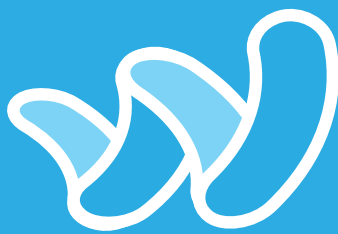




WINTER & SPRING 2024 PROGRAM GUIDE



Waterfront
Neighbourhood
Centre

627 Queens Quay West,
Toronto, ON M5V 3G3
☎ 416.392.1509

✉ info@waterfrontnc.ca
🌐 www.waterfrontnc.ca
📱 [f](#) [i](#) [t](#) [w](#) [h](#) [e](#) [l](#) [l](#) [o](#) [w](#) [e](#) [r](#) [n](#) [e](#) [t](#) [c](#) [a](#) [t](#) [o](#)



BATHURST & QUEENS QUAY

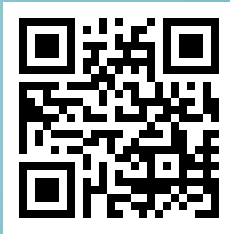
Family · Pre-School · Children · Youth · Seniors · Adult Fitness · Community

Need a place for a birthday party or celebration?

A place for your team meeting or training?

WNC facilities are available for rent.

For information and a virtual 360 tour, visit our website waterfrontnc.ca/rentals or contact Liz Oliveira, Manager, Facility Operations, liz@waterfrontnc.ca



A lifetime of
music TM
begins here.





Contact
us to visit
a class!

(416) 283-0589
www.funwithmusictogether.ca

Fun with Music Together




 627 Queens Quay West
(Bathurst & Queens Quay)
Toronto, ON M5V 3G3


 info@waterfrontnc.ca

 fb.com/waterfrontncTO

 WaterfrontncTO

 WaterfrontncTO

 416.392.1509

 416.392.1512

 www.waterfrontnc.ca

Hours of Operations

Monday to Friday 9:30 AM - 9:30 PM

Reception Desk is closed for lunch between
1:00 PM - 2:00 PM and closes at 8:00 PM

Saturday & Sunday 11:00 AM - 5:00 PM

Program information (dates/times/fees/days) are subject to change or be adjusted at time of registration. Photography Credits: WNC Photo Archives, Dominic Chan (dominicchan.ca), Rick Vyrosto (rickvyrostkophotography.com).

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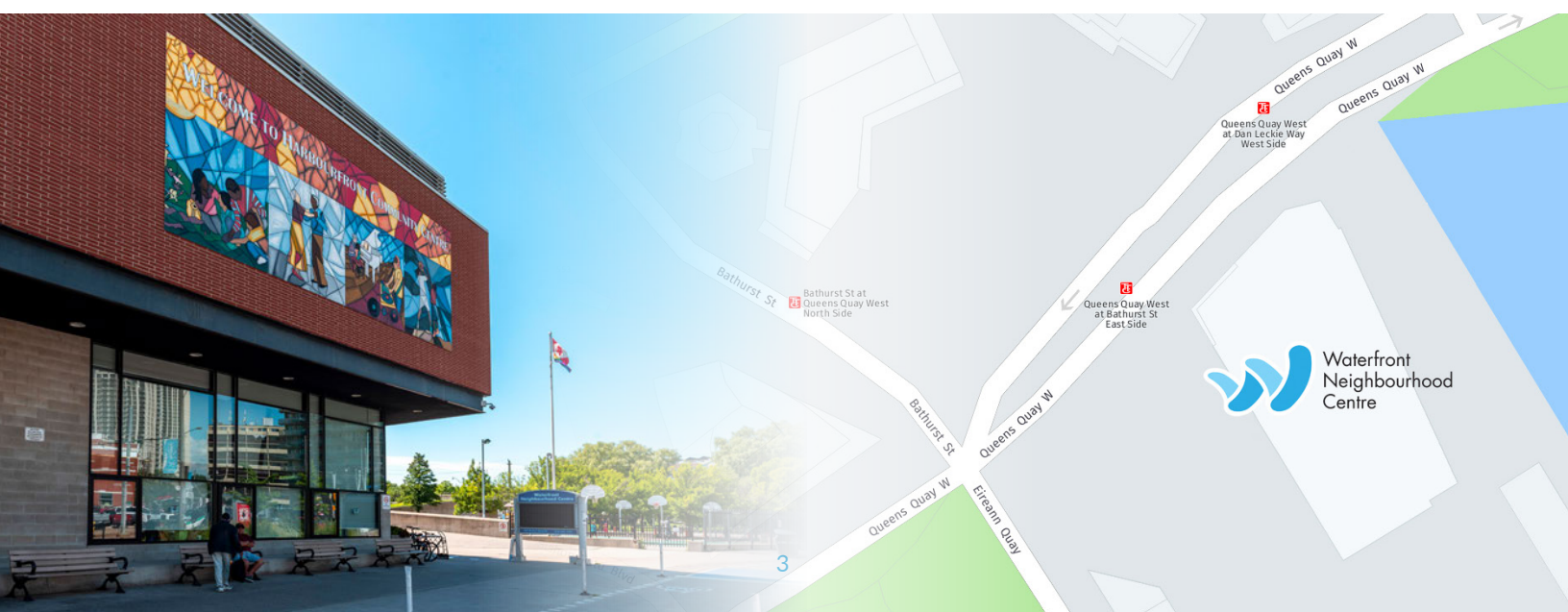
Important Dates

Winter Session 2024

Registration starts: Monday, January 8, 2024
Winter Session: January 15 – March 10 (9 weeks)

Spring Session 2024

Registration starts: Monday, March 11, 2024
Spring Session: March 18 - June 16 (13 weeks)



Winter 2024 Registration Dates

Winter Session: January 15 – March 10 (9 weeks)

- ✓ WNC is offering in-person Program Registration only.
- ✓ Registration tickets will be handed out on a first-come, first-served basis for members.
- ✓ Members will be allowed only to register themselves and/or a family member plus one other participant and/or family friend.
- ✓ Please do not forget to join and renew membership prior to registration week.
- ✓ Please don't forget to make your program wish list options.
- ✓ Members must show a valid membership card during program-specific registration.
- ✓ There is a 10% surcharge on all programs for Non-members and expired membership who don't present their valid membership card at the time of registration.
- ✓ Registration registrants must reach the specified age of the program by the first day of class.
- ✓ Parents are required to provide proof of age at the time of registration.
- ✓ During program-specific registration times, we will not process any Subsidy Requests, Weight Room and/or WNC memberships.

Winter Session Registration Dates

Monday, January 8

Membership & Subsidy Approval/Renewal Day
8:00 am – 7:00 pm

Tuesday, January 9

Family and Children Programs Registration Day
8:00 am – 7:00 pm

Wednesday, January 10

PEEP & PEEP for Tots Registration Session 1 & Session 2
8:00 am – 7:00 pm

Thursday, January 11

Senior Programs and Adult Fitness Day
8:00 am – 7:00 pm

Friday, January 12

General Registration for All Programs
8:00 am – 7:00 pm

Sat. January 13 – Sun. January 14

General Registration for All Programs
11:00 am – 5:00 pm

WNC Closures for Winter Session

Closed – Monday, February 19th – Family Day

Spring 2024 Registration Dates

Spring Session: March 18 - June 16 (13 weeks)

- ✓ WNC is offering in-person Program Registration only.
- ✓ Registration tickets will be handed out on a first-come, first-served basis for members.
- ✓ Members will be allowed only to register themselves and/or a family member plus one other participant and/or family friend.
- ✓ Please do not forget to join and renew membership prior to registration week.
- ✓ Please don't forget to make your program wish list options.
- ✓ Members must show a valid membership card during program-specific registration.
- ✓ There is a 10% surcharge on all programs for Non-members and expired membership who don't present their valid membership card at the time of registration.
- ✓ Registration registrants must reach the specified age of the program by the first day of class.
- ✓ Parents are required to provide proof of age at the time of registration.
- ✓ During program-specific registration times, we will not process any Subsidy Requests, Weight Room and/or WNC memberships.

Spring Session Registration Dates

Monday, March 11	Membership & Subsidy Approval/Renewal Day 8:00 am – 7:00 pm
Tuesday, March 12	Family and Children Programs Registration Day 8:00 am – 7:00 pm
Wednesday, March 13	PEEP & PEEP for Tots Registration Session 1 & Session 2 8:00 am – 7:00 pm
Thursday, March 14	Senior Programs and Adult Fitness Day 8:00 am – 7:00 pm
Friday, March 15	General Registration for All Programs 11:00 am - 5:00 pm
Sat. March 16 -Sun. March 17	General Registration for All Programs 11:00 am - 5:00 pm

WNC Closure for Spring Session

Closed – Friday, March 29– Good Friday	Closed – Monday, April 1 – Easter Monday
Closed – Monday, May 20 – Victoria Day	Closed – Saturday, June 22 – Sunday June 23
Closed – Sat. June 29 – Sunday June 30	Closed – Monday July 1 – Canada Day

Important Notices for Program Registration

- Program registration is in person only. We do not have online registration at this time.
- Registration tickets will be handed out on first-come, first basis to members.
- Members are only allowed to register themselves and/or a family member plus one other participant and/or family friend. Please don't forget to ask for extra ticket to register for one other participant and or a family when you check in.
- Please don't forget to make your program wish list options.
- Members must show a valid membership card during program-specific registration dates in order to receive the Member's fee pricing.
- There is a 10% surcharge on all programs for Non-members and Members who do not present their valid membership card at the time of registration.
- You can buy a membership any time before any registration period. No new/renewal of memberships will be done the first day of registration.
- Most children's activities are age-specific, and these age groups are determined with careful consideration. Programs are designed to challenge each specific age group ensuring a quality experience. Registrants must reach the specified age of the program by the first day of class. Parents maybe required to provide proof of age at the time of registration.
- During program-specific registration times, we will not process any Subsidy Requests, Weight Room and/or WNC memberships.
- WNC programs fill quickly. Your registration will be processed if there is spot for your preferred program. We recommend selecting alternative program options in case your preferred program is full.
- If a program is full, we offer a Waitlist option. Please keep in mind that being on the Waitlist does not guarantee a spot. We will contact you in the event that a spot opens up using the telephone number that you provided during registration. You will have 24 hours to register.
- Programs may be cancelled if enrollment is low.
- Parents/Caregivers **MUST** remain in the building when children's art, dance, educational, recreation and sports programs are being run.
- **Payment Options:** Visa, MasterCard, American Express debit, cheque, or cash. No post-dated cheques.

Website: waterfrontnc.ca

Facebook: [fb.com/WaterfrontncTO](https://www.facebook.com/WaterfrontncTO)

Instagram: [@WaterfrontncTO](https://www.instagram.com/WaterfrontncTO)

Twitter: [@WaterfrontncTO](https://twitter.com/WaterfrontncTO)

Program Fees Information

- Program Fee information is listed with each program.
- Program Fees include 13% HST where applicable.
- There is a 10% surcharge on all programs for non-members.
- Students (16 - 24 years) and Seniors (60+ years) receive 50% discount on adult fitness programs. Identification is required.
- Rental class fees (Non WNC Programs) are paid directly to the instructor.

Become a WNC Member?

Your membership supports your community! In addition to giving, you access to a wide range of WNC programs, your membership fee contributes to program costs and supports social service needs in the community.

How Can I Join? Everyone is welcome!

Purchase a WNC membership in order to participate at the member rate in all WNC programs. To apply for a new membership or to renew an expired one, see reception desk to complete a membership form and pay the applicable membership fees. Please note membership fees are not refundable.

Programs are fully accessible. WNC has a wheelchair-accessible ramp. If you live in the area bound by Strachan Avenue, Yonge Street, Front Street, and Lake Ontario you may join as a **Community Member**. If you live outside our neighbourhood, you may join as an **Associate Member**.

For a User Group membership, please call our Manager, Facility Operations, Liz Oliveira at: 416.392.1509 ext. 329.

Membership Annual Fees

	Community	Associate
Family	\$12	\$16
Adult	\$8	\$11
Youth	\$6	\$8
Child	\$5	\$6
Senior	\$6	\$8

As a WNC member you can:

- Avoid paying the 10% surcharge on programs for non-members.
- Participate in WNC programs including some programs that are free of charge.
- Have access to and rent space at WNC for meetings and special events.
- Vote for and/or serve on our Board of Management and Board Committees.
- Have access to Wi-Fi services.

WNC Fee Subsidy Information

Limited subsidy is available on a “first come, first serve basis” for fee-based programs for families and individuals living in WNC’s catchment area bound by: Strachan Avenue, Yonge Street, Front Street, and Lake Ontario. Proof of residence (e.g., driver’s license, utility bill) is required.

Fee assistance requests for WNC programs will remain a priority for families and individuals living in WNC’s catchment area.

