for a variety of reasons including low registration or lack of space availability. Participants will receive a full refund or credit if the program for which they have registered is cancelled by WNC. In the event of a class cancellation due to extenuating circumstances, every effort will be made to make up the class on another date if the class cannot be re-scheduled, a WNC class credit will be issued upon request.
- Transfers from one program to another are permitted provided there is space, and the participant has received approval from the program manager.
- Requests for a full refund should be made prior to the start of program in writing and are subject to a \$10 administration fee. All refunds will be issued by cheque within 10 working days. The \$10 administration fee will not apply if you accept a WNC program credit.

Program refund/withdrawal after Start Date Schedules

Our best effort will be made to provide the most accurate information available at the time of printing, however schedules are subject to change. Please check our website for updates: <https://waterfrontnc.ca/> We reserve the right to amend fees, cancel, change/postpone and/or combine classes/activities that are listed in the guide.

REFUND/CREDIT POLICY

1st week of session	75% of fee refunded (option of cheque or credit).
2nd & 3rd weeks of session	50% of fee refunded (option of cheque or credit).
4 weeks+ of session	No refund or credit will be granted.

Weather Condition/Cancelled Classes

A class may be cancelled due to extenuating circumstances such as weather emergencies, storms, floods or power failures.

No refund or credit will be issued for classes cancelled due to the weather condition circumstances. In the event of a cancellation of a registered program, every effort will be made to notify participants, however due to time or extenuating circumstances, it may not always be possible to notify everyone prior to the program start. To check the status of a program, participants can contact Waterfront Neighbourhood Centre (WNC) at: 416.392.1509 or check our Social Media accounts:

Website: waterfrontnc.ca

Facebook: [fb.com/Waterfrontnc](https://www.facebook.com/Waterfrontnc)

TO Instagram: [@WaterfrontncTO](https://www.instagram.com/WaterfrontncTO)

Twitter: [@WaterfrontncTO](https://twitter.com/WaterfrontncTO)

Income Tax Letters

For income tax purposes, please keep all copies of your monthly invoices and payment receipts provided by the Waterfront Neighbourhood Centre as we no longer issue income tax letters.

Child Supervision

Parents/Caregivers **MUST** remain in the building when children's art, dance, educational, recreation and sports programs are being run. Children 11 years or under must be accompanied and supervised **DIRECTLY** by an adult or parent- designated babysitter (13 years and older) at all times.

Change Room Access

WNC members who would like to access the change rooms can purchase an ID access card at Reception for a one-time

of \$6 fee. A \$6 fee applies to replace a lost card. ID access cards are for active members use only.

Use of Personal Image

Unless the participants, parents and/or guardians indicate to the contrary in writing, Waterfront Neighbourhood Centre will assume that permission is given for photographs, videos or voices recordings that are taken during any program, activity or event. These images may be used to promote WNC in media, television, film, internet, website, social media, presentations, radio, audio, video, in print or display form as well as in funding applications and support solicitations.

Accident Insurance

Waterfront Neighbourhood Centre provides all safeguards for the health and welfare of participants, and shall be released from all actions, damages, claims and demands whatsoever arising from participation in programs. Participants are responsible for their own hospital, medical and ambulance coverage.

Unauthorized Photography/Videography

Unauthorized photographs and videos are not permitted in WNC facilities, change rooms, washrooms, gymnasium, and program spaces. WNC is committed to providing a safe and comfortable environment where the privacy of each WNC patron is respected.

Community Health

If a participant has a communicable disease (e.g., Covid-19, Measles, Influenza, Chicken Pox, Pink Eye etc.) we request that the participant notify us and not attend programs or activities until they are in better health and not at risk of spreading.

Peanut/Tree nut Products

Waterfront Neighbourhood Centre is a peanut/tree nut free environment. Please do not bring any peanuts/tree nuts or products containing peanuts/tree nuts into WNC or the playground area. Thank you for your understanding.

Personal Information

Personal information is collected under the authority of the City of Toronto Act, 1997, and Art. XI of Ch. 169 of the City Toronto Municipal Code.

WNC does not sell membership information. The information gathered is used for the purpose of registration, membership, invoices, newsletters/surveys and aggregate statistical reporting. Questions about this collection can be directed to: Waterfront Neighbourhood Centre, 627 Queens Quay West, Toronto, ON M5V 3G3 Attention: Executive Director.







FAMILY PROGRAMS

waterfrontnc.ca/family

Family programs offer a variety of quality programs for young children and their families/caregivers. We offer both registered and drop-in programming which promotes healthy child development and parent/child relationships through sports, dance, arts, music and play.

For information, please contact Sarah at 416.392.1509 ext. 303 or sarah@waterfrontnc.ca

Scan the QR Code for details. Programs are subject to change without notice. Please check our website for updates and full listing details.

Program	Age	Date/Time/Fee				QR Code	
Babies Drop-In Program (EarlyOn Child and Family Centre) Art, Dance, Education, Social	0 to 2	Winter	Jan 12 - Mar 11	Mon, Wed	1:00 PM-3:00 PM	Free Drop-In: Yes	 6lhf
		Spring	Mar 23 - Jun 10	Mon, Wed	1:00 PM-3:00 PM	Free Drop-In: Yes	
Canta Conmigo! Art, Dance, Education, Social	0 to 2	*New Time*				\$43.00 Drop-In: Yes - Fee: \$9.00	 5lhll
		Winter	Jan 13 - Mar 10	Tue	1:00 PM-1:45 PM		
Family Gym Art, Dance, Education, Social	0 to 12	Winter	Jan 18 - Mar 15	Sun	12:00 PM-2:00 PM	Free Drop-In: Yes	 2lqff
		Spring	Mar 29 - Jun 14	Sun	12:00 PM-2:00 PM	Free Drop-In: Yes	
Family Gym Night (EarlyOn Child And Family Centre) Art, Dance, Education, Social	0 to 6	Winter	Jan 13 - Mar 10	Tue	5:00 PM-6:00 PM	Free Drop-In: Yes	 wnjwf
		Spring	Mar 24 - Jun 9	Tue	5:00 PM-6:00 PM	Free Drop-In: Yes	
Sing with Me Art, Dance, Education, Social	0 to 2	Winter	Jan 16 - Mar 13	Fri	1:00 PM-1:45 PM	\$43.00 Drop-In: Yes - Fee: \$9.00	 sdait
		Spring	Mar 27 - Jun 12	Fri	1:00 PM-1:45 PM	\$52.00 Drop-In: Yes - Fee: \$9.00	
Wednesday Evening Family Drop-In Program (EarlyOn Child And Family Centre) Art, Dance, Education, Social	0 to 6	Wednesday Evening Family Drop-In Program (EarlyOn Child And Family Centre)				Free Drop-In: Yes	 xl8v8
		Winter	Jan 14 - Mar 11	Wed	5:00 PM-7:00 PM		
NEW! Crawl, Roll & Stroll! Art, Dance, Education, Social	8 month to 2	Winter	Jan 13 - Mar 10	Tue	2:15 PM-3:00 PM	\$43.00 Drop-In: Yes - Fee: \$9.00	 htg4v
		Spring	Mar 24 - Jun 9	Tue	2:15 PM-3:00 PM	\$57.00 Drop-In: Yes - Fee: \$9.00	



To view program's detail information, scan the QR Code or visit our website at waterfrontnc.ca/programguide


FAMILY PROGRAMS

waterfrontnc.ca/family

Program	Age	Date/Time/Fee	QR Code		
Family Drop-In Program (Growing Up Healthy Downtown) Art, Dance, Education, Social	2 to 6	Tuesdays	 9zgm2		
		Jan 13 – Mar 10 Tue		10:00 AM-12:00 PM	Free Drop-In: Yes – Fee: \$2.00
		Thursdays		10:00 AM-12:00 PM	Free Drop-In: Yes – Fee: \$2.00
		Jan 15 – Mar 12 Thur			
		Tuesdays		10:00 AM-12:00 PM	Free Drop-In: Yes
		Mar 24 – Jun 9 Tue			
Thursdays	10:00 AM-12:00 PM	Free Drop-In: Yes			
Mar 26 – Jun 11 Thur					

Fitness, Sports & Recreational Programs

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Program	Age	Date/Time/Fee	QR Code	
Baby and Me Yogalates (Post-Natal) Fitness, Recreation and Sports	0 to 1	Winter Jan 12 – Mar 9 Mon 11:00 AM-12:00 PM	\$56.00 Drop-In: Yes – Fee: \$9.00	 wumjo
		Spring Mar 23 – Jun 8 Mon 11:00 AM-12:00 PM	\$70.00 Drop-In: Yes – Fee: \$9.00	

WATERFRONT NEIGHBOURHOOD CENTRE

P.E.E.P. for Tots

AGE: 2

TUES & THURS

9:30AM-11:30AM

PEEP FOR TOTS WILL ENCOURAGE YOUR TODDLER TO EXPLORE THEIR SENSE OF WONDER WHILE ENHANCING THEIR SCHOOL READINESS THROUGH ACTIVITIES SUCH AS FINE & GROSS MOTOR SKILLS, SOCIAL & EMOTIONAL WELLBEING, LANGUAGE AND SPEECH DEVELOPMENT. OFFERED IN AN INCLUSIVE, FRIENDLY & STIMULATING ENVIRONMENT!

Subsidy & Payment Plans Available

WINTER

SESSION ONE:
JAN 13TH - FEB 12TH
PRICE: \$242

SESSION TWO:
FEB 17TH - MARCH 12TH
PRICE: \$194

SPRING

SESSION ONE:
MARCH 24TH - APRIL 30TH
PRICE: \$290

SESSION TWO:
MAY 5TH - JUNE 11TH
PRICE: \$290

For more information contact Sarah Brisson at sarah@waterfrontnc.ca or call 416.392.1509 ext 303

Waterfront Neighbourhood Centre

WATERFRONT NEIGHBOURHOOD CENTRE

P.E.E.P

PRESCHOOL EXPERIENCE ENRICHMENT PROGRAM

AGES 3-4 YRS

P.E.E.P IMPLEMENTS SCHOOL READINESS ACTIVITIES FOCUSING ON EARLY DEVELOPMENT STAGES SUCH AS FINE MOTOR, GROSS MOTOR, SOCIAL EMOTIONAL WELL-BEING, LANGUAGE & SPEECH DEVELOPMENT. OFFERED IN AN INCLUSIVE, FRIENDLY & STIMULATING ENVIRONMENT!

Subsidy & Payment Plans Available

HIGHLIGHTED BENEFITS:

- NAME TRACING & RECOGNITION
- NUMERACY
- LITERACY
- SOCIAL EMOTIONAL SKILL DEVELOPMENT

WINTER

SESSION 1
Dates: Jan 12th -Feb 13th
Fee: \$545

SESSION 2
Dates: Feb 18th - March 13th
Fee: \$399

SPRING

SESSION 1
Dates: March 23rd-May 1st
Fee: \$581

SESSION 2
Dates: May 4th - June 12th
Fee: \$617

FOR MORE INFORMATION PLEASE CONTACT SARAH@WATERFRONTNC.CA

www.waterfrontnc.ca 416 392 1509 ext. 303

Waterfront Neighbourhood Centre

PRE-SCHOOL PROGRAMS

waterfrontnc.ca/preschool

Pick and choose from a variety of programs that foster creativity and exploration among preschool children. These programs are offered for your children so they develop new skills, socialize and build a foundation for an active and healthy lifestyle.


For information, please contact Sarah at 416.392.1509 ext. 303 or sarah@waterfrontnc.ca

Scan the QR Code for details. Programs are subject to change without notice. Please check our website for updates and full listing details.

Program	Age	Date/Time/Fee	QR Code	
PEEP FOR TOTS Art, Dance, Education, Social	2 to 2	Session 1 Winter Jan 13 – Feb 12 Tue, Thur 9:30 AM-11:30 AM \$242.00 Session 2 Feb 17 – Mar 12 Tue, Thur 9:30 AM-11:30 AM \$194.00	 wymkk	
		Session 1 Spring Mar 24 – Apr 30 Tue, Thur 9:30 AM-11:30 AM \$290.00 Session 2 May 5 – Jun 11 Mon, Tue 9:30 AM-11:30 AM \$290.00		
	3 to 4	Winter Jan 18 – Mar 15 Sun 11:00 AM-11:45 AM \$43.00		 raj2c
		Spring Mar 29 – Jun 14 Sun 11:00 AM-11:45 AM \$57.00		
NEW! CLAY WITH ME Art, Dance, Education, Social	3 to 5	Winter Jan 18 – Mar 15 Sun 11:00 AM-12:00 PM \$56.00	 jadas	
		Spring Mar 29 – Jun 14 Sun 11:00 AM-12:00 PM \$75.00		
LIL' CHEFS Art, Dance, Education, Social	3 to 5	Winter Jan 17 – Mar 14 Sat 11:00 AM-12:00 PM \$56.00	 izx2l	
		Spring Mar 28 – Jun 13 Sat 11:00 AM-12:00 PM \$75.00		
NEW! Mini Movers & Groovers Art, Dance, Education, Social	3 to 4	Winter Jan 15 – Mar 12 Thur 3:30 PM-4:30 PM \$56.00 Drop-In: Yes – Fee: \$9.00	 3inai	
		Spring Mar 26 – Jun 11 Thur 3:30 PM-4:30 PM \$75.00 Drop-In: Yes		
PEEP (Pre-school Experiences Enrichment Program) Art, Dance, Education, Social	3 to 4	Session 1 Winter Jan 12 – Feb 13 Mon, Wed, Fri 9:00 AM-12:00 PM \$545.00 Session 2 Feb 18 – Mar 13 Mon, Wed, Fri 9:00 AM-12:00 PM \$399.00	 mwfdg	
		Session 1 Spring Mar 23 – May 1 Mon, Wed, Fri 9:00 AM-12:00 PM \$581.00 Session 2 May 4 – Jun 12 Mon, Wed, Fri 9:00 AM-12:00 PM \$617.00		

Fitness, Sports & Recreational Programs

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Program	Age	Date/Time/Fee	QR Code
NEW! Family Yoga Fitness, Recreation and Sports	2 to 4	Winter Jan 15 – Mar 12 Thur 12:15 PM-1:00 PM \$43.00	 7ngkq
		Spring Mar 26 – Jun 11 Thur 12:15 PM-1:00 PM \$57.00	

CHILDREN PROGRAMS

waterfrontnc.ca/preschool

Our children's programs for children ages 5 - 12yrs promote physical activity, social interaction, creativity and fun!






For information, please contact Sarah at 416.392.1509 ext. 303 or sarah@waterfrontnc.ca

Scan the QR Code for details. Programs are subject to change without notice. Please check our website for updates and full listing details.