WNC’s fee assistance policy was reviewed by a community committee and a new policy was approved by WNC’s Board of Management. Details of the policy and application process is available at Reception.

For more Fee Subsidy information, please contact:

Supervisor, Children & Family Programs
Sarah Brisson - 416.392.1509 ext. 303
sarah@waterfrontnc.ca

Supervisor, Youth Programs
Cheyenne Salmon - 416.392.1509 ext. 302
cheyenne@waterfrontnc.ca

Manager, Senior Community Development Programs:
Gaby Motta - 416.392.1509 ext. 328
gaby@waterfrontnc.ca

Manager, Fitness & Recreation Programs:
Chase Tam, Manager, Recreation & Program
Administration - 416.392.1509
chase@waterfrontnc.ca

Respectful Environment

WNC is committed to providing a safe and respectful environment for our patrons and staff. For everyone’s safety, we will not tolerate rude, inappropriate, or aggressive behavior, harassment or course language. People who engage in this type of behavior will be asked to leave the facility.

Cancellations and Refunds

- Please note that most programs require a minimum of 10 participants in order to operate.
- No refund, credit or transfer will be issued for non-attendance or advising program staff of absence.
- No refund or credit will be issued for classes cancelled due to the weather condition circumstances.
- A program may be cancelled for a variety of reasons including low registration or lack of space availability. Participants will receive a full refund or credit if the program for which they have registered is cancelled by WNC.
- In the event of a class cancellation due to extenuating circumstances, every effort will be made to make up the class on another date if the class cannot be re-scheduled, a WNC class credit will be issued upon request.
- Transfers from one program to another are permitted provided there is space, and the participant has received approval from the program manager.
- Requests for a full refund should be made prior to the start of program in writing and are subject to a \$10 administration fee. All refunds will be issued by cheque within 10 working days. The \$10 administration fee will not apply if you accept a WNC program credit.

Program refund/withdrawal after Start Date

REFUND/CREDIT POLICY

1st week of session	75% of fee refunded (option of cheque or credit).
2nd & 3rd weeks of session	50% of fee refunded (option of cheque or credit).
4 weeks+ of session	No refund or credit will be granted.

Schedules

Our best effort will be made to provide the most accurate information available at the time of printing, however schedules are subject to change. Please check our website for updates: <https://waterfrontnc.ca/> We reserve the right to amend fees, cancel, change/postpone and/or combine classes/activities that are listed in the guide.

Weather Condition/Cancelled Classes

- A class may be cancelled due to extenuating circumstances such as weather emergencies, storms, floods or power failures.
- No refund or credit will be issued for classes cancelled due to the weather condition circumstances.
- In the event of a cancellation of a registered program, every effort will be made to notify participants, however due to time or extenuating circumstances, it may not always be possible to notify everyone prior to the program start.
- To check the status of a program, participants can contact Waterfront Neighbourhood Centre (WNC) at: 416.392.1509 or check our Social Media accounts:

Website: waterfrontnc.ca

Facebook: [fb.com/WaterfrontncTO](https://www.facebook.com/WaterfrontncTO)

Instagram: @WaterfrontncTO

Twitter: @WaterfrontncTO

Income Tax Letters

For income tax purposes, please keep all copies of your monthly invoices and payment receipts provided by the Waterfront Neighbourhood Centre as we no longer issue income tax letters.

Child Supervision

Parents/Caregivers MUST remain in the building when children's art, dance, educational, recreation and sports programs are being run.

Children 11 years or under must be accompanied and supervised DIRECTLY by an adult or parent- designated babysitter (13 years and older) at all times.

Change Room Access

WNC members who would like to access the change rooms can purchase an ID access card at Reception for a one-time of \$6 fee. A \$6 fee applies to replace a lost card. ID access cards are for active members use only.

Use of Personal Image

Unless the participants, parents and/or guardians indicate to the contrary in writing, Waterfront Neighbourhood Centre will assume that permission is given for photographs, videos or voices recordings that are taken during any program, activity or event.

These images may be used to promote WNC in media, television, film, internet, website, social media, presentations, radio, audio, video, in print or display form as well as in funding applications and support solicitations.

Accident Insurance

Waterfront Neighbourhood Centre provides all safeguards for the health and welfare of participants, and shall be released from all actions, damages, claims and demands whatsoever arising from participation in programs. Participants are responsible for their own hospital, medical and ambulance coverage.

Unauthorized Photography/Videography

Unauthorized photographs and videos are not permitted in WNC facilities, change rooms, washrooms, gymnasium, and program spaces. WNC is committed to providing a safe and comfortable environment where the privacy of each WNC patron is respected.

Community Health

If a participant has a communicable disease (e.g., Covid-19, Measles, Influenza, Chicken Pox, Pink Eye etc.) we request that the participant notify us and not attend programs or activities until they are in better health and not at risk of spreading.

Peanut/Tree nut Products

Waterfront Neighbourhood Centre is a peanut/tree nut free environment. Please do not bring any peanuts/tree nuts or products containing peanuts/tree nuts into WNC or the playground area. Thank you for your understanding.

Personal Information

Personal information is collected under the authority of the City of Toronto Act, 1997, and Art. XI of Ch. 169 of the City Toronto Municipal Code.

WNC does not sell membership information. The information gathered is used for the purpose of registration, membership, invoices, newsletters/surveys and aggregate statistical reporting. Questions about this collection can be directed to: Waterfront Neighbourhood Centre, 627 Queens Quay West, Toronto, ON M5V 3G3 Attention: Executive Director.






Family programs offer a variety of quality programs for young children and their families/caregivers. We offer both registered and drop-in programming which promotes healthy child development and parent/child relationships through sports, dance, arts, music and play.

Parents and caregivers have opportunities to meet each other and develop connections within the community while accessing information, workshops and resources on a variety of topics.

For information, please contact Sarah at 416.392.1509 ext. 303 or sarah@waterfrontnc.ca

Programs are subject to change without notice. Please check our website for updates.

Program	Description & Schedule																								
BABIES DROP-IN PROGRAM (EARLYON CHILD AND FAMILY CENTRE) Art, Dance, Education, Social Ages 0 to 2 Parents must remain.  <i>In-person</i> <i>Funded in part thanks to the Ontario Ministry of Education – EarlyON Child and Family Centres.</i>	This program offers the opportunity for caregivers to meet others, participate in group discussions, and to enjoy circle-times, sing-a-longs, story times, family support and more! \$2.00 donation is welcome. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>16</td><td>Jan 15</td><td>Mar 6</td><td>Mon, Wed</td><td>1:00 PM-3:00 PM</td><td>Free</td></tr></table> Drop-In: Yes – Fee: \$2.00 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>24</td><td>Mar 18</td><td>Jun 12</td><td>Mon, Wed</td><td>1:00 PM-3:00 PM</td><td>Free</td></tr></table> Drop-In: Yes – Fee: \$2.00 No Class Mar 29, Apr 1	Classes	Start	End	Day	Time	Fee	16	Jan 15	Mar 6	Mon, Wed	1:00 PM-3:00 PM	Free	Classes	Start	End	Day	Time	Fee	24	Mar 18	Jun 12	Mon, Wed	1:00 PM-3:00 PM	Free
Classes	Start	End	Day	Time	Fee																				
16	Jan 15	Mar 6	Mon, Wed	1:00 PM-3:00 PM	Free																				
Classes	Start	End	Day	Time	Fee																				
24	Mar 18	Jun 12	Mon, Wed	1:00 PM-3:00 PM	Free																				
NEW! CANTA CONMIGO! Art, Dance, Education, Social Ages 0 to 2 Parents must remain.  <i>In-person</i>	Join us for an hour of circle time fun, nursery rhymes, story time & movement...all in Spanish! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>2:15 PM-3:15 PM</td><td>\$50.00</td></tr></table> Drop-In: Yes – Fee: \$9.00 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>2:15 PM-3:15 PM</td><td>\$81.00</td></tr></table> Drop-In: Yes – Fee: \$9.00	Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	2:15 PM-3:15 PM	\$50.00	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	2:15 PM-3:15 PM	\$81.00
Classes	Start	End	Day	Time	Fee																				
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Classes	Start	End	Day	Time	Fee																				
13	Mar 19	Jun 11	Tue	2:15 PM-3:15 PM	\$81.00																				
NEW! FAMILY GYM Art, Dance, Education, Social Ages 0 to 12 Parents must remain.  <i>In-person</i>	Calling all family members! Join us for an afternoon of physical activity. With a variety of different sports and games available, there is sure to be something that interests each family member – no matter the age! Drop-In fee must be paid at reception desk before joining. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>12:00 PM-2:00 PM</td><td>\$6.50</td></tr></table> SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>12:00 PM-2:00 PM</td><td>\$6.50</td></tr></table>	Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	12:00 PM-2:00 PM	\$6.50	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	12:00 PM-2:00 PM	\$6.50
Classes	Start	End	Day	Time	Fee																				
8	Jan 21	Mar 10	Sun	12:00 PM-2:00 PM	\$6.50																				
Classes	Start	End	Day	Time	Fee																				
13	Mar 24	Jun 16	Sun	12:00 PM-2:00 PM	\$6.50																				

FAMILY PROGRAMS


Program	Description & Schedule																								
NEW! FAMILY GYM NIGHT (EARLYON CHILD AND FAMILY CENTRE) Art, Dance, Education, Social Ages 0 to 6 Parents must remain.  <i>In-person</i> Funded in part thanks to the Ontario Ministry of Education – EarlyON Child and Family Centres.	Join us every Tuesday night for an hour of gross-motor activities, sports games and dancing and more! Fun for the whole family! \$2 donation welcome. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Apr 9</td><td>Tue</td><td>5:00 PM-6:00 PM</td><td>Free</td></tr></table> Drop-In: Yes – Fee: \$2.00 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>5:00 PM-6:00 PM</td><td>Free</td></tr></table> Drop-In: Yes – Fee: \$2.00	Classes	Start	End	Day	Time	Fee	8	Jan 16	Apr 9	Tue	5:00 PM-6:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	5:00 PM-6:00 PM	Free
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Classes	Start	End	Day	Time	Fee																				
13	Mar 19	Jun 11	Tue	5:00 PM-6:00 PM	Free																				
SING WITH ME Art, Dance, Education, Social Ages 0 to 2 Parents must remain.  <i>In-person</i>	Share the joy of singing! This music program is for parents/caregivers and their children to learn through the sound of music. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>1:00 PM-2:00 PM</td><td>\$50.00</td></tr></table> Drop-In: Yes – Fee: \$9.00 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>1:00 PM-2:00 PM</td><td>\$75.00</td></tr></table> Drop-In: Yes – Fee: \$9.00 No Class Mar 29	Classes	Start	End	Day	Time	Fee	8	Jan 19	Mar 8	Fri	1:00 PM-2:00 PM	\$50.00	Classes	Start	End	Day	Time	Fee	12	Mar 22	Jun 14	Fri	1:00 PM-2:00 PM	\$75.00
Classes	Start	End	Day	Time	Fee																				
8	Jan 19	Mar 8	Fri	1:00 PM-2:00 PM	\$50.00																				
Classes	Start	End	Day	Time	Fee																				
12	Mar 22	Jun 14	Fri	1:00 PM-2:00 PM	\$75.00																				
WEDNESDAY EVENING FAMILY DROP-IN PROGRAM (EARLYON CHILD AND FAMILY CENTRE) Art, Dance, Education, Social Ages 0 to 6 Parents must remain.  <i>In-person</i> Funded in part thanks to the Ontario Ministry of Education – EarlyON Child and Family Centres.	Parents and caregivers are encouraged to bring your children to participate in a fun, friendly, and inclusive environment with various hands-on activities, structured family gym time and a healthy snack! The entire family is welcome (older siblings included)! \$2.00 donation is welcome. WINTER 2024 Wednesday Evening Family Drop-In Program (EarlyOn Child And Family Centre) <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>5:00 PM-7:00 PM</td><td>Free</td></tr></table> Drop-In: Yes – Fee: \$2.00 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>5:00 PM-7:00 PM</td><td>Free</td></tr></table> Drop-In: Yes – Fee: \$2.00	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	5:00 PM-7:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 20	Jun 12	Wed	5:00 PM-7:00 PM	Free
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Classes	Start	End	Day	Time	Fee																				
13	Mar 20	Jun 12	Wed	5:00 PM-7:00 PM	Free																				
READY, SET, GROW Art, Dance, Education, Social Ages 8 month to 2 Parents must remain.  <i>In-person</i>	Come play and learn! This program offers language and gross motor skill development for crawling or walking babies and young toddlers through the use of a wide variety of nursery rhymes. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>1:00 PM-1:45 PM</td><td>\$38.00</td></tr></table> Drop-In: Yes – Fee: \$9.00 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>1:00 PM-1:45 PM</td><td>\$62.00</td></tr></table> Drop-In: Yes – Fee: \$9.00	Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	1:00 PM-1:45 PM	\$38.00	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	1:00 PM-1:45 PM	\$62.00
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Waterfront Neighbourhood Centre is a peanut/tree nut free environment.

Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area.

Thank You.

Program	Description & Schedule					
FAMILY DROP-IN PROGRAM (GROWING UP HEALTHY DOWNTOWN) Art, Dance, Education, Social Ages 2 to 6	Parents and caregivers are invited to participate with your children in a fun morning of specialized program activities, including arts & crafts, science, circle times, sensory motor activities, and much more! \$2.00 donation is welcomed.					
Parents must remain.	WINTER 2024					
 <i>In-person</i>	Tuesdays					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	8	Jan 16	Mar 5	Tue	10:00 AM-12:00 PM	Free
Drop-In: Yes – Fee: \$2.00						
Supported by Growing Up Healthy Downtown Project (GUHD) and funded thanks to the Public Health Agency of Canada (PHAC).	Thursdays					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	8	Jan 18	Mar 7	Thur	10:00 AM-12:00 PM	Free
Drop-In: Yes – Fee: \$2.00						
SPRING 2024						
	Tuesdays					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	13	Mar 19	Jun 11	Tue	10:00 AM-12:00 PM	Free
Drop-In: Yes – Fee: \$2.00						
	Thursdays					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	13	Mar 21	Jun 13	Thur	10:00 AM-12:00 PM	Free
Drop-In: Yes – Fee: \$2.00						

Children's Yoga Classes

Saturdays
12:45-1:30 pm
Kids aged 6-11



Winter
Jan 20-Mar 9
\$38 | 8 Classes

Spring
Mar 23-Jun 15
\$62 | 13 Classes

For more
information:

📞 416-392-1509
✉️ chase@waterfrontnc.ca



BABY & ME YOGALATES (PRE-NATAL)



JOIN US EVERY MONDAY FOR A FUN PRE-NATAL EXERCISE CLASS! STRENGTHEN YOUR CORE, REDUCE FEELINGS OF STRESS, AND RE-ENERGIZE YOURSELF IN A SUPPORTIVE ENVIRONMENT!

WINTER

JAN 15 - MAR 4 (\$49)
12:15 - 1:15 PM
DROP-IN | \$9

SPRING

MAR 18 - JUN 10 (\$77)
12:15 - 1:15 PM
DROP-IN | \$9

FOR MORE INFO:

📞 416-392-1509
✉️ CHASE@WATERFRONTNC.CA



WATERFRONT NEIGHBOURHOOD CENTRE

AGES
5-12 YRS

MARCH BREAK CAMP

FUN AND GAMES FOR EVERYONE! JOIN US FOR A WEEK FILLED WITH SPORTS, ARTS AND CRAFTS, ADVENTUROUS EXCURSIONS, SCIENCE EXPERIMENTS AND MORE!



DATES: MONDAY MARCH 11TH - FRIDAY MARCH 15TH

CAMP TIME: 9:30AM - 4:30PM

EXTENDED CARE: 8:30AM - 5:30PM

CAMP FEE: \$125.00 (TRIP FEES ADDITIONAL)

EXTENDED CARE FEE: \$34.00

SUBSIDY
AVAILABLE

FOR MORE INFORMATION CONTACT
SARAH@WATERFRONTNC.CA OR
CALL 416 392 1509 EXT. 303

Waterfront
Neighbourhood
Centre



Waterfront
Neighbourhood
Centre

AGES
3-4 YRS

LEARN AND PLAY



9:00AM-12:00PM | MONDAY-FRIDAY

LEARN AND PLAY IS FILLED WITH SUMMER FUN, EXCITING ACTIVITIES, AND ADVENTUROUS FIELD TRIPS. CAMPERS WILL BE LEARNING LITERACY, NUMERACY, CREATIVE ARTS & MORE! YOUR CHILD WILL BE READY AND EXCITED FOR SCHOOL. COME FALL!



WEEK ONE	JULY 2 - 5	\$145
WEEK TWO	JULY 8 - 12	\$182
WEEK THREE	JULY 15 - 19	\$182
WEEK FOUR	JULY 22 - 26	\$182
WEEK FIVE	JULY 29 - AUG 2	\$182
WEEK SIX	AUG 6 - 9	\$145
WEEK SEVEN	AUG 12 - 16	\$182
WEEK EIGHT	AUG 19 - 23	\$182

SUBSIDY &
PAYMENT PLANS
AVAILABLE

FOR MORE INFORMATION CONTACT
SARAH@WATERFRONTNC.CA OR
CALL 416 392 1509 EXT. 303



BABY & ME YOGALATES (POST-NATAL)



Join us every Monday for a fun exercise program with you and your baby! Strengthen your core, reduce feelings of stress, and re-energize yourself while interacting with your baby! (Up to 12 months)

Mondays

11:00 P.M. - 12:00 P.M.

Winter

Jan 15- Mar 4 (\$49)
Drop-in Class
\$9.00

Spring

Mar 18- Jun 10 (\$77)
Drop-in Class
\$9.00

For more information:

call 416-392-1509
or contact chase@waterfrontnc.ca



KIDS KARATE classes

Interested in learning beginner Karate?
Join us weekly for classes!

SCHEDULE

FAMILY KARATE

Jan 15 - Mar 4
Mon | 4:45 - 5:30 pm
7 Classes | \$33

KARATE 5-8 YRS

Jan 15 - Mar 4
Mon | 5:30 - 6:15 pm
7 Classes | \$33

KARATE 9-12 YRS

Jan 15 - Mar 4
Mon | 6:15 - 7:00 pm
7 Classes | \$33

KARATE 5-8 YRS

Jan 16 - Mar 5
Tues | 5:30 - 6:15 pm
8 Classes | \$33

KARATE 9-12 YRS

Jan 16 - Mar 5
Tues | 4:30 - 5:15 pm
8 Classes | \$33

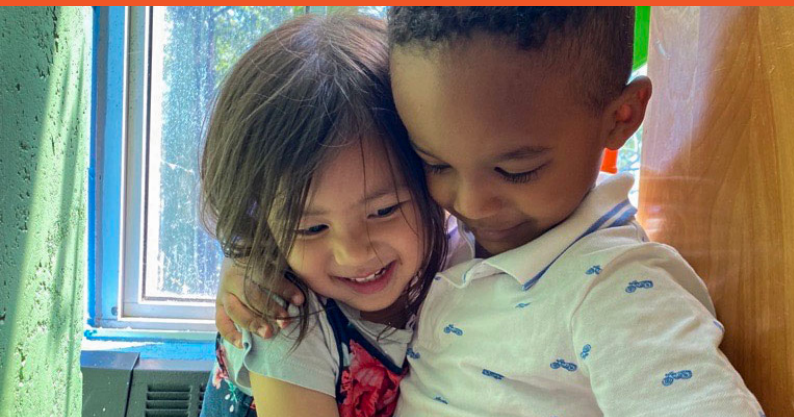
FOR MORE INFO:

☎ 416-392-1509
✉ chase@waterfrontnc.ca



Waterfront
Neighbourhood
Centre








Pick and choose from a variety of programs that foster creativity and exploration among preschool children. These programs are offered for your children so they develop new skills, socialize and build a foundation for an active and healthy lifestyle.

For information, please contact Sarah at 416.392.1509 ext. 303 or sarah@waterfrontnc.ca

Programs are subject to change without notice. Please check our website for updates.

Program	Description & Schedule
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Program	Description & Schedule																																																																																										
LIL' CHEFS COOKING IN THE KITCHEN Art, Dance, Education, Social Ages 3 to 4 Parents must remain.  <i>In-person</i>	<p>This hands-on program is a great introduction to how much fun cooking can be! From making salads & smoothies to Kool-Aid playdough & slime. These junior cooks will want to take over the kitchen at home...beware!</p> <p>Please note: Additional food costs are included in fee. Subsidy is available upon request.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>11:00 AM-12:00 PM</td><td>\$114.00</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>11:00 AM-12:00 PM</td><td>\$186.00</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	11:00 AM-12:00 PM	\$114.00	SPRING 2024						Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	11:00 AM-12:00 PM	\$186.00																																																						
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PEEP (PRE-SCHOOL EXPERIENCES ENRICHMENT PROGRAM) Art, Dance, Education, Social Ages 3 to 4  <i>In-person</i> Subsidy and Payment Plans available. If you are interested in registering more than one child for any of the PEEP Programs, a discount for the second child is available. Contact sarah@waterfrontnc.ca for further details or call 416.392.1509 ext. 303	<p>Children's development throughout the early years plays a vital role in future academic successes. The Pre-Kindergarten Experiences Enrichment Program (PEEP) implements school readiness activities that focus on supporting early developmental milestones such as the mastery of fine & gross motor skills, social & emotional wellbeing, cognitive skills, and language & speech development. PEEP is offered in an inclusive, friendly & stimulating environment!</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th colspan="6">Session 1</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Jan 15</td><td>Feb 9</td><td>Mon, Wed, Fri</td><td>9:00 AM-12:00 PM</td><td>\$436.00</td></tr><tr><th colspan="6">Session 2</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Feb 12</td><td>Mar 8</td><td>Mon, Wed, Fri</td><td>9:00 AM-12:00 PM</td><td>\$436.00</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th colspan="6">Session 1</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>16</td><td>Mar 18</td><td>Apr 26</td><td>Mon, Wed, Fri</td><td>9:00 AM-12:00 PM</td><td>\$581.00</td></tr><tr><th colspan="6">Session 2</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>20</td><td>Apr 29</td><td>Jun 14</td><td>Mon, Wed, Fri</td><td>9:00 AM-12:00 PM</td><td>\$726.00</td></tr><tr><td colspan="6">No Class Mar 29, Apr 1</td></tr></table>	WINTER 2024						Session 1						Classes	Start	End	Day	Time	Fee	12	Jan 15	Feb 9	Mon, Wed, Fri	9:00 AM-12:00 PM	\$436.00	Session 2						Classes	Start	End	Day	Time	Fee	12	Feb 12	Mar 8	Mon, Wed, Fri	9:00 AM-12:00 PM	\$436.00	SPRING 2024						Session 1						Classes	Start	End	Day	Time	Fee	16	Mar 18	Apr 26	Mon, Wed, Fri	9:00 AM-12:00 PM	\$581.00	Session 2						Classes	Start	End	Day	Time	Fee	20	Apr 29	Jun 14	Mon, Wed, Fri	9:00 AM-12:00 PM	\$726.00	No Class Mar 29, Apr 1					
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READY, SET, LEARN...@ HOME! Art, Dance, Education, Social Ages 3 to 4  <i>Virtual</i>	<p>Our goal is to provide an interactive learning experience to support your child as they get ready for kindergarten! Through ZOOM, our staff will be facilitating interactive, educational activities that aim to support your child's development in literacy, numeracy, physical health, science and creative arts!</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th colspan="6">Session 1</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Feb 8</td><td>Tue, Thur</td><td>10:00 AM-11:00 AM</td><td>\$81.00</td></tr><tr><th colspan="6">Session 2</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Feb 13</td><td>Mar 7</td><td>Tue, Thur</td><td>10:00 AM-11:00 AM</td><td>\$81.00</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th colspan="6">Session 1</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 19</td><td>Apr 25</td><td>Tue, Thur</td><td>10:00 AM-11:00 AM</td><td>\$121.00</td></tr><tr><th colspan="6">Session 2</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>14</td><td>Apr 30</td><td>Jun 13</td><td>Tue, Thur</td><td>10:00 AM-11:00 AM</td><td>\$141.00</td></tr></table>	WINTER 2024						Session 1						Classes	Start	End	Day	Time	Fee	8	Jan 16	Feb 8	Tue, Thur	10:00 AM-11:00 AM	\$81.00	Session 2						Classes	Start	End	Day	Time	Fee	8	Feb 13	Mar 7	Tue, Thur	10:00 AM-11:00 AM	\$81.00	SPRING 2024						Session 1						Classes	Start	End	Day	Time	Fee	12	Mar 19	Apr 25	Tue, Thur	10:00 AM-11:00 AM	\$121.00	Session 2						Classes	Start	End	Day	Time	Fee	14	Apr 30	Jun 13	Tue, Thur	10:00 AM-11:00 AM	\$141.00						
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Our children's programs for children ages 5 -12yrs promote physical activity, social interaction, creativity and fun!

For information, please contact Sarah at 416.392.1509 ext. 303 or sarah@waterfrontnc.ca

Programs are subject to change without notice. Please check our website for updates.