Program	Age	Date/Time/Fee			QR Code		
NEW! A LITTLE BAKE SHOP Art, Dance, Education, Social	4 to 6	Winter	Jan 15 – Mar 12	Thur	5:00 PM-6:00 PM	\$56.00	 cuex1
		Spring	Mar 26 – Jun 11	Thur	5:00 PM-6:00 PM	\$75.00	
After School Daze Program! Art, Dance, Education, Social	5 to 12	Winter	Jan 5 – Mar 13	Mon, Tue, Wed, Thur, Fri	3:15 PM-6:00 PM	See flyer for details	 i0918
		Spring	Mar 23 – Jun 12	Mon, Tue, Wed, Thur, Fri	3:15 PM-6:00 PM	See flyer for details	
NEW! Children's Bollywood Dance Art, Dance, Education, Social	5 to 10	Winter	Jan 15 – Mar 12	Thur	5:15 PM-6:00 PM	\$43.00	 lruna
		Spring	Mar 26 – Jun 11	Thur	5:15 PM-6:00 PM	\$57.00	
Children's Hip Hop Art, Dance, Education, Social	5 to 10	Winter	Saturdays Jan 18 – Mar 15	Sun	2:00 PM-2:45 PM	\$43.00	 16u74
		Spring	Saturdays Mar 29 – Jun 14	Sun	2:00 PM-2:45 PM	\$57.00	
Kids Cooking Corner Art, Dance, Education, Social	5 to 9	Winter	Jan 15 – Mar 12	Thur	6:00 PM-7:30 PM	\$83.00	 4lk8n
		Spring	Mar 26 – Jun 11	Thur	6:00 PM-7:30 PM	\$111.00	
MUSICAL THEATRE FOR KIDS Art, Dance, Education, Social	5 to 6	Winter	Jan 15 – Mar 12	Thur	6:00 PM-7:00 PM	\$56.00	 nlyyx
		Spring	Mar 26 – Jun 11	Thur	6:00 PM-7:00 PM	\$75.00	
NEW! CHESS CLUB FOR BEGINNERS Art, Dance, Education, Social	6 to 10	Winter	Jan 13 – Mar 10	Tue	4:30 PM-5:30 PM	\$56.00 Drop-In: Yes - Fee: \$9.00	 8r2em
		Spring	Mar 24 – Jun 9	Tue	4:30 PM-5:30 PM	\$75.00 Drop-In: Yes	
NEW! Children's Ballet Art, Dance, Education, Social	6 to 10	Winter	Jan 18 – Mar 15	Sun	12:00 PM-12:45 PM	\$43.00	 m0g9v
		Spring	Mar 29 – Jun 14	Sun	12:00 PM-12:45 PM	\$57.00	
NEW! CLAY WITH ME Art, Dance, Education, Social	6 to 12	Winter	Jan 11 – Mar 15	Sun	1:00 PM-2:00 PM	\$56.00	 36xos
		Spring	Mar 29 – Jun 14	Sun	1:00 PM-2:00 PM	\$75.00	

CHILDREN PROGRAMS

waterfrontnc.ca/preschool

Program	Age	Date/Time/Fee	QR Code
NEW! FULL S.T.E.A.M AHEAD Art, Dance, Education, Social	6 to 10	Winter Jan 12 – Mar 9 Mon 6:00 PM-7:00 PM \$50.00	 qb6wm
		Spring Mar 23 – Jun 8 Mon 6:00 PM-7:00 PM \$63.00	
NEW! KIDS CRAFTERNOON Art, Dance, Education, Social	6 to 9	Winter Jan 16 – Mar 13 Fri 4:00 PM-5:00 PM \$56.00 Drop-In: Yes – Fee: \$9.00	 l1ff2
		Spring Mar 27 – Jun 12 Fri 4:00 PM-5:00 PM \$75.00 Drop-In: Yes – Fee: \$9.00	
NEW! KIDZ KODING Art, Dance, Education, Social	6 to 10	Class One Jan 13 – Mar 10 Tue 6:00 PM-7:00 PM \$56.00	 d7w0m
		Class Two Jan 13 – Mar 10 Tue 7:00 PM-8:00 PM \$56.00	
	Spring	Class One Mar 24 – Jun 9 Tue 6:00 PM-7:00 PM \$75.00	
		Class Two Mar 24 – Jun 9 Tue 7:00 PM-8:00 PM \$75.00	
Visual Arts Club Art, Dance, Education, Social	6 to 12	Winter Ages 6 – 11 yrs Jan 17 – Mar 14 Sat 3:00 PM-4:30 PM \$83.00	 4pvtk
		Spring	
	Spring Session 2 May 9 – Jun 13 Sat 3:00 PM-4:30 PM \$56.00		
MUSICAL THEATRE FOR KIDS Art, Dance, Education, Social	7 to 10	Winter Jan 15 – Mar 12 Thur 7:00 PM-8:00 PM \$56.00	 4f742
		Spring Mar 26 – Jun 11 Thur 7:00 PM-8:00 PM \$75.00	

Fitness, Sports & Recreational Programs

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Program	Age	Date/Time/Fee	QR Code
Children's Basketball – Ages 3 to 5 yrs. Fitness, Recreation and Sports	3 to 5	Winter Mondays Jan 12 – Mar 9 Mon 5:45 PM-6:30 PM \$38.00	 xmv2a
		Fridays Jan 16 – Mar 13 Fri 5:45 PM-6:30 PM \$43.00	
	Spring	Mondays Mar 23 – Jun 8 Mon 5:45 PM-6:30 PM \$48.00	
		Fridays Mar 27 – Jun 12 Fri 5:45 PM-6:30 PM \$52.00	
Tumble Totz Gymnastics Fitness, Recreation and Sports	3 to 5	Winter Class 1 Jan 17 – Mar 14 Sat 12:30 PM-1:15 PM \$129.00	 740ag
		Class 2 Jan 18 – Mar 15 Sun 12:00 PM-12:45 PM \$129.00	
	Spring	Class 1 Mar 28 – Jun 13 Sat 12:30 PM-1:15 PM \$172.00	
		Class 2 Mar 29 – Jun 14 Sun 12:00 PM-12:45 PM \$172.00	

CHILDREN PROGRAMS

waterfrontnc.ca/preschool

Program	Age	Date/Time/Fee	QR Code	
Children's Soccer – Ages 4 -10 yrs. Fitness, Recreation and Sports	4 to 10	Winter Class 1- Ages 4 to 5 yrs. Jan 17 – Mar 14 Sat 12:30 PM-1:15 PM \$43.00 Class 2 – Ages 6 to 10 yrs. Jan 17 – Mar 14 Sat 1:30 PM-2:15 PM \$43.00	 cwtlg	
		Spring Class 1 – Ages 4 to 5 yrs. Mar 28 – Jun 13 Sat 12:30 PM-1:15 PM \$57.00 Class 2 – Ages 6 to 10 yrs. Mar 28 – Jun 13 Sat 1:30 PM-2:15 PM \$57.00		
	5 to 12	Winter Mondays (Ages 5 – 8 yrs) – Beginner Jan 12 – Mar 9 Mon 4:45 PM-5:30 PM \$38.00 Mondays (Ages 5 – 8 yrs) – Beginner Intermediate Jan 12 – Mar 9 Mon 5:30 PM-6:15 PM \$38.00 Mondays (Ages 9 – 12 yrs) – Beginner Jan 12 – Mar 9 Mon 6:15 PM-7:00 PM \$38.00		 dexs5
		Spring Mondays (Ages 5 – 8 yrs) – Beginner Mar 23 – Jun 8 Mon 4:45 PM-5:30 PM \$48.00 Mondays (Ages 5 – 8 yrs) – Beginner/Intermediate Mar 23 – Jun 8 Mon 5:30 PM-6:15 PM \$48.00 Mondays (Ages 9 – 12 yrs) – Beginner Mar 23 – Jun 8 Mon 6:15 PM-7:00 PM \$48.00		
6 to 10		Winter Mondays Jan 12 – Mar 9 Mon 6:30 PM-7:15 PM \$38.00 Fridays Jan 16 – Mar 13 Fri 6:30 PM-7:15 PM \$43.00	 9u10m	
		Spring Mondays Mar 23 – Jun 8 Mon 6:30 PM-7:15 PM \$48.00 Fridays Mar 27 – Jun 12 Fri 6:30 PM-7:15 PM \$52.00		
	6 to 10	Winter Class 1 Jan 17 – Mar 14 Sat 1:30 PM-2:15 PM \$129.00 Class 2 Jan 18 – Mar 15 Sun 1:00 PM-1:45 PM \$129.00		 8ua41
		Spring Class 1 Mar 28 – Jun 13 Sat 1:30 PM-2:15 PM \$172.00 Class 2 Mar 29 – Jun 14 Sun 1:00 PM-1:45 PM \$172.00		



Waterfront Neighbour Centre is a peanut/tree nut free environment. Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area. Thank You.



Summer DAZE CAMP



Waterfront
Neighbourhood
Centre

AGES 5-12

Summer is a time to relax, a time to have fun, and most importantly it is a time to learn and grow! WNC Summer Daze Camp provides an enriching camp experience that offers a variety of fun activities and day trips.

2026 REGISTRATION BEGINS:

Monday, March 9th - Early Bird registration for current After School Daze Program Parents

Monday, March 16th - Community Member

Monday, April 13th - Associate Members (Associates are members living outside of WNC's catchment area).

Priority for camp space will be given to members living in WNC's catchment area prior to April 13th, 2026. Proof of Residence (driver's license, utility bill, etc.) and proof of age is required at the time of registration. Registration forms are available at Reception.

Camp Hours: 9:30 am - 4:30 pm | Extended Care Hours: 8:30 - 9:30 am | 4:30 - 5:30 pm

Community Member Fee:

Week 1 | June 29 - July 3: \$77
 Week 2 | July 6 - 10: \$96
 Week 3 | July 13 - 17: \$96
 Week 4 | July 20 - 24: \$96
 Week 5 | July 27 - July 31: \$96
 Week 6 | Aug 4 - 7: \$77
 Week 7 | Aug 10 - 14: \$96
 Week 8 | Aug 17 - 21: \$77

Weekly Extended Care fee:

Week 1 | ☐ \$21
 Week 2 | ☐ \$34
 Week 3 | ☐ \$34
 Week 4 | ☐ \$34
 Week 5 | ☐ \$34
 Week 6 | ☐ \$28
 Week 7 | ☐ \$34
 Week 8 | ☐ \$28

Additional Camp Information:

- **Register early and Save!**
Camp registration fees increase by 10% as of **Monday, June 1st**.
- **Deposit:**
A minimum 50% deposit of your total camp fee (including extended care fees) is required at time of registration.
- **Payment deadline:**
Camp fees are due in full by **Friday, June 5th**. Outstanding payments will result in loss of camp space.
- **Refunds:**
No refund will be given for cancellations after **Monday, June 1st**. Cancellations prior to June 2nd are subject to a \$10 administrative fee.
- **Camp T-Shirts:**
Required: one for \$12.00 or two for \$20.00. Subsidy is not applicable.
- **Important:**
For income tax purposes, it your responsibility to keep all copies of your monthly receipts provided by the WNC as we no longer issue income tax letters.

Associate Member Fee:

Week 1 | June 29 - Jul 3: \$100
 Week 2 | July 6 - 10: \$167
 Week 3 | July 13 - 17: \$167
 Week 4 | July 20 - 24: \$167
 Week 5 | July 27 - Jul 31: \$167
 Week 6 | Aug 4 - 7: \$134
 Week 7 | Aug 10 - 14: \$167
 Week 8 | Aug 17 - 21: \$134

Weekly Extended Care fee:

Week 1 | ☐ \$21
 Week 2 | ☐ \$34
 Week 3 | ☐ \$34
 Week 4 | ☐ \$34
 Week 5 | ☐ \$34
 Week 6 | ☐ \$28
 Week 7 | ☐ \$34
 Week 8 | ☐ \$28

We appreciate the financial support provided by our generous donors: The Toronto Star Fresh Air Fund, City of Toronto Children Services, and Government of Canada - Canada Summer Jobs.

CHILDREN PROGRAMS

waterfrontnc.ca/preschool

Camps and Special Events

Program	Age	Date/Time/Fee	QR Code
MARCH BREAK CAMP Camps and Special Events	5 to 12	March Mar 16 – Mar 20 Mon, Tue, Wed, Thur, Fri 9:30 AM-4:30 PM \$125.00	 94ro1
P.A. DAY CAMPS Camps and Special Events	5 to 12	Winter JANUARY 16TH – SKATING FUN! Jan 16 – Fri FEBRUARY 13TH – SKYZONE! Feb 13 – Fri 9:30 AM-4:30 PM \$25.00	 5bwpz
		Spring JUNE 6TH – TRIP TO CENTRE ISLAND! Jun 5 – Fri 9:30 AM-4:30 PM \$25.00	
	5 to 12	Summer Jun 29 – Aug 20 Mon, Tue, Wed, Thur, Fri 9:30 AM-4:30 PM See flyer for details	 56z83

WATERFRONT NEIGHBOURHOOD CENTRE

AGES 5-12 YRS

MARCH BREAK CAMP

FUN AND GAMES FOR EVERYONE! JOIN US FOR A WEEK FILLED WITH SPORTS, ARTS AND CRAFTS, ADVENTUROUS EXCURSIONS, SCIENCE EXPERIMENTS AND MORE!

DATES: MONDAY MARCH 16TH - FRIDAY MARCH 20TH

CAMP TIME: 9:30AM - 4:30PM

EXTENDED CARE: 8:30AM - 5:30PM

CAMP FEE: \$125.00 (TRIP FEES ADDITIONAL)

EXTENDED CARE FEE: \$34.00

SUBSIDY AVAILABLE

REGISTRATION OPENS IN-PERSON ON FEBRUARY 2nd AT 9:30AM

FOR MORE INFORMATION CONTACT
SARAH@WATERFRONTNC.CA OR
CALL 416 392 1509 EXT. 303





Waterfront Neighbourhood Centre

BE-A-BUD

SEND A KID TO SUMMER DAZE CAMP!

Help us raise our goal of \$6000!

HELP CREATE SPECIAL SUMMER MEMORIES FOR A CHILD IN OUR COMMUNITY!

\$96 SENDS A CHILD TO SUMMER DAY CAMP FOR A FUN-FILLED WEEK!

- Donations of \$20 minimum will receive a charitable donation tax receipt.
- WNC accepts Visa, MasterCard, Interac & cash.
- Donations can be made online at: www.waterfrontnc.ca or in person at WNC.
- Money raised through Be A Bud will be applied to 2026 camp fee subsidies.

FOR MORE INFORMATION PLEASE CONTACT SARAH
BRISSON AT SARAH@WATERFRONTNC.CA
OR CALL 416 392 1509 EXT. 303




YOUTH PROGRAMS

waterfrontnc.ca/youth

Youth Programs focus on helping youth engage, develop, explore, and reach their full potential. Through program engagement and participation, youth increase their leadership skills, and autonomy while creating long-time friendships with their peers and learning from their Youth Mentors. Youth develop a sense of belonging by becoming an active member of their community, creating new opportunities and memories that will last a lifetime!

For information, please contact Cheyenne at 416.392.1509 ext. 304 or cheyenne@waterfrontnc.ca

Scan the QR Code for details. Programs are subject to change without notice. Please check our website for updates and full listing details.