Program	Description & Schedule																																																																																				
BALLET AND FAIRY TALES Art, Dance, Education, Social Ages 3 to 4 Parents must remain.  <i>In-person</i>	<p>This ballet class explores the world of fairy tales through movement while preparing children for ballet dance training. This class encourages your little ones to spark their imagination while learning to dance within the playful context of the timeless stories that all children love!</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th colspan="6">Saturday</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>12:15 PM-1:00 PM</td><td>\$38.00</td></tr><tr><th colspan="6">Sunday</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>1:45 PM-2:30 PM</td><td>\$38.00</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th colspan="6">Saturday</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>12:15 PM-1:00 PM</td><td>\$62.00</td></tr><tr><th colspan="6">Sunday</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>1:45 PM-2:30 PM</td><td>\$62.00</td></tr></table>	WINTER 2024						Saturday						Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	12:15 PM-1:00 PM	\$38.00	Sunday						Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	1:45 PM-2:30 PM	\$38.00	SPRING 2024						Saturday						Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	12:15 PM-1:00 PM	\$62.00	Sunday						Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	1:45 PM-2:30 PM	\$62.00
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AFTER SCHOOL DAZE PROGRAM! Art, Dance, Education, Social Ages 5 to 12  <i>In-person</i>	<p>Each day, children will participate in a specialized activity, as well as enjoy a healthy snack and engage in further skill building through homework help, crafts, team-building, games, science, exploration and more! This program is not offered during the March Break and on PA Days.</p> <p>Program Fees: – \$72.00/week per child – Late payment: \$20/week – Late pick-up after 6:00 PM: \$1.00/per minute</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>45</td><td>Jan 8</td><td>Mar 8</td><td>Mon, Tue, Wed, Thur, Fri</td><td>3:15 PM-6:00 PM</td><td>See flyer for details</td></tr><tr><td colspan="6">No Class Jan 19, Feb 16, Feb 19</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>Select</td><td>Mar 18</td><td>Jun 14</td><td>Mon, Tue, Wed, Thur, Fri</td><td>3:15 PM-6:00 PM</td><td>See flyer for details</td></tr><tr><td colspan="6">No Class Mar 29, Apr 1, Apr 19, May 20, Jun 7</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	45	Jan 8	Mar 8	Mon, Tue, Wed, Thur, Fri	3:15 PM-6:00 PM	See flyer for details	No Class Jan 19, Feb 16, Feb 19						SPRING 2024						Classes	Start	End	Day	Time	Fee	Select	Mar 18	Jun 14	Mon, Tue, Wed, Thur, Fri	3:15 PM-6:00 PM	See flyer for details	No Class Mar 29, Apr 1, Apr 19, May 20, Jun 7																																									
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Waterfront Neighbourhood Centre

2024 Summer Daze Camp (Ages 5 - 12 years)

Summer is a time to relax, a time to have fun, and most importantly it is a time to learn and grow! WNC Summer Daze Camp provides an enriching camp experience that offers a variety of fun activities and day trips.

2024 REGISTRATION BEGINS:

Monday, March 11th - Early Bird registration for current After School Daze Program Parents

Monday, March 18th - Community Member

Monday, April 15th - Associate Members (Associates are members living outside of WNC's catchment area).

Priority for camp space will be given to members living in WNC's catchment area prior to April 15th, 2024. Proof of Residence (driver's license, utility bill, etc.) and proof of age is required at the time of registration. Registration forms are available at Reception.

Camp Hours: 9:30 am - 4:30 pm | Extended Care Hours: 8:30 - 9:30 am | 4:30 - 5:30 pm

Community Member Fee:		Weekly Extended Care fee:	Additional Camp Information:
Week 1 July 2 - 5: \$77		Week 1 □ \$28	<ul style="list-style-type: none"> • Register early and Save! Camp registration fees increase by 10% as of Monday, June 3rd. • Deposit: A minimum 50% deposit of your total camp fee (including extended care fees) is required at time of registration. • Payment deadline: Camp fees are due in full by Friday, June 7th. Outstanding payments will result in loss of the camp space.
Week 2 July 8 - 12: \$96		Week 2 □ \$34	
Week 3 July 15 - 19: \$96		Week 3 □ \$34	
Week 4 July 22 - 26: \$96		Week 4 □ \$34	
Week 5 July 29 - Aug 2: \$96		Week 5 □ \$34	
Week 6 Aug 6 - 9: \$77		Week 6 □ \$28	
Week 7 Aug 12 - 16: \$96		Week 7 □ \$34	
Week 8 Aug 19 - 22: \$77		Week 8 □ \$28	
Associate Member Fee:		Weekly Extended Care fee:	
Week 1 July 2 - 5: \$134		Week 1 □ \$28	<ul style="list-style-type: none"> • Refunds: No refunds will be given for cancellations after Monday, June 3rd. Cancellations prior to June 3rd are subject to a \$10 administrative fee. • Camp T-Shirts: Required one for \$12.00 or two for \$20.00. Subsidy is not applicable. • Important: For income tax purposes, it your responsibility to keep all copies of your monthly receipts provided by the WNC as we no longer issue income tax letters.
Week 2 July 8 - 12: \$167		Week 2 □ \$34	
Week 3 July 15 - 19: \$167		Week 3 □ \$34	
Week 4 July 22 - 26: \$167		Week 4 □ \$34	
Week 5 July 29 - Aug 2: \$167		Week 5 □ \$34	
Week 6 Aug 6 - 9: \$134		Week 6 □ \$28	
Week 7 Aug 12 - 16: \$167		Week 7 □ \$34	
Week 8 Aug 19 - 22: \$134		Week 8 □ \$28	

We appreciate the financial support provided by our generous donors: The Toronto Star Fresh Air Fund, City of Toronto Children Services, and Government of Canada - Canada Summer Jobs.



Waterfront
Neighbourhood
Centre

Summer DAZE CAMP

AGES 5-12

Camp Hours:

9:30am-4:30pm
(See fees below)

Extended Care:

8:30am-5:30pm
(\$34.00 per week)

Summer is a time to relax, have fun and, most importantly, it is a time to learn and grow!

The WNC Summer Daze Camp provides an enriching camp experience that offers a variety of fun activities and day trips.

COMMUNITY MEMBER FEE:

(MEMBERS LIVING IN
WNC'S CATCHMENT AREA)

REGISTRATION OPENS MARCH 18TH, 2024

WEEK ONE	JULY 2 - 5	\$77
WEEK TWO	JULY 8 - 12	\$96
WEEK THREE	JULY 15 - 19	\$96
WEEK FOUR	JULY 22 - 26	\$96
WEEK FIVE	JULY 29 - AUG 2	\$96
WEEK SIX	AUG 6 - 9	\$77
WEEK SEVEN	AUG 12 - 16	\$96
WEEK EIGHT	AUG 19 - 22	\$77



NON-ASSOCIATE MEMBER FEE:

(MEMBERS LIVING OUTSIDE OF
WNC'S CATCHMENT AREA)

REGISTRATION OPENS APRIL 15TH, 2024

WEEK ONE	JULY 2 - 5	\$134
WEEK TWO	JULY 8 - 12	\$167
WEEK THREE	JULY 15 - 19	\$167
WEEK FOUR	JULY 22 - 26	\$167
WEEK FIVE	JULY 29 - AUG 2	\$167
WEEK SIX	AUG 6 - 9	\$134
WEEK SEVEN	AUG 12 - 16	\$167
WEEK EIGHT	AUG 19 - 22	\$134

For more information, contact us :

sarah@waterfrontnc.ca

www.waterfrontnc.ca

416 392 1509

627 Queens Quay West, Toronto, ON M5V 3G3

CHILDREN PROGRAMS

Program	Description & Schedule																								
KIDZ FUN CLUB Art, Dance, Education, Social Ages 5 to 11  <i>In-person</i>	Each week join us for a new fun club – Chess Club, Science Club, Art Club, Comic Club and more! Bring your own ideas, and discover some new interests with friends! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>6:00 PM-7:00 PM</td><td>\$50.00</td></tr></table> SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>6:00 PM-7:00 PM</td><td>\$81.00</td></tr></table>	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	6:00 PM-7:00 PM	\$50.00	Classes	Start	End	Day	Time	Fee	13	Mar 20	Jun 12	Wed	6:00 PM-7:00 PM	\$81.00
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MUSICAL THEATRE FOR KIDS Art, Dance, Education, Social Ages 5 to 9 Parents must remain.  <i>In-person</i>	Singing, Dancing, Acting! Through this interactive dramatic arts program, children will gain self-confidence, self-expression and teambuilding skills while having fun! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 11</td><td>Mar 7</td><td>Thur</td><td>6:00 PM-7:00 PM</td><td>\$50.00</td></tr></table> SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>6:00 PM-7:00 PM</td><td>\$81.00</td></tr></table>	Classes	Start	End	Day	Time	Fee	8	Jan 11	Mar 7	Thur	6:00 PM-7:00 PM	\$50.00	Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	6:00 PM-7:00 PM	\$81.00
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NEW! SALSA & MERENGUE, CHA CHA & CONGO Art, Dance, Education, Social Ages 5 to 12 Parents must remain.  <i>In-person</i>	Children will learn the basic fundamentals of Salsa, Merengue, Chachacha, Mambo, and Mozambique Conga dance styles. Come get creative and express yourself in an inclusive and welcoming space! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>12:30 PM-1:30 PM</td><td>\$50.00</td></tr></table> SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>12:30 PM-1:30 PM</td><td>\$81.00</td></tr></table>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	12:30 PM-1:30 PM	\$50.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	12:30 PM-1:30 PM	\$81.00
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NEW! CHILDREN'S BOLLYWOOD DANCE Art, Dance, Education, Social Ages 6 to 11 Parents must remain.  <i>In-person</i>	This beginner class is designed for children interested in learning and expanding their repertoire of Bollywood dance techniques. Come join us on Wednesdays to learn Bollywood dance in an inclusive and supportive environment! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>4:00 PM-5:00 PM</td><td>\$50.00</td></tr></table> SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>4:00 PM-5:00 PM</td><td>\$81.00</td></tr></table>	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	4:00 PM-5:00 PM	\$50.00	Classes	Start	End	Day	Time	Fee	13	Mar 20	Jun 12	Wed	4:00 PM-5:00 PM	\$81.00
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CHILDREN'S JAZZ Art, Dance, Education, Social Ages 6 to 10 Parents must remain.  <i>In-person</i>	Children will learn the basic fundamentals of jazz dance including a variety of turns, kicks, and jumps while dancing to pop music hits. Come get creative and express yourself in an inclusive and welcoming space! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>1:15 PM-2:15 PM</td><td>\$56.00</td></tr></table> SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>1:15 PM-2:15 PM</td><td>\$81.00</td></tr></table>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	1:15 PM-2:15 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	1:15 PM-2:15 PM	\$81.00
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Waterfront Neighbourhood Centre is a peanut/tree nut free environment.

Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area.

Thank You.

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<div><div><div>CHILDREN'S BALLET</div><div>Art, Dance, Education, Social</div><div>Ages 5 to 9</div></div><div>Parents must remain.</div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div>	<div><div>This class is designed for children interested in learning ballet skills and expanding their repertoire of dance techniques. Come join us on Saturdays and Sundays to learn ballet in an inclusive and supportive environment! Parents must remain onsite.</div><div><div>WINTER 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>2:30 PM-3:15 PM</td><td>\$38.00</td></tr></table><div>SPRING 2024</div><div>Saturday</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>2:30 PM-3:15 PM</td><td>\$62.00</td></tr></table><div>Sunday</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>2:15 PM-3:00 PM</td><td>\$62.00</td></tr></table></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	2:30 PM-3:15 PM	\$38.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	2:30 PM-3:15 PM	\$62.00	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	2:15 PM-3:00 PM	\$62.00												
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<div><div><div>CHILDREN'S HIP HOP</div><div>Art, Dance, Education, Social</div><div>Ages 5 to 9</div></div><div>Parents must remain.</div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div>	<div><div>Children will learn fundamental hip hop skills, dance, and choreography while working collaboratively with their peers. Come join us on Saturday's and learn hip hop in an energetic, welcoming, and inclusive space! Parents must remain onsite.</div><div><div>WINTER 2024</div><div>Saturdays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>11:30 AM-12:15 PM</td><td>\$38.00</td></tr></table><div>Sundays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>11:30 AM-12:15 PM</td><td>\$38.00</td></tr></table><div>SPRING 2024</div><div>Saturdays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>11:30 AM-12:15 PM</td><td>\$62.00</td></tr></table><div>Sundays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>11:30 AM-12:15 PM</td><td>\$62.00</td></tr></table></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	11:30 AM-12:15 PM	\$38.00	Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	11:30 AM-12:15 PM	\$38.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	11:30 AM-12:15 PM	\$62.00	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	11:30 AM-12:15 PM	\$62.00
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<div><div><div>NEW! FAMILY SALSA & MERENGUE, CHACHACHA & CONGO</div><div>Art, Dance, Education, Social</div><div>Ages 5 to 12</div></div><div>Parents must remain.</div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div>	<div><div>Children and parents/caregivers will learn the basic fundamentals of Salsa, Merengue, Chachacha, Mambo, and Mozambique Conga dance styles. Come get creative and express yourself in an inclusive and welcoming space!</div><div><div>WINTER 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>1:30 PM-2:30 PM</td><td>\$50.00</td></tr></table><div>SPRING 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>1:30 PM-2:30 PM</td><td>\$81.00</td></tr></table></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	1:30 PM-2:30 PM	\$50.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	1:30 PM-2:30 PM	\$81.00																								
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<div><div><div>KIDS IN THE KITCHEN</div><div>Art, Dance, Education, Social</div><div>Ages 5 to 8</div></div><div>Parents must remain.</div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div>	<div><div>This program offers a hands-on, fun interactive cooking experience with peers. These young cooks will want to take over the kitchen at home... beware!</div><div>Note: Additional food costs are included in the fee.</div><div><div>WINTER 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>6:00 PM-7:30 PM</td><td>\$101.00</td></tr></table><div>No Class Feb 19 – 6:00 PM – 7:30 PM</div><div>SPRING 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>6:00 PM-7:30 PM</td><td>\$158.00</td></tr></table><div>No Class Apr 1, May 20</div></div></div>	Classes	Start	End	Day	Time	Fee	7	Jan 15	Mar 4	Mon	6:00 PM-7:30 PM	\$101.00	Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	6:00 PM-7:30 PM	\$158.00																								
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CHILDREN PROGRAMS

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VISUAL ARTS CLUB Art, Dance, Education, Social Ages 6 to 11 Parents must remain.  <i>In-person</i>	WINTER 2024					
	Ages 6 – 11 yrs					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	8	Jan 20	Mar 9	Sat	3:00 PM-4:30 PM	\$74.00
	SPRING 2024					
	Class 1					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	7	Mar 23	May 4	Sat	3:00 PM-4:30 PM	\$65.00
	Class 2					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	6	May 11	Jun 15	Sat	3:00 PM-4:30 PM	\$56.00
HOMEWORK CLUB Art, Dance, Education, Social Ages 7 to 12  <i>In-person</i>	WINTER 2024					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	8	Jan 11	Mar 7	Thur	5:00 PM-6:00 PM	\$50.00
	Drop-In: Yes – Fee: \$9.00					
	SPRING 2024					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	13	Mar 21	Jun 13	Thur	5:00 PM-5:00 PM	\$81.00
	Drop-In: Yes – Fee: \$9.00					
	NEW! GLEE CLUB					
	Come sing your heart out! Children will be express their creativity & vocal talents in an inclusive and positive environment. Learn new songs and work towards a final performance for your family and friends!					
 <i>In-person</i>	WINTER 2024					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	8	Jan 12	Mar 8	Fri	5:00 PM-6:00 PM	\$50.00
	SPRING 2024					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	12	Mar 22	Jun 14	Fri	5:00 PM-6:00 PM	\$75.00
	No Class Mar 29 – 5:00 PM – 6:00 PM					
	KIDZ KODING					
	This intro to coding program will encourage creativity, critical thinking & problem solving while engaging participants in a variety of different topics that will develop the skills needed to succeed in the digital world!					
	WINTER 2024					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	8	Jan 16	Mar 5	Tue	6:00 PM-7:00 PM	\$50.00
	SPRING 2024					
	<i>Classes</i>	<i>Start</i>	<i>End</i>	<i>Day</i>	<i>Time</i>	<i>Fee</i>
	13	Mar 19	Jun 11	Tue	6:00 PM-7:00 PM	\$81.00






Fitness, Sports & Recreational Programs

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Program	Description & Schedule
<div><div><div>CHILDREN'S BASKETBALL – AGES 3 TO 5 YRS.</div><div>Fitness, Recreation and Sports</div><div>Ages 3 to 5</div></div><div><div>Parents must remain.</div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div>	<div><div>Want to learn how to make the perfect jump shot? Join us for an exciting game of basketball. Practice dribbling, shooting hoops, and ball handling. Parents are to remain onsite.</div><div><div>WINTER 2024</div><div><div>Mondays</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>7</div><div>Jan 15</div><div>Mar 4</div><div>Mon</div><div>5:45 PM-6:30 PM</div><div>\$33.00</div></div></div><div><div>Fridays</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>8</div><div>Jan 19</div><div>Mar 8</div><div>Fri</div><div>5:45 PM-6:30 PM</div><div>\$38.00</div></div></div><div>No Class Feb 19 – 5:45 PM – 6:30 PM</div><div><div>SPRING 2024</div><div><div>Mondays</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>11</div><div>Mar 18</div><div>Jun 10</div><div>Mon</div><div>5:45 PM-6:30 PM</div><div>\$52.00</div></div></div><div><div>Fridays</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>12</div><div>Mar 22</div><div>Jun 14</div><div>Fri</div><div>5:45 PM-6:30 PM</div><div>\$57.00</div></div></div><div>No Class Mar 29, Apr 1, May 20</div></div></div></div></div></div></div></div>
<div><div><div>CHILDREN'S SOCCER – AGES 4 TO 10 YRS.</div><div>Fitness, Recreation and Sports</div><div>Ages 4 to 10</div></div><div><div>Parents must remain.</div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div>	<div><div>Go team go! This beginner class will teach kids basic soccer fundamentals and drills while having fun and staying active! Parents must remain onsite.</div><div><div>WINTER 2024</div><div><div><div>Class 1- Ages 4 to 5 yrs.</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>8</div><div>Jan 20</div><div>Mar 9</div><div>Sat</div><div>12:30 PM-1:15 PM</div><div>\$38.00</div></div></div><div><div>Class 2 – Ages 4 to 5 yrs</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>8</div><div>Jan 20</div><div>Mar 9</div><div>Sat</div><div>1:30 PM-2:15 PM</div><div>\$38.00</div></div></div><div><div>Class 3 – Ages 6 to 8 yrs.</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>8</div><div>Jan 20</div><div>Mar 9</div><div>Sat</div><div>2:30 PM-3:15 PM</div><div>\$38.00</div></div></div><div><div>Class 4 – Ages 9 to 11 yrs.</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>8</div><div>Jan 20</div><div>Mar 9</div><div>Sat</div><div>3:30 PM-4:15 PM</div><div>\$38.00</div></div></div></div><div><div>SPRING 2024</div><div><div><div>Class 1 – Ages 4 to 5 yrs.</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>13</div><div>Mar 23</div><div>Jun 15</div><div>Sat</div><div>12:30 PM-1:15 PM</div><div>\$62.00</div></div></div><div><div>Class 2 – Ages 4 to 5 yrs.</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>13</div><div>Mar 23</div><div>Jun 15</div><div>Sat</div><div>1:30 PM-2:15 PM</div><div>\$62.00</div></div></div><div><div>Class 3 – Ages 6 to 8 yrs.</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>13</div><div>Mar 23</div><div>Jun 15</div><div>Sat</div><div>2:30 PM-3:15 PM</div><div>\$62.00</div></div></div><div><div>Class 4 – Ages 9 to 11 yrs.</div><div><div><div>Classes</div><div>Start</div><div>End</div><div>Day</div><div>Time</div><div>Fee</div></div><div><div>13</div><div>Mar 23</div><div>Jun 15</div><div>Sat</div><div>3:30 PM-4:15 PM</div><div>\$62.00</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>

CHILDREN PROGRAMS

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CHILDREN'S BADMINTON Fitness, Recreation and Sports Ages 5 to 11 Parents must remain.  <i>In-person</i>	Our Children's Badminton program encourages children to learn and/or improve their badminton skills while enjoying some friendly competition within an organized and inclusive team setting! WINTER 2024 Ages 5 – 11 yrs <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 18</td><td>Mar 7</td><td>Thur</td><td>4:00 PM-5:00 PM</td><td>\$50.00</td></tr></table> SPRING 2024 Ages 5 – 11 yrs <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>4:00 PM-5:00 PM</td><td>\$81.00</td></tr></table>						Classes	Start	End	Day	Time	Fee	8	Jan 18	Mar 7	Thur	4:00 PM-5:00 PM	\$50.00	Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	4:00 PM-5:00 PM	\$81.00																																																																																				
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CHILDREN'S TENNIS Fitness, Recreation and Sports Ages 5 to 11 Parents must remain.  <i>In-person</i>	An introduction to tennis will teach children to serve and properly hit a forehand, backhand, and volley. Overall, children will learn to serve and rally over the net and engage in friendly competition. The goal of this program is to help children learn and love the game of tennis! Parents must remain onsite. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>4:00 PM-5:00 PM</td><td>\$44.00</td></tr><tr><td colspan="6">No Class Feb 19</td></tr></table> SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>4:00 PM-5:00 PM</td><td>\$69.00</td></tr><tr><td colspan="6">No Class Apr 1, May 20</td></tr></table>						Classes	Start	End	Day	Time	Fee	7	Jan 15	Mar 4	Mon	4:00 PM-5:00 PM	\$44.00	No Class Feb 19						Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	4:00 PM-5:00 PM	\$69.00	No Class Apr 1, May 20																																																																													
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MULTI- SPORTS Fitness, Recreation and Sports Ages 5 to 11 Parents must remain.  <i>In-person</i>	<p>Children will learn the basic foundations of a variety of sports such as badminton, basketball, floor hockey, and soccer. Parents must remain onsite.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>4:00 PM-5:00 PM</td><td>\$50.00</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>4:00 PM-5:00 PM</td><td>\$81.00</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	4:00 PM-5:00 PM	\$50.00	SPRING 2024						Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	4:00 PM-5:00 PM	\$81.00																																																												
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CHILDREN'S BASKETBALL – AGES 6 TO 10 YRS. Fitness, Recreation and Sports Ages 6 to 10 Parents must remain.  <i>In-person</i>	<p>Want to learn how to make the perfect jump shot? Join us for an exciting game of basketball. Practice dribbling, shooting hoops, and ball handling. Parents must remain onsite.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th colspan="6">Mondays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>6:30 PM-7:15 PM</td><td>\$33.00</td></tr><tr><th colspan="6">Fridays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>6:30 PM-7:15 PM</td><td>\$38.00</td></tr><tr><td colspan="6">No Class Feb 19 – 6:30 PM – 7:15 PM</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th colspan="6">Mondays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>6:30 PM-7:15 PM</td><td>\$52.00</td></tr><tr><th colspan="6">Fridays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>6:30 PM-7:15 PM</td><td>\$57.00</td></tr><tr><td colspan="6">No Class Mar 29</td></tr></table>	WINTER 2024						Mondays						Classes	Start	End	Day	Time	Fee	7	Jan 15	Mar 4	Mon	6:30 PM-7:15 PM	\$33.00	Fridays						Classes	Start	End	Day	Time	Fee	8	Jan 19	Mar 8	Fri	6:30 PM-7:15 PM	\$38.00	No Class Feb 19 – 6:30 PM – 7:15 PM						SPRING 2024						Mondays						Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	6:30 PM-7:15 PM	\$52.00	Fridays						Classes	Start	End	Day	Time	Fee	12	Mar 22	Jun 14	Fri	6:30 PM-7:15 PM	\$57.00	No Class Mar 29					
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CHILDREN'S YOGA Fitness, Recreation and Sports Ages 6 to 11 Parents must remain.  <i>In-person</i>	<p>Learn the art of relaxation through deep breathing, stretching and gentle movements while working to build your strength and flexibility. Move, breath and create! All levels are welcome! Parents must remain onsite.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th colspan="6">Ages 6 – 11 yrs</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>12:45 PM-1:30 PM</td><td>\$38.00</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th colspan="6">Ages 6 – 11 yrs</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>12:45 PM-1:30 PM</td><td>\$62.00</td></tr></table>	WINTER 2024						Ages 6 – 11 yrs						Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	12:45 PM-1:30 PM	\$38.00	SPRING 2024						Ages 6 – 11 yrs						Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	12:45 PM-1:30 PM	\$62.00																																																
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Camps and Special Events




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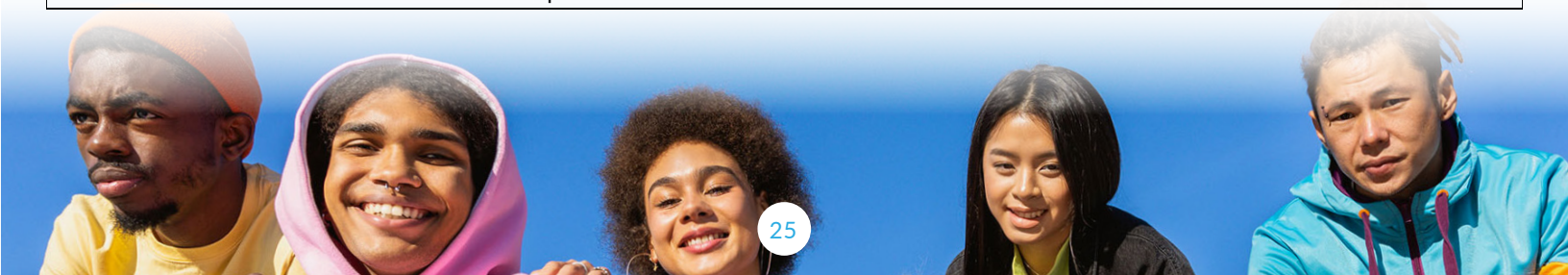


Youth Programs offered at the Waterfront Neighbourhood Centre focus on helping youth engage, develop, explore, and reach their full potential. Through program engagement and participation, youth increase their leadership skills, and autonomy while creating long-time friendships with their peers and learning from their Youth Mentors. Youth develop a sense of belonging by becoming an active member of their community, creating new opportunities and memories that will last a lifetime!