Program	Age	Date/Time/Fee	QR Code
Tween and Youth Cooking Challenge Art, Dance, Education, Social	11 to 18	Winter Gr.6-8 Jan 15 – Mar 5 Thur 3:30 PM-6:00 PM Free Drop-In: Yes	
		Spring Gr.6-8 Mar 26 – Jun 11 Thur 3:30 PM-6:00 PM Free Drop-In: Yes	9fn85
NEW! Tween and Youth Music and Arts Multimedia Program Art, Dance, Education, Social	11 to 18	Winter Gr.6-12 Jan 13 – Mar 10 Tue 3:30 PM-6:00 PM Free	
		Spring Gr.6-12 Mar 24 – Jun 9 Tue 3:30 PM-6:00 PM Free	ijwqf
Get Jobs For Youth – Mon. (in-person) & Tues. (online/by appointment only) Art, Dance, Education, Social	14 to 24	Winter Appointment Required Jan 12 – Mar 10 Mon, Tue 6:00 PM-9:00 PM Free	
		Spring Appointment Required Mar 23 – Jun 9 Mon, Tue 6:00 PM-9:00 PM Free	jelr8
NEW! Youth Baking Art, Dance, Education, Social	14 to 24	Winter Ages 14 – 24 Jan 12 – Mar 9 Mon 6:00 PM-9:00 PM Free	
		Spring Ages 14-24 Mar 24 – Jun 12 Mon 6:00 PM-9:00 PM Free	nx9wp
Youth Cooking Art, Dance, Education, Social	14 to 24	Winter Ages 14-24 Jan 14 – Mar 11 Wed 6:00 PM-9:00 PM Free	
		Spring Ages 14-24 Mar 25 – Jun 10 Wed 6:00 PM-9:00 PM Free Drop-In: Yes	hzx1e
NEW! Youth Skills Program Art, Dance, Education, Social	14 to 19	Winter Gr. 9-12 Jan 12 – Mar 6 Mon, Wed, Fri 4:30 AM-7:30 PM Free Drop-In: Yes	
		Spring Gr. 9-12 Mar 16 – Jun 12 Mon, Wed, Fri 4:30 AM-7:30 PM Free Drop-In: Yes	flogf



Waterfront Neighbour Centre is a peanut/tree nut free environment. Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area. Thank You.



YOUTH PROGRAMS

waterfrontnc.ca/youth


Program	Age	Date/Time/Fee	QR Code
Multimedia Studio - NEW TIME! Art, Dance, Education, Social	18 to 24	Tuesday Jan 13 - Mar 10 Tue 11:30 AM-12:30 PM Free Drop-In: Yes	 l8mz4
		Winter Jan 13 - Mar 10 Tue 6:00 PM-9:00 PM Free Drop-In: Yes	
		Thursday Jan 15 - Mar 12 Thur 11:30 AM-12:30 PM Free Drop-In: Yes	
		Jan 15 - Mar 12 Thur 3:00 PM-8:00 PM Free Drop-In: Yes	
		Tuesday Mar 24 - Jun 9 Tue 11:30 AM-12:30 PM Free Drop-In: Yes	
		Spring Mar 24 - Jun 9 Tue 6:00 PM-9:00 PM Free Drop-In: Yes	
		Thursday Mar 26 - Jun 11 Thur 11:30 AM-12:30 PM Free Drop-In: Yes	
		Mar 26 - Jun 11 Thur 3:00 PM-8:00 PM Free Drop-In: Yes	

Fitness, Sports & Recreational Programs

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Program	Age	Date/Time/Fee	QR Code
Youth Basketball Fitness, Recreation and Sports	11 to 15	Winter Ages 11-15 Jan 12 - Mar 13 Mon, Fri 6:00 PM-7:15 PM Free	 iikkw
		Spring Ages 11-15 Mar 23 - Jun 12 Mon, Fri 6:00 PM-7:15 PM Free	
Youth Sports and Recreation Fitness, Recreation and Sports	14 to 24	Winter Multi-Sports and Interactive Games Jan 14 - Mar 11 Wed 6:00 PM-7:15 PM Free	 yjva0
		Spring Multi-Sports and Interactive Games Mar 25 - Jun 10 Wed 6:00 PM-7:15 PM Free	
Youth Basketball Fitness, Recreation and Sports	16 to 24	Winter Ages 16-24 Jan 15 - Mar 12 Thur 6:00 PM-9:00 PM Free	 s8i28
		Spring Ages 16-24 Mar 26 - Jun 11 Thur 6:00 PM-9:00 PM Free	

Camps and Special Events

Program	Age	Date/Time/Fee	QR Code
Tween PA Day Camp Camps and Special Events	11 to 14	Movie Theatre - please note that trips are subject to change. Jan 16 - Fri 11:00 AM-4:30 PM See flyer for details	 wsank
		Winter Mystery Room- please note that trips are subject to change. Feb 13 - Fri 11:00 AM-4:30 PM See flyer for details	
		Spring Indoor Go-karting - please note that trips are subject to change. Jun 5 - Fri 11:00 AM-4:30 PM See flyer for details	

SENIORS PROGRAMS

waterfrontnc.ca/seniors

Waterfront Neighbourhood Centre offers an array of diverse and active programs for all seniors, looking to meet new people, stay healthy and have fun. Join our enriching programs specifically designed for older adults 55+.







For information, please contact Elizabeth at 416.392.1509 ext. 327 or elizabeth@waterfrontnc.ca

Scan the QR Code for details. Programs are subject to change without notice. Please check our website for updates and full listing details.

Program	Age	Date/Time/Fee				QR Code	
Afternoon Tea & Social Art, Dance, Education, Social	55 +	Winter	Jan 12 – Mar 9	Mon	1:00 PM-3:00 PM	Free Drop-In: Yes	 yodv
		Spring	Mar 23 – Jun 8	Mon	1:00 PM-3:00 PM	Free Drop-In: Yes	
Art Studio Art, Dance, Education, Social	55 +	Winter	Jan 16 – Mar 13	Fri	11:00 AM-1:00 PM	Free Drop-In: Yes	 frisd
		Spring	Mar 27 – Jun 12	Fri	11:00 AM-1:00 PM	Free Drop-In: Yes	
Baking for Fun Art, Dance, Education, Social	55 +	Winter	Jan 14 – Mar 11	Wed	12:30 PM-2:00 PM	Free Drop-In: Yes	 c6y2w
		Spring	Mar 25 – Jun 10	Wed	12:30 PM-2:00 PM	Free Drop-In: Yes	
Board Games & Fun! Art, Dance, Education, Social	55 +	Winter	Jan 15 – Mar 12	Thur	1:00 PM-3:00 PM	Free Drop-In: Yes	 fhpve
		Spring	Mar 26 – Jun 11	Thur	1:00 PM-3:00 PM	Free Drop-In: Yes	
NEW! Brain Gym Art, Dance, Education, Social	55 +	Winter	Jan 13 – Mar 10	Tue	3:00 PM-4:00 PM	Free Drop-In: Yes	 89qu5
		Spring	Mar 24 – Jun 9	Tue	3:00 PM-4:00 PM	Free Drop-In: Yes	
Empowering Healthy Lives: Community Workshops for Well-Being and Inclusion Art, Dance, Education, Social	55 +	Winter	Jan 14 – Mar 11	Wed	10:00 AM-12:00 PM	Free Drop-In: Yes	 sy6a
		Spring	Mar 25 – Jun 10	Wed	10:00 AM-12:00 PM	Free Drop-In: Yes	
Just Dance (Your Way!) Art, Dance, Education, Social	55 +	Winter	Class 1		11:00 AM-12:00 PM	\$23.00 Drop-In: Yes - Fee: \$3.50	 mphep
			Choreography				
			Jan 17 – Mar 14	Sat			
		Spring	Class 1		11:00 AM-12:00 PM	\$30.00 Drop-In: Yes - Fee: \$3.50	
			Choreography				
			Mar 28 – Jun 13	Sat			
		Class 1		12:15 PM-1:15 PM	\$30.00 Drop-In: Yes - Fee: \$3.50		
		Choreography					
				Mar 28 – Jun 13	Sat		