For information, please contact Cheyenne at 416.392.1509 ext. 304 or cheyenne@waterfrontnc.ca

Programs are subject to change without notice. Please check our website for updates.

Program	Description & Schedule																																																
TWEEN AFTER SCHOOL PROGRAM (GRADES 6 TO 8) Art, Dance, Education, Social Ages 11 to 14  <i>In-person</i> <i>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</i>	<p>The Tween After School Program is for youth in Grades 6 to 8, ages 11 – 14 yrs. Youth are welcome to join us for Multimedia Monday, Table Talk Tuesday, Wellness Wednesday, Tech Thursday, and Lounge Fridays! Come and participate in fun and exciting activities including arts and craft, sports and recreation and life- skills workshops! Space is limited and registration is required.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>50</td><td>Jan 15</td><td>Mar 8</td><td>Mon, Tue, Wed, Thur, Fri</td><td>3:15 PM-6:00 PM</td><td>Free</td></tr><tr><td colspan="6">No Class Feb 19</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>50</td><td>Mar 18</td><td>Jun 14</td><td>Mon, Tue, Wed, Thur, Fri</td><td>3:15 PM-6:00 PM</td><td>Free</td></tr><tr><td colspan="6">No Class Mar 29. Apr 1., May 20</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	50	Jan 15	Mar 8	Mon, Tue, Wed, Thur, Fri	3:15 PM-6:00 PM	Free	No Class Feb 19						SPRING 2024						Classes	Start	End	Day	Time	Fee	50	Mar 18	Jun 14	Mon, Tue, Wed, Thur, Fri	3:15 PM-6:00 PM	Free	No Class Mar 29. Apr 1., May 20					
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TWEEN LUNCH PROGRAM Art, Dance, Education, Social Ages 11 to 14  <i>In-person</i> <i>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</i>	<p>Come and have lunch with us in the Youth Lounge from Monday to Friday from 11:30am to 12:30pm. We provide nutritious snacks, fun activities, and mentorship opportunities. There is a one-time payment of \$30 for the entire school-year. Space is limited and registration is required.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>50</td><td>Jan 15</td><td>Mar 8</td><td>Mon, Tue, Wed, Thur, Fri</td><td>11:30 AM-12:30 PM</td><td>\$30.00</td></tr><tr><td colspan="6">No Class Feb 19</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>50</td><td>Mar 18</td><td>Jun 14</td><td>Mon, Tue, Wed, Thur, Fri</td><td>11:30 AM-12:30 PM</td><td>\$30.00</td></tr><tr><td colspan="6">No Class Mar 29, Apr 1, May 20</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	50	Jan 15	Mar 8	Mon, Tue, Wed, Thur, Fri	11:30 AM-12:30 PM	\$30.00	No Class Feb 19						SPRING 2024						Classes	Start	End	Day	Time	Fee	50	Mar 18	Jun 14	Mon, Tue, Wed, Thur, Fri	11:30 AM-12:30 PM	\$30.00	No Class Mar 29, Apr 1, May 20					
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TWEEN MARCH BREAK CAMP Art, Dance, Education, Social Ages 11 to 14  <i>In-person</i> <i>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</i>	<p>Looking for something to do during the March Break? Come and join us for fun and engaging activities including arts and craft, cooking and recreational activities with our WNC Youth Workers. Tween March Break Camp will be offered Monday March 11th until Friday March 15th from 10:30am until 4:30pm. Trip fees may apply. Space is limited and registration is required. (Maximum 25 Participants)</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>5</td><td>Mar 11</td><td>Mar 15</td><td>Mon, Tue, Wed, Thur, Fri</td><td>10:30 AM-4:30 PM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	5	Mar 11	Mar 15	Mon, Tue, Wed, Thur, Fri	10:30 AM-4:30 PM	Free	Drop-In: Yes																													
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YOUTH PROGRAMS


Program	Description & Schedule																																																
<div><div><div>TWEEN PA DAY CAMP</div><div>Art, Dance, Education, Social</div><div>Ages 11 to 14</div></div><div><div><div><div><div></div><div></div><div></div></div></div><div>In-person</div></div></div><div><div>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</div></div></div>	<div><div>Youth in Grades 6 to 8 are welcome to join us for our Tween PA Day Camp. Come prepared to participate in fun games and activities! Camps will be offered from 10:30am- until 4:30pm. Trip fees may apply. Space is limited and Registration is required. (Maximum 25 Participants).</div><div><div>WINTER 2024</div><div>January 19th, 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>1</td><td>Jan 19</td><td>Jan 19</td><td>Fri</td><td>10:30 AM-4:30 PM</td><td>Free</td></tr></table><div>February 16th, 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>1</td><td>Feb 16</td><td>Feb 16</td><td>Fri</td><td>10:30 AM-4:30 PM</td><td>Free</td></tr></table><div>SPRING 2024</div><div>April 19th, 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>1</td><td>Apr 19</td><td>Apr 19</td><td>Fri</td><td>10:30 AM-4:30 PM</td><td>Free</td></tr></table><div>June 7th, 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>1</td><td>Jun 7</td><td>Jun 7</td><td>Fri</td><td>10:30 AM-4:30 PM</td><td>Free</td></tr></table></div></div>	Classes	Start	End	Day	Time	Fee	1	Jan 19	Jan 19	Fri	10:30 AM-4:30 PM	Free	Classes	Start	End	Day	Time	Fee	1	Feb 16	Feb 16	Fri	10:30 AM-4:30 PM	Free	Classes	Start	End	Day	Time	Fee	1	Apr 19	Apr 19	Fri	10:30 AM-4:30 PM	Free	Classes	Start	End	Day	Time	Fee	1	Jun 7	Jun 7	Fri	10:30 AM-4:30 PM	Free
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<div><div><div>MULTIMEDIA STUDIO</div><div>Art, Dance, Education, Social</div><div>Ages 12 to 24</div></div><div><div><div><div><div></div><div></div><div></div></div></div><div>In-person</div></div></div><div><div>Funded in part thanks to Ports Toronto and Nieuport Aviation – Community Connect Garden and Room 13 Multimedia Studio for Youth</div></div></div>	<div><div><div>The Multimedia Studio is a practical program where you can learn hands on with our highly skilled WNC staff! This program is great for those interested in becoming a recording artist, producer, audio engineer, photographer, videographer, or graphic designer. Learn all the fundamentals you need to launch your creative career!</div><div>Registration is required.</div><div><div>WINTER 2024</div><div>Mondays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>3:00 PM-8:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>Saturdays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>12:00 PM-5:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>No Class Feb 19</div><div>SPRING 2024</div><div>Mondays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>3:00 PM-8:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>Saturdays</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>12:00 PM-5:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>No Class Apr 1, May 20</div></div></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 15	Mar 4	Mon	3:00 PM-8:00 PM	Free	Classes	Start	End	Day	Time	Fee	7	Jan 20	Mar 9	Sat	12:00 PM-5:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 18	Jun 10	Mon	3:00 PM-8:00 PM	Free	Classes	Start	End	Day	Time	Fee	12	Mar 23	Jun 15	Sat	12:00 PM-5:00 PM	Free
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Waterfront Neighbourhood Centre is a peanut/tree nut free environment.

Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area.

Thank You.

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GET JOBS FOR YOUTH Art, Dance, Education, Social Ages 14 to 24 <i>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</i>	<p>Need a Job? Don't Know where to start? Get Jobs for Youth is offered online and in-person. This program hosts employment readiness workshops to help youth with writing resumes and cover letters, job hunting, interview prep and more! Registration is required.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th colspan="6">Mondays – In person</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>6:00 PM-9:00 PM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr><tr><th colspan="6">Tuesdays – Virtual</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>6:00 PM-9:00 PM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr><tr><td colspan="6">No Class Feb 19</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th colspan="6">Mondays – In-person</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>6:00 PM-9:00 PM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr><tr><th colspan="6">Tuesdays – Virtual</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>6:00 PM-9:00 PM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr><tr><td colspan="6">No Class Apr 1, May 20</td></tr></table>	WINTER 2024						Mondays – In person						Classes	Start	End	Day	Time	Fee	7	Jan 15	Mar 4	Mon	6:00 PM-9:00 PM	Free	Drop-In: Yes						Tuesdays – Virtual						Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	6:00 PM-9:00 PM	Free	Drop-In: Yes						No Class Feb 19						SPRING 2024						Mondays – In-person						Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	6:00 PM-9:00 PM	Free	Drop-In: Yes						Tuesdays – Virtual						Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	6:00 PM-9:00 PM	Free	Drop-In: Yes						No Class Apr 1, May 20					
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YOUTH PROGRAMS

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YOUTH COOKING Art, Dance, Education, Social Ages 14 to 24 <i>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</i>	<p>Join us as we learn to cook and share dinner together! Partake in cooking challenges and learn diverse recipes from all over the world! Space is limited and registration is required.</p> <table><tr><th colspan="7">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>6:00 PM-9:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><th colspan="7">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><td colspan="2">Fee</td></tr><tr><td>12</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>6:00 PM-9:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr></table>	WINTER 2024							Classes	Start	End	Day	Time	Fee		8	Jan 17	Mar 6	Wed	6:00 PM-9:00 PM	Free		Drop-In: Yes							SPRING 2024							Classes	Start	End	Day	Time	Fee		12	Mar 20	Jun 12	Wed	6:00 PM-9:00 PM	Free		Drop-In: Yes																																																																																			
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YOUTH HOMEWORK HELP Art, Dance, Education, Social Ages 14 to 18  <i>In-person</i> <i>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</i>	<p>Youth Homework Help is a program designed for High School Students to gain extra assistance completing their homework and assignments while preparing youth for upcoming quizzes and test. Join us every Wednesday and Thursday evening to get assistance from our WNC Youth Workers. Space is limited and registration is required.</p> <table><tr><th colspan="7">WINTER 2024</th></tr><tr><th colspan="7">Tuesdays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>4:00 PM-7:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><th colspan="7">Wednesdays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>4:00 PM-7:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><th colspan="7">SPRING 2024</th></tr><tr><th colspan="7">Tuesdays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>4:00 PM-7:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><th colspan="7">Wednesdays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>4:00 PM-7:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr></table>	WINTER 2024							Tuesdays							Classes	Start	End	Day	Time	Fee		8	Jan 16	Mar 5	Tue	4:00 PM-7:00 PM	Free		Drop-In: Yes							Wednesdays							Classes	Start	End	Day	Time	Fee		8	Jan 17	Mar 6	Wed	4:00 PM-7:00 PM	Free		Drop-In: Yes							SPRING 2024							Tuesdays							Classes	Start	End	Day	Time	Fee		13	Mar 19	Jun 11	Tue	4:00 PM-7:00 PM	Free		Drop-In: Yes							Wednesdays							Classes	Start	End	Day	Time	Fee		13	Mar 20	Jun 12	Wed	4:00 PM-7:00 PM	Free		Drop-In: Yes													
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YOUTH LOUNGE Art, Dance, Education, Social Ages 14 to 24  <i>In-person</i> <i>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</i>	<p>Come and hang out with us at the WNC Youth Lounge where we offer a range of activities and life - skills workshops. Youth Lounge is a great space for youth to meet new peers, make memories and build new friendships! Our WNC Youth Staff Team will ensure that each session is filled with fun and exciting learning opportunities! Space is limited and Registration is required.</p> <table><tr><th colspan="7">WINTER 2024</th></tr><tr><th colspan="7">Tuesdays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>6:00 PM-9:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><th colspan="7">Fridays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>6:00 PM-9:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><th colspan="7">SPRING 2024</th></tr><tr><th colspan="7">Tuesdays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>6:00 PM-9:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><th colspan="7">Fridays</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th colspan="2">Fee</th></tr><tr><td>12</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>6:00 PM-9:00 PM</td><td colspan="2">Free</td></tr><tr><td colspan="7">Drop-In: Yes</td></tr><tr><td colspan="7">No Class Mar 29</td></tr></table>	WINTER 2024							Tuesdays							Classes	Start	End	Day	Time	Fee		8	Jan 16	Mar 5	Tue	6:00 PM-9:00 PM	Free		Drop-In: Yes							Fridays							Classes	Start	End	Day	Time	Fee		8	Jan 19	Mar 8	Fri	6:00 PM-9:00 PM	Free		Drop-In: Yes							SPRING 2024							Tuesdays							Classes	Start	End	Day	Time	Fee		13	Mar 19	Jun 11	Tue	6:00 PM-9:00 PM	Free		Drop-In: Yes							Fridays							Classes	Start	End	Day	Time	Fee		12	Mar 22	Jun 14	Fri	6:00 PM-9:00 PM	Free		Drop-In: Yes							No Class Mar 29						
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Fitness, Sports & Recreational Programs

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<div><div><div>YOUTH BASKETBALL</div><div>Fitness, Recreation and Sports</div><div>Ages 11 to 15</div></div><div><div><div><div><div></div><div></div><div></div></div></div><div>In-person</div></div></div></div> <div><div>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</div></div>	<div><div>Come join us Tuesday Evenings for fun basketball games, drills and skill building activities! Space is limited and Registration is required.</div><div><div>WINTER 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>6:00 PM-7:15 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div></div><div><div>SPRING 2024</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>6:00 PM-7:15 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	6:00 PM-7:15 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	6:00 PM-7:15 PM	Free																																																
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Seniors Spring BREAK CAMP

MARCH 13, 14, 15 2024



For more information contact:

Gaby Motta - Community Development and Seniors Manager
416.392.1509 ext. 328 | gaby@waterfrontnc.ca
627 Queens Quay West Toronto ON M5V 3G3

Seniors Dance Class



Interested in learning basic jazz and hip hop dance? Join us weekly for our seniors and older adults 55+ dance class!