SENIORS PROGRAMS

waterfrontnc.ca/seniors

Program	Age	Date/Time/Fee			QR Code		
Men's Coffee Social Art, Dance, Education, Social	55 +	Winter	Jan 13 – Mar 10	Tue	1:00 PM-3:00 PM	Free Drop-In: Yes	 r0zsu
		Spring	Mar 24 – Jun 9	Tue	1:00 PM-3:00 PM	Free Drop-In: Yes	
NEW! Seniors Bollywood Dance Art, Dance, Education, Social	55 +	Winter	Jan 15 – Mar 12	Thur	4:00 PM-5:00 PM	\$23.00 Drop-In: Yes – Fee: \$3.50	 au3li
		Spring	Mar 26 – Jun 11	Thur	4:00 PM-5:00 PM	\$30.00 Drop-In: Yes	
Seniors Tech Talk Art, Dance, Education, Social	55 +	Winter	Jan 12 – Mar 9	Mon	11:00 AM-12:00 PM	Free Drop-In: Yes	 h08ya
		Spring	Mar 23 – Jun 8	Mon	11:00 AM-12:00 PM	Free Drop-In: Yes	
NEW! Spanish Circle Art, Dance, Education, Social	55 +	Winter	Jan 15 – Mar 12	Thur	3:30 PM-4:30 PM	Free Drop-In: Yes	 2g62f
		Spring	Mar 26 – Jun 11	Thur	3:30 PM-4:30 PM	Free Drop-In: Yes	
NEW! Stitch & Share Art, Dance, Education, Social	55 +	Winter	Jan 16 – Mar 13	Fri	1:00 PM-3:00 PM	Free Drop-In: Yes	 3p23s
		Spring	Mar 27 – Jun 12	Fri	1:00 PM-3:00 PM	Free Drop-In: Yes	
Women's Circle Art, Dance, Education, Social	55 +	Winter	Jan 15 – Mar 12	Thur	11:00 AM-12:30 PM	Free Drop-In: Yes	 bsqlx
		Spring	Mar 26 – Jun 11	Thur	11:00 AM-12:30 PM	Free Drop-In: Yes	








Fitness, Sports & Recreational Programs

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Program	Age	Date/Time/Fee			QR Code		
Full Body Strengthening Fitness, Recreation and Sports	55 +	Class 1			 cnjsr		
		Winter	Jan 15 – Mar 12	Thur		1:30 PM-2:30 PM	\$23.00 Drop-In: Yes – Fee: \$3.50
			Class 2			\$23.00 Drop-In: Yes – Fee: \$3.50	
		Spring	Jan 15 – Mar 12	Thur		2:45 PM-3:45 PM	\$30.00 Drop-In: Yes – Fee: \$3.50
			Full Body Strengthening: Sitting and Standing Cardio			\$30.00 Drop-In: Yes – Fee: \$3.50	
			Mar 26 – Jun 11	Thur		1:30 PM-2:30 PM	\$30.00 Drop-In: Yes – Fee: \$3.50
Class 2			\$30.00 Drop-In: Yes – Fee: \$3.50				
Mar 26 – Jun 11	Thur	2:45 PM-3:45 PM	\$30.00 Drop-In: Yes – Fee: \$3.50				



SENIORS PROGRAMS

waterfrontnc.ca/seniors

Program	Age	Date/Time/Fee				QR Code	
Funky Fitness Fitness, Recreation and Sports	55 +	Winter	Class 1		\$20.00 Drop-In: Yes - Fee: \$3.50	 evf18	
			Jan 12 – Mar 9	Mon			3:15 PM-4:15 PM
		Winter	Class 2		\$23.00 Drop-In: Yes - Fee: \$3.50		
			Jan 13 – Mar 10	Tue			4:00 PM-5:00 PM
		Spring	Class 1		\$25.00 Drop-In: Yes - Fee: \$3.50		
			Mar 23 – Jun 8	Mon			3:15 PM-4:15 PM
Spring	Class 2		\$30.00 Drop-In: Yes - Fee: \$3.50				
Mar 24 – Jun 9	Tue	4:00 PM-5:00 PM					
	Winter	Jan 14 – Mar 11	Wed	9:30 AM-10:30 AM	\$23.00 Drop-In: Yes - Fee: \$3.50	 s07pa	
Spring		Mar 25 – Jun 10	Wed	9:30 AM-10:30 AM	\$30.00 Drop-In: Yes - Fee: \$3.50		
Gentle Yoga (Hatha) Fitness, Recreation and Sports	55 +	Winter	Jan 12 – Mar 9	Mon	9:45 AM-10:45 AM	\$20.00 Drop-In: Yes - Fee: \$3.50	 foc2i
		Spring	Mar 23 – Jun 8	Mon	9:45 AM-10:45 AM	\$25.00 Drop-In: Yes - Fee: \$3.50	
NEW! Qigong Fitness, Recreation and Sports	55 +	Winter	Jan 13 – Mar 10	Tue	5:15 PM-6:15 PM	\$23.00 Drop-In: Yes - Fee: \$3.50	 mkwvh
		Spring	Mar 24 – Jun 9	Tue	5:15 PM-6:15 PM	\$30.00 Drop-In: Yes	
Senior Sports Fitness, Recreation and Sports	55 +	Winter	Jan 16 – Mar 13	Fri	3:30 PM-4:30 PM	Free Drop-In: Yes	 wdao3
		Spring	Mar 27 – Jun 12	Fri	3:30 PM-4:30 PM	Free Drop-In: Yes	
Senior's Walking Group Fitness, Recreation and Sports	55 +	Winter	Jan 13 – Mar 10	Tue	11:00 AM-12:00 PM	Free Drop-In: Yes	 eolog
		Spring	Mar 24 – Jun 9	Tue	11:00 AM-12:00 PM	Free Drop-In: Yes	
NEW! Seniors Cardio Carnival Fitness, Recreation and Sports	55 +	Winter	Jan 14 – Mar 11	Wed	5:15 PM-6:15 PM	\$23.00	 7a3jx
		Spring	Mar 25 – Jun 10	Wed	5:15 PM-6:15 PM	\$30.00 Drop-In: Yes - Fee: \$3.50	

SENIORS PROGRAMS

waterfrontnc.ca/seniors

Program	Age	Date/Time/Fee	QR Code
Tai Chi Fitness, Recreation and Sports	55 +	Tai Chi & Qigong Jan 14 – Mar 11 Wed 11:00 AM-12:00 PM \$23.00 Drop-In: Yes – Fee: \$3.50	 udc5p
		Tai Chi & Qigong Winter Jan 16 – Mar 13 Fri 10:00 AM-11:00 AM \$23.00 Drop-In: Yes – Fee: \$3.50	
		Tai Chi Sword & Kung Fu Fan Jan 16 – Mar 13 Fri 11:15 AM-12:15 PM \$23.00 Drop-In: Yes – Fee: \$3.50	
		Tai Chi & Qigong Mar 25 – Jun 10 Wed 11:00 AM-12:00 PM \$30.00 Drop-In: Yes – Fee: \$3.50	
	Tai Chi & Qigong Spring Mar 27 – Jun 12 Fri 10:00 AM-11:00 AM \$28.00 Drop-In: Yes – Fee: \$3.50		
	Tai Chi Sword & Kung Fu Fan Mar 27 – Jun 12 Fri 11:15 AM-12:15 PM \$28.00 Drop-In: Yes – Fee: \$3.50		
	Winter Jan 16 – Mar 13 Fri 4:30 PM-5:30 PM \$23.00 Drop-In: Yes – Fee: \$3.50	 pvcr1	
	Spring Mar 27 – Jun 12 Fri 4:30 PM-5:30 PM \$28.00 Drop-In: Yes – Fee: \$3.50		



LOVE TO SING? COME SING WITH US!

a non-auditioned, community choir

“20th Anniversary”

Rehearsals are Tuesdays, 7:30pm - 9:00pm at the
 Waterfront Neighbourhood Centre

Our session runs from January through June.