Winter

3:45-4:45 pm
Jan 21- Mar 10
\$20 | 8 Classes

Spring

3:45-4:45 pm
Mar 24- Jun 16
\$33 | 13 Classes

Drop-in | \$3.50

For more info:
416-392-1509

✉ chase@waterfrontnc.ca



March 07, 2024
Thursday 4pm-7pm



International WOMEN'S DAY

Happy International Women's Day to all the inspiring women in the world! May this day be a celebration of your courage, strength, and resilience.

For more information contact:

Gaby Motta - Community Development and Seniors Manager
416.392.1509 ext. 328 | gaby@waterfrontnc.ca
627 Queens Quay West Toronto ON M5V 3G3



TAI CHI CLASSES

AGES 55+

Looking to lower stress levels and improve concentration, balance, and coordination? Join us every Wednesday and Friday for Tai Chi classes!

WINTER

10 am - 11 am
Jan 19- Mar 8
8 Classes | \$20

SPRING

10 am - 11 am
Mar 22- Jun 16
12 Classes | \$30






For more info, contact:
416-392-1509
chase@waterfrontnc.ca



Waterfront Neighbourhood Centre offers an array of diverse and active programs for all seniors, looking to meet new people, stay healthy and have fun. Join our enriching programs specifically designed for older adults 55+.




For information, please contact Elizabeth at 416.392.1509 ext. 327 or elizabeth@waterfrontnc.ca

Programs are subject to change without notice. Please check our website for updates.

Program	Description & Schedule																								
AFTERNOON TEA & SOCIAL Art, Dance, Education, Social Ages 55 +  <i>In-person</i> <i>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</i>	<p>Come meet new people, make new friends, have a laugh, & enjoy fun and meaningful conversations & so much more!</p> <p>WINTER 2024</p> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>1:00 PM-3:00 PM</td><td>Free</td></tr></table> <p>Drop-In: Yes No Class Feb 19</p> <p>SPRING 2024</p> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>1:00 PM-3:00 PM</td><td>Free</td></tr></table> <p>Drop-In: Yes No Class Apr 1, May 20</p>	Classes	Start	End	Day	Time	Fee	8	Jan 15	Mar 4	Mon	1:00 PM-3:00 PM	Free	Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	1:00 PM-3:00 PM	Free
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ART STUDIO Art, Dance, Education, Social Ages 55 +  <i>In-person</i> <i>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</i>	<p>This is an open art studio time where everyone is welcome to join. Bring your materials and use this time to start, continue and finish an art project like drawing, painting, scrap-booking, or crocheting. Please note that some supplies are provided and limited for group projects- we encourage you to bring your own materials.</p> <p>WINTER 2024</p> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>11:00 AM-1:00 PM</td><td>Free</td></tr></table> <p>Drop-In: Yes</p> <p>SPRING 2024</p> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>11:00 AM-1:00 PM</td><td>Free</td></tr></table> <p>Drop-In: Yes No Class Mar 29</p>	Classes	Start	End	Day	Time	Fee	8	Jan 19	Mar 8	Fri	11:00 AM-1:00 PM	Free	Classes	Start	End	Day	Time	Fee	12	Mar 22	Jun 14	Fri	11:00 AM-1:00 PM	Free
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BAKING FOR FUN Art, Dance, Education, Social Ages 55 +  <i>In-person</i> <i>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</i>	<p>Interested in Baking? If the answer is YES, then come to our Baking for Fun program! Bake some delicious and healthy treats in a fun and inclusive setting.</p> <p>WINTER 2024</p> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>12:30 PM-2:00 PM</td><td>Free</td></tr></table> <p>Drop-In: Yes</p> <p>SPRING 2024</p> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>12:30 PM-2:00 PM</td><td>Free</td></tr></table> <p>Drop-In: Yes</p>	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	12:30 PM-2:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 20	Jun 12	Wed	12:30 PM-2:00 PM	Free
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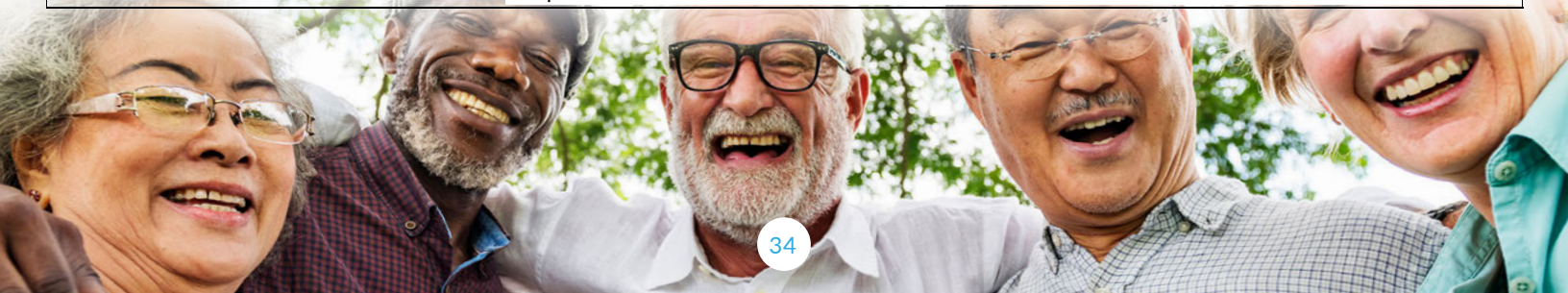
SENIORS PROGRAMS

Program	Description & Schedule																								
BOARD GAMES & FUN! Art, Dance, Education, Social Ages 55 +  <i>In-person</i> <i>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</i>	Join us for a fun afternoon of playing board games including Scrabble, Chess, Dominoes, puzzles & much more! Everyone is welcome to attend! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 18</td><td>Mar 7</td><td>Thur</td><td>1:00 PM-3:00 PM</td><td>Free</td></tr></table> Drop-In: Yes SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>1:00 PM-3:00 PM</td><td>Free</td></tr></table> Drop-In: Yes	Classes	Start	End	Day	Time	Fee	8	Jan 18	Mar 7	Thur	1:00 PM-3:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	1:00 PM-3:00 PM	Free
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EUCHRE & BRIDGE GAMES Art, Dance, Education, Social Ages 55 +  <i>In-person</i> <i>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</i>	Come join our Euchre & Bridge games group! Enjoy a relaxing game and spend time socializing with others. Everyone is welcome! This program is volunteer run and supported by our WNC staff. Volunteers needed! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>2:00 PM-4:00 PM</td><td>Free</td></tr></table> Drop-In: Yes SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>2:00 PM-4:00 PM</td><td>Free</td></tr></table> Drop-In: Yes	Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	2:00 PM-4:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	2:00 PM-4:00 PM	Free
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NEW! LATIN-MIX DANCE Art, Dance, Education, Social Ages 55 +  <i>In-person</i>	This dance and fitness class will explore a variety of Latin dances from Cuba, Columbia, Puerto Rico, and the Dominican Republic. Participants will be transported to these beautiful countries through the music, movement, and incorporation of apparel, props, and accessories- unique to each genre. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>3:00 PM-4:00 PM</td><td>\$20.00</td></tr></table> Drop-In: Yes – Fee: \$3.50 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>3:00 PM-4:00 PM</td><td>\$33.00</td></tr></table> Drop-In: Yes – Fee: \$3.50	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	3:00 PM-4:00 PM	\$20.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	3:00 PM-4:00 PM	\$33.00
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MEN'S COFFEE SOCIAL Art, Dance, Education, Social Ages 55 +  <i>In-person</i> <i>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</i>	This is a meeting place where older adult men can play games, meet new people, participate in group social activities, discussions & more! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>1:00 PM-2:00 PM</td><td>Free</td></tr></table> Drop-In: Yes SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>1:00 PM-2:00 PM</td><td>Free</td></tr></table> Drop-In: Yes	Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	1:00 PM-2:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	1:00 PM-2:00 PM	Free
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NEW! RESTORATIVE YOGA Art, Dance, Education, Social Ages 55 +  <i>In-person</i>	Join our Thursday Restorative Yoga classes and learn the art of relaxation through deep breathing, stretching, and gentle movement while working to build your strength and flexibility. All levels are welcome! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 18</td><td>Mar 7</td><td>Thur</td><td>4:30 PM-5:30 PM</td><td>\$20.00</td></tr></table> Drop-In: Yes – Fee: \$3.50 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>4:30 PM-5:30 PM</td><td>\$33.00</td></tr></table> Drop-In: Yes – Fee: \$3.50	Classes	Start	End	Day	Time	Fee	8	Jan 18	Mar 7	Thur	4:30 PM-5:30 PM	\$20.00	Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	4:30 PM-5:30 PM	\$33.00
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SENIOR'S ADVISORY COMMITTEE Art, Dance, Education, Social Ages 55 +  <i>In-person</i> Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)	Every third Thursday of every month. The Senior's Advisory Committee meet to discuss and share their program ideas, address program and senior community needs, plan special events, share their skills and learn from one another to further support the senior community at large. Join us. We look forward to hearing from you! <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>2</td><td>Jan 18</td><td>Feb 15</td><td>Thur</td><td>12:00 PM-1:00 PM</td><td>Free</td></tr></table> Drop-In: Yes Meet On Jan 18, Feb 15 <table><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>4</td><td>Mar 21</td><td>Jun 20</td><td>Thur</td><td>12:00 PM-1:00 PM</td><td>Free</td></tr></table> Drop-In: Yes Meet On Mar 21, Apr 18, May 16, Jun 20	WINTER 2024						Classes	Start	End	Day	Time	Fee	2	Jan 18	Feb 15	Thur	12:00 PM-1:00 PM	Free	SPRING 2024						Classes	Start	End	Day	Time	Fee	4	Mar 21	Jun 20	Thur	12:00 PM-1:00 PM	Free
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NEW! SENIOR'S BOLLYWOOD DANCE Art, Dance, Education, Social Ages 55 +  <i>In-person</i>	This beginner class is designed for seniors interested in learning and expanding their repertoire of Bollywood dance techniques. Come join us on Wednesdays to learn Bollywood dance in an inclusive and supportive environment! <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>5:15 PM-6:15 PM</td><td>\$20.00</td></tr></table> Drop-In: Yes – Fee: \$3.50 <table><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>5:15 PM-6:15 PM</td><td>\$33.00</td></tr></table> Drop-In: Yes – Fee: \$3.50	WINTER 2024						Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	5:15 PM-6:15 PM	\$20.00	SPRING 2024						Classes	Start	End	Day	Time	Fee	13	Mar 20	Jun 12	Wed	5:15 PM-6:15 PM	\$33.00
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NEW! SENIOR'S EVENING DROP-IN PROGRAM Art, Dance, Education, Social Ages 55 +  <i>In-person</i> Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)	Join us for a fun filled evening with a variety of weekly activities that include; crafting, singing and dancing, movie nights, outdoor walks and more! Everyone is welcome. <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 18</td><td>Mar 7</td><td>Thur</td><td>4:30 PM-6:00 PM</td><td>Free</td></tr></table> Drop-In: Yes <table><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>4:30 PM-6:00 PM</td><td>Free</td></tr></table> Drop-In: Yes	WINTER 2024						Classes	Start	End	Day	Time	Fee	8	Jan 18	Mar 7	Thur	4:30 PM-6:00 PM	Free	SPRING 2024						Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	4:30 PM-6:00 PM	Free
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NEW! SENIORS ACT OUT Art, Dance, Education, Social Ages 55 +  <i>In-person</i> Funded in part thanks to the Government of Canada's Employment and Social Development Canada – New Horizons for Seniors Program (NHSP).	Seniors Act Out (A Cultural Exploration for Seniors in Performing Arts) provides free, accessible programming that teaches fundamental skills in the performance arts and theatre with a strong focus on building cultural awareness and celebrating differences to meet the diversified needs of community members. Come learn and develop your skills in performing, acting, building sets, making props, designing costumes and more with the guidance of a Drama Coach! This program will also be delivered in select Toronto Community Housing Buildings (TCHC) supporting local senior community residents of all abilities. <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>9</td><td>Jan 18</td><td>Mar 14</td><td>Thur</td><td>3:15 PM-4:45 PM</td><td>Free</td></tr></table> Drop-In: Yes <table><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>2</td><td>Mar 21</td><td>Mar 28</td><td>Thur</td><td>3:15 PM-4:45 PM</td><td>Free</td></tr></table> Drop-In: Yes	WINTER 2024						Classes	Start	End	Day	Time	Fee	9	Jan 18	Mar 14	Thur	3:15 PM-4:45 PM	Free	SPRING 2024						Classes	Start	End	Day	Time	Fee	2	Mar 21	Mar 28	Thur	3:15 PM-4:45 PM	Free
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SENIORS PROGRAMS