Winter Session starts January 13th.



A membership fee applies.

For Information, contact

harbourfrontchorus@gmail.com

or visit us at

<https://www.facebook.com/harbourfrontchorus>

ADULT & FITNESS PROGRAMS




waterfrontnc.ca/adult

Waterfront Neighbourhood Centre wants to help you stay healthy & active! We have some exciting new instructors teaching the classes that you'll love!

- Fitness Programs
- Recreational Sports
- Weight Room

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Scan the QR Code for details. Programs are subject to change without notice. Please check our website for updates and full listing details.

Program	Age	Date/Time/Fee	QR Code
Afro-Cuban Dance Art, Dance, Education, Social	18 +	Class 1 Winter Jan 17 – Mar 14 Sat 2:45 PM-3:45 PM \$63.00 Drop-In: Yes - Fee: \$9.00	 4gjk6
		Class 2 Jan 17 – Mar 14 Sat 3:45 PM-4:45 PM \$63.00 Drop-In: Yes - Fee: \$9.00	
		Class 1 Spring Mar 28 – Jun 13 Sat 2:45 PM-3:45 PM \$84.00 Drop-In: Yes - Fee: \$9.00	
		Class 2 Mar 28 – Jun 13 Sat 3:45 PM-4:45 PM \$84.00 Drop-In: Yes - Fee: \$9.00	
Art Night Out Art, Dance, Education, Social	18 +	Winter Jan 15 – Mar 12 Thur 5:30 PM-7:00 PM \$95.00 Drop-In: Yes - Fee: \$12.00	 s4oh3
		Session 1 Spring Mar 26 – Apr 30 Thur 5:30 PM-7:00 PM \$63.00 Drop-In: Yes - Fee: \$12.00	
		Session 2 May 7 – Jun 11 Thur 5:30 PM-7:00 PM \$63.00 Drop-In: Yes - Fee: \$12.00	
Dance Mix Sundays Art, Dance, Education, Social	18 +	Winter Jan 18 – Mar 15 Sun 3:00 PM-4:00 PM \$63.00 Drop-In: Yes - Fee: \$9.00	 ala1w
		Spring Mar 29 – Jun 14 Sun 3:00 PM-4:00 PM \$84.00 Drop-In: Yes - Fee: \$9.00	









To view program's detail information, scan the QR Code or visit our website at waterfrontnc.ca/programguide

ADULT & FITNESS PROGRAMS

waterfrontnc.ca/adult

Fitness, Sports & Recreational Programs

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Program	Age	Date/Time/Fee	QR Code
Body Sculpt & Condition Fitness, Recreation and Sports	18 +	Winter Not Offered.	 5nr13
		Spring Mar 24 – Jun 9 Tue 6:30 PM-7:30 PM \$84.00 Drop-In: Yes – Fee: \$9.00	
NEW! Cardio Carnival Fitness, Recreation and Sports	18 +	Winter Jan 14 – Mar 11 Wed 6:30 PM-7:30 PM \$63.00 Drop-In: Yes – Fee: \$9.00	 uzqj2
		Spring Mar 25 – Jun 10 Wed 6:30 PM-7:30 PM \$84.00 Drop-In: Yes – Fee: \$9.00	
NEW! Cardio Shred Fitness, Recreation and Sports	18 +	Winter Jan 15 – Mar 12 Thur 6:00 PM-7:00 PM \$63.00 Drop-In: Yes – Fee: \$9.00	 jsqp
		Spring Mar 26 – Jun 11 Thur 6:00 PM-7:00 PM \$84.00 Drop-In: Yes	
Co-Ed Badminton Fitness, Recreation and Sports	18 +	Winter Jan 13 – Mar 10 Tue 7:30 PM-9:15 PM Drop-In: Yes – Fee: \$4.50	 6orz9
		Spring Mar 24 – Jun 9 Tue 7:30 PM-9:15 PM Drop-In: Yes – Fee: \$4.50	
Co-Ed Pickleball Fitness, Recreation and Sports	18 +	Tuesday Jan 13 – Mar 10 Tue 6:00 PM-7:15 PM Drop-In: Yes – Fee: \$4.50	 20uo0
		Winter Saturday Jan 13 – Mar 10 Sat 2:30 PM-4:15 PM Drop-In: Yes – Fee: \$4.50	
		Spring Tuesday Mar 24 – Jun 9 Tue 6:00 PM-7:15 PM Drop-In: Yes – Fee: \$4.50	
		Spring Saturday Mar 28 – Jun 13 Sat 2:30 PM-4:15 PM Drop-In: Yes – Fee: \$4.50	
Co-Ed Volleyball Fitness, Recreation and Sports	18 +	Winter Jan 12 – Mar 11 Mon, Wed 7:30 PM-9:15 PM Drop-In: Yes – Fee: \$4.50	 xrtj9
		Spring Mar 23 – Jun 10 Mon, Wed 7:30 PM-9:15 PM Drop-In: Yes – Fee: \$4.50	







Waterfront Neighbour Centre is a **peanut/tree nut free** environment. Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area. Thank You.



ADULT & FITNESS PROGRAMS

waterfrontnc.ca/adult

Program	Age	Date/Time/Fee	QR Code			
NEW! HIIT the Dance Floor Fitness, Recreation and Sports	18 +	Monday Jan 12 – Mar 9 Mon 7:15 PM-8:15 PM \$56.00 Drop-In: Yes – Fee: \$9.00	 420nw			
		Winter Friday Jan 16 – Mar 13 Fri 5:45 PM-6:45 PM \$63.00 Drop-In: Yes – Fee: \$9.00				
		Monday Mar 23 – Jun 8 Mon 7:15 PM-8:15 PM \$70.00 Drop-In: Yes – Fee: \$9.00				
		Spring Friday Mar 27 – Jun 12 Fri 5:45 PM-6:45 PM \$77.00 Drop-In: Yes – Fee: \$9.00				
		Pilates Fitness, Recreation and Sports		18 +	Winter Jan 17 – Mar 14 Sat 12:15 PM-1:15 PM \$63.00 Drop-In: Yes – Fee: \$9.00	 3bt21
		Spring Mar 28 – Jun 13 Sat 12:15 PM-1:15 PM \$84.00 Drop-In: Yes – Fee: \$9.00				
NEW! Tone-Up Tuesdays Bootcamp Fitness, Recreation and Sports	18 +	Winter Jan 13 – Mar 10 Tue 11:45 AM-12:45 PM \$63.00 Drop-In: Yes – Fee: \$9.00	 e9z79			
		Spring Mar 24 – Jun 9 Tue 11:45 AM-12:45 PM \$84.00 Drop-In: Yes				
Yoga Fitness, Recreation and Sports	18 +	Winter Jan 17 – Mar 14 Sat 1:30 PM-2:30 PM \$63.00 Drop-In: Yes – Fee: \$9.00	 oyt2z			
		Spring Mar 28 – Jun 13 Sat 1:30 PM-2:30 PM \$84.00 Drop-In: Yes – Fee: \$9.00				

Weight Room Facility

Weight Room Hours of Operation

Gym Hours

Monday - Friday: 8:00 AM - 9:00 PM
Saturday: 1:00 PM - 5:00 PM
Sunday: 11:00 AM - 5:00 PM

Women Only

Tuesday: 6:30 PM - 7:30 PM
Thursday: 6:30 PM - 7:30 PM
Saturday: 11:00 AM - 1:00 PM

Youth (16 - 24 years) & Seniors 60+

\$8.50 / month
\$45 / 6 months
\$89.50 / 1 year

Adult Members (24+ years)

\$25 / month
\$124 / 6 months
\$236 / 1 year

\$6.50 ID card (onetime fee)
WNC membership is required

Visit website waterfrontnc.ca/weightroom for more information.

COMMUNITY DEVELOPMENT PROGRAMS

waterfrontnc.ca/community

Waterfront Neighbourhood Centre exercises to create safe spaces and supportive activities for the diverse communities in the Waterfront! We offer a number of community services including a clothing program, information and referral program, as well other community activities and special events.

Scan the QR Code for details. Programs are subject to change without notice. Please check our website for updates and full listing details.

Program	Age	Date/Time/Fee	QR Code
NEW! Clothing Bank Program Art, Dance, Education, Social	0 +	Winter Jan 13 – Mar 10 Tue 1:00 PM-3:00 PM Free Drop-In: Yes	
		Spring Mar 24 – Jun 2 Tue 1:00 PM-3:00 PM Free Drop-In: Yes	
Community Kitchen Program Art, Dance, Education, Social	18 +	Winter Jan 13 – Mar 10 Tue 4:30 PM-6:30 PM Free Drop-In: Yes	
		Spring Mar 24 – Jun 9 Tue 4:30 PM-6:30 PM Free Drop-In: Yes	
Information, Support & Referrals Program Art, Dance, Education, Social	18 +	Winter Jan 14 – Mar 11 Wed 11:00 AM-3:00 PM Free	
		Spring Mar 25 – Jun 10 Wed 11:00 AM-3:00 PM Free	
Conversational English Club Art, Dance, Education, Social	55 +	Winter Jan 12 – Mar 9 Tue 9:00 AM-10:30 AM Free Drop-In: Yes	
		Spring Mar 23 – Jun 3 Tue 9:00 AM-10:30 AM Free Drop-In: Yes	



Mr. Cliff's Beginner Orchestra

RUNS SUNDAYS JANUARY 18TH - JUNE 14TH
TIME: 11:00AM - 4:00PM
LOCATION: 627 QUEENS QUAY WEST
ASSEMBLY A

SOME INSTRUMENTS PROVIDED FOR A SMALL FEE.

\$10 PER CLASS
AGE 7 +

HAVE FUN WITH MUSIC IN A WELCOMING ENVIRONMENT



- Violin
- Cello
- Upright Bass
- Trombone
- Trumpet
- Clarinet
- Flute
- Keyboard
- Percussion and Steel Pan
- Recorder
- Harmonica
- Ukulele

FOR MORE INFO: PLEASE CALL CLIFF OJALA
416-874-7159

COMMUNITY CONNECT GARDEN

Come join us in our Community connect Garden! You can support our garden by:

- VOLUNTEERING (COMMUNITY)
- VOLUNTEERING (CORPORATE)
- ATTENDING GARDENING WORKSHOPS
- SUPPORTING OUR WEEKLY HARVEST MARKETS

For more info, contact:

 416-392-1509

 chase@waterfrontnc.ca





WNC Clothing Bank

**CLOTHING BANK PROGRAM IS
OFFERED BIWEEKLY ON TUESDAYS
FROM 1:00 PM - 3:00 PM IN
ASSEMBLY C**

**Please note: Clients can select up to 4 items
only. Thank you for your understanding.**

Visit the link below to donate today! Your
donation will help to purchase essential
clothing items.

waterfrontnc.ca/support/donate-today/

To book a separate appointment contact:

Gaby Motta - Senior & Community Development Manager
@ 416-392-1509 ext. 328 / gaby@waterfrontnc.ca
627 Queens Quay West Toronto, ON, M5V 3G3

Winter & Spring Session Dates:

- January 13th
- January 27th
- February 10th
- February 24th
- March 10th
- March 24th
- April 7th
- April 21st
- May 5th
- May 19th
- June 2nd



FACILITY RENTAL



PLANNING AN EVENT ?

WATERFRONT NEIGHBOURHOOD CENTRE FACILITIES ARE AVAILABLE FOR SOCIAL OR BUSINESS FUNCTIONS.

For more information and to book space, please contact Liz Oliveira, Manager, Facility Operations, liz@waterfrontnc.ca | 416.392.1509 x329

	Dance Studio	Medium Assembly	Assembly Room A	Assembly Room B	Assembly Room C
Waterfront View	☑		☑	☑	☑
Audio Equipment	☑	☑	☑	☑	☑
Projection Screen	☑	☑	☑	☑	☑
Ballet Bars	☑				☑
Mirrored Wall(s)	☑	☑			☑
Maximum Capacity (No. of people)	100	80	40	15	40

Gymnasium	<ul style="list-style-type: none"> 80' x 60' Sprung hardwood floor High ceilings Partition divides room in half Portable stage and curtain backdrop 	<ul style="list-style-type: none"> Built-in sound and lighting systems Projection screen Maximum 288 people per half room Maximum 576 people per full room 	<ul style="list-style-type: none"> Non Profit: \$166/hour + HST Commercial: \$331/hour + HST Arts & Culture: \$249/hour + HST Leagues: \$71/hour + HST
Outdoor Basketball Courts	<ul style="list-style-type: none"> Rated #1 court in Toronto by CourtHawk.com Rubber court surface and classic backboards Night time lighting 	<ul style="list-style-type: none"> Hourly: \$166 per hour + HST 	
Garden Courtyard (Max. 50 people)	<ul style="list-style-type: none"> 6.6' x 38.1' BBQ Patio tables and chairs with umbrellas 	<ul style="list-style-type: none"> Non Profit: \$27 per hour + HST Profit: \$83 per hour + HST Arts & Culture: \$56 per hour + HST 	

Dance Studio / Medium Assembly Rental Rates

- Non Profit: \$27 per hour + HST
- Profit: \$83 per hour + HST
- Arts & Culture : \$56 per hour + HST

Assembly Room A, B, and C Rental Rates

- Non Profit: \$17 per hour + HST
- Profit: \$39 per hour + HST
- Arts & Culture : \$28 per hour + HST

Please note all rentals before or after regular hours of operation are subject to additional staff fee of \$50 per hour.

View or Book WNC Facility Online www.waterfrontnc.ca/rentals
100% of Rental Revenues Support WNC Community Programs and Services



Help us **raise**
\$5,000 for
grocery cards that
will be provided to
waterfront **families**
& **neighbours!**

Because no one should ever go to bed hungry.

WNC Community Grocey Drive

Food Cards gratefully accepted at WNC. Donations can be made in person, by telephone or online at <https://waterfrontnc.ca/donate>



The Waterfront Neighbourhood Centre Charitable Fund (WNCCF) is a registered charity, which accepts donations on behalf of the Waterfront Neighbourhood Centre. Monetary donations of \$20 or more made through the WNCCF receive charitable tax receipts at the end of the year. Please make out cheques to WNCCF. Only donations made through WNCCF are eligible for a charitable tax receipt.

627 Queens Quay W, Toronto ON M5V 3G3
416.392.1509 | charity@waterfrontnc.ca



Waterfront Neighbourhood Centre
CHARITABLE FUND