Program	Description & Schedule																								
<div><div><div><div>NEW! SENIORS DANCE</div><div>Art, Dance, Education, Social</div><div>Ages 55 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div> <div><div>This class will explore the basic fundamentals of various dance styles and teach seniors to experience dance in a fun and welcoming way. Dance styles will include basic jazz technique and hip hop movement. Dance combinations will be simple and fun and feature nostalgic hits from the 1970s-2000s. Come get creative and express yourself in an inclusive and welcoming space!</div><div><div>WINTER 2024</div><table><tr><td>Classes</td><td>Start</td><td>End</td><td>Day</td><td>Time</td><td>Fee</td></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>3:45 PM-4:45 PM</td><td>\$20.00</td></tr></table><div>Drop-In: Yes – Fee: \$3.50</div><div>SPRING 2024</div><table><tr><td>Classes</td><td>Start</td><td>End</td><td>Day</td><td>Time</td><td>Fee</td></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>3:45 PM-4:45 PM</td><td>\$33.00</td></tr></table><div>Drop-In: Yes – Fee: \$3.50</div></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	3:45 PM-4:45 PM	\$20.00	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	3:45 PM-4:45 PM	\$33.00	
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<div><div><div><div>SENIORS TECH TALK</div><div>Art, Dance, Education, Social</div><div>Ages 55 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div> <div><div><div>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</div></div><div><div>A friendly forum to talk about technology in all it's aspects. Having trouble navigating the applications on your device? We are here to help you! Understand and learn how to overcome these situations. Bring your device in and let's have a look together, we believe it's never too late to learn!</div><div><div>WINTER 2024</div><table><tr><td>Classes</td><td>Start</td><td>End</td><td>Day</td><td>Time</td><td>Fee</td></tr><tr><td>8</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>11:00 AM-12:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>No Class Feb 19 – 11:00 AM – 12:00 PM</div><div>SPRING 2024</div><table><tr><td>Classes</td><td>Start</td><td>End</td><td>Day</td><td>Time</td><td>Fee</td></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>11:00 AM-12:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>No Class Apr 1, May 20</div></div></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 15	Mar 4	Mon	11:00 AM-12:00 PM	Free	Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	11:00 AM-12:00 PM	Free	
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<div><div><div><div>STRONGER TOGETHER 2SLGBTQ+ & ALLY</div><div>Art, Dance, Education, Social</div><div>Ages 55 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div> <div><div><div>Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)</div></div><div><div>Join us for some fun activities and games, coffee chats with friends of the community, and so much more! People from all communities are welcome. This is a safe place for everyone!</div><div><div>WINTER 2024</div><table><tr><td>Classes</td><td>Start</td><td>End</td><td>Day</td><td>Time</td><td>Fee</td></tr><tr><td>4</td><td>Jan 23</td><td>Mar 5</td><td>Tue</td><td>4:30 PM-6:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>Meet On Jan 23, Feb 6, Feb 20, Mar 5</div><div>SPRING 2024</div><table><tr><td>Classes</td><td>Start</td><td>End</td><td>Day</td><td>Time</td><td>Fee</td></tr><tr><td>6</td><td>Mar 26</td><td>Jun 4</td><td>Tue</td><td>4:30 PM-6:00 PM</td><td>Free</td></tr></table><div>Drop-In: Yes</div><div>Meet On Mar 26, Apr 9, Apr 23, May 7, May 21, Jun 4</div></div></div></div>	Classes	Start	End	Day	Time	Fee	4	Jan 23	Mar 5	Tue	4:30 PM-6:00 PM	Free	Classes	Start	End	Day	Time	Fee	6	Mar 26	Jun 4	Tue	4:30 PM-6:00 PM	Free	
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Fitness, Sports & Recreational Programs

Program	Description & Schedule																																																												
<div><div><div>FULL BODY STRENGTHENING</div><div>Fitness, Recreation and Sports</div><div>Ages 55 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div> <div>Maximum of 10 participants.</div>	<div><p>Joining our Full Body Strengthening Workout class will provide you with great health benefits. This is an opportunity for you to train all your muscles in one workout; no muscles left behind! This full body workout class will also incorporate a range of deep breathing exercises to train your functional strength and cardiovascular health.</p></div> <div><div>WINTER 2024</div><div><div>Full Body Strengthening: Sitting and Standing Cardio</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>12:45 PM-1:45 PM</td><td>\$20.00</td></tr></table><div>Drop-In: Yes – Fee: \$3.50</div></div><div><div>Full Body Strengthening: Standing Cardio</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>2:00 PM-3:00 PM</td><td>\$20.00</td></tr></table><div>Drop-In: Yes – Fee: \$3.50</div></div><div><div>Full Body Strengthening Plus</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>3:15 PM-4:15 PM</td><td>\$20.00</td></tr></table></div></div> <div><div>SPRING 2024</div><div><div>Full Body Strengthening: Sitting and Standing Cardio</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>10:15 AM-11:15 AM</td><td>\$33.00</td></tr></table></div><div><div>Full Body Strengthening: Standing Cardio</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>10:15 AM-11:15 AM</td><td>\$33.00</td></tr></table></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	12:45 PM-1:45 PM	\$20.00	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	2:00 PM-3:00 PM	\$20.00	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	3:15 PM-4:15 PM	\$20.00	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	10:15 AM-11:15 AM	\$33.00	Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	10:15 AM-11:15 AM	\$33.00
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<div><div><div>FULL BODY STRENGTHENING: INTERMEDIATE</div><div>Fitness, Recreation and Sports</div><div>Ages 55 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div> <div>Maximum of 10 participants.</div>	<div><p>Joining our Full Body Strengthening Workout class will provide you with great health benefits. This is an opportunity for you to train all your muscles in one workout; no muscles left behind! This full body workout class will also incorporate a range of deep breathing exercises to train your functional strength and cardiovascular health. This class is recommended for participants who have previously taken the beginner Full Body Strengthening class.</p></div> <div><div>WINTER 2024</div><div>Not Offered</div></div> <div><div>SPRING 2024</div><div><div>Full Body Strengthening: Intermediate</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>11:30 AM-12:30 PM</td><td>\$33.00</td></tr></table></div><div><div>Full Body Strengthening: Intermediate</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>11:30 AM-12:30 PM</td><td>\$33.00</td></tr></table></div></div>	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	11:30 AM-12:30 PM	\$33.00	Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	11:30 AM-12:30 PM	\$33.00																																				
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SENIORS PROGRAMS




Program	Description & Schedule																								
GENTLE FITNESS Fitness, Recreation and Sports Ages 55 +  <i>In-person</i>	Relax, stretch, strengthen and tone your body with this gentle full-body workout. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>9:30 AM-10:30 AM</td><td>\$20.00</td></tr></table> Drop-In: Yes – Fee: \$3.50 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>9:30 AM-10:30 AM</td><td>\$33.00</td></tr></table> Drop-In: Yes – Fee: \$3.50	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	9:30 AM-10:30 AM	\$20.00	Classes	Start	End	Day	Time	Fee	13	Mar 20	Jun 12	Wed	9:30 AM-10:30 AM	\$33.00
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GENTLE YOGA (HATHA) Fitness, Recreation and Sports Ages 55 +  <i>In-person</i>	Join our Monday Gentle (Hatha) Yoga class to learn the art of relaxation through deep breathing, stretching and gentle movement while working to build your strength and flexibility. All levels are welcome! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>9:45 AM-10:45 AM</td><td>\$18.00</td></tr></table> Drop-In: Yes – Fee: \$3.50 No Class Feb 19 – 9:45 AM – 10:45 AM SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>9:45 AM-10:45 AM</td><td>\$28.00</td></tr></table> Drop-In: Yes – Fee: \$3.50 No Class Apr 1, May 20	Classes	Start	End	Day	Time	Fee	7	Jan 15	Mar 4	Mon	9:45 AM-10:45 AM	\$18.00	Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	9:45 AM-10:45 AM	\$28.00
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PILATES FOR SENIORS Fitness, Recreation and Sports Ages 55 +  <i>In-person</i>	This is an open mat Pilates class for people of all fitness levels. In this class you will focus on the core body. Pilates will support improvements in flexibility and strength, better posture, flattening and tightening of your abs, and increase your sense of well-being! Mats are provided upon request. You are welcome to bring your own. WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>11:00 AM-12:00 PM</td><td>\$20.00</td></tr></table> Drop-In: Yes – Fee: \$3.50 SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>11:00 AM-12:00 PM</td><td>\$33.00</td></tr></table> Drop-In: Yes – Fee: \$3.50	Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	11:00 AM-12:00 PM	\$20.00	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	11:00 AM-12:00 PM	\$33.00
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SENIOR SPORTS Fitness, Recreation and Sports Ages 55 +  <i>In-person</i> Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)	Come out and play your favourite sports such as badminton, basketball, or volleyball. This program is open to all levels and skill sets, lets have fun! WINTER 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>3:30 PM-4:30 PM</td><td>Free</td></tr></table> Drop-In: Yes SPRING 2024 <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>3:30 PM-4:30 PM</td><td>Free</td></tr></table> Drop-In: Yes No Class Mar 29 – 3:30 PM – 4:30 PM	Classes	Start	End	Day	Time	Fee	8	Jan 19	Mar 8	Fri	3:30 PM-4:30 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 22	Jun 14	Fri	3:30 PM-4:30 PM	Free
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Waterfront Neighbourhood Centre is a peanut/tree nut free environment.

Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area.

Thank You.

Program	Description & Schedule																																																						
SENIOR'S WALKING GROUP Fitness, Recreation and Sports Ages 55 +  <i>In-person</i> Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)	<p>Do you like to walk while being in the company of others? If the answer is YES, then come join WNC's Walking Group and enjoy the sights and sounds of nature in the city. Participants should wear appropriate clothing and footwear. Walks will transition indoors in the case of extreme weather.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>11:00 AM-12:00 PM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>11:00 AM-12:00 PM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	11:00 AM-12:00 PM	Free	Drop-In: Yes						SPRING 2024						Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	11:00 AM-12:00 PM	Free	Drop-In: Yes											
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TAI CHI Fitness, Recreation and Sports Ages 55 +  <i>In-person</i>	<p>Tai Chi is an internal Chinese martial art practiced for defense training, health benefits, and meditation. This class will help you reduce tension, improve flexibility, and increases circulation in your body!</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>10:00 AM-11:00 AM</td><td>\$20.00</td></tr><tr><td colspan="6">Drop-In: Yes – Fee: \$3.50</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>10:00 AM-11:00 AM</td><td>\$30.00</td></tr><tr><td colspan="6">Drop-In: Yes – Fee: \$3.50</td></tr><tr><td colspan="6">No Class Mar 29</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	8	Jan 19	Mar 8	Fri	10:00 AM-11:00 AM	\$20.00	Drop-In: Yes – Fee: \$3.50						SPRING 2024						Classes	Start	End	Day	Time	Fee	12	Mar 22	Jun 14	Fri	10:00 AM-11:00 AM	\$30.00	Drop-In: Yes – Fee: \$3.50						No Class Mar 29					
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ZUMBA GOLD Fitness, Recreation and Sports Ages 55 +  <i>In-person</i>	<p>The 80s are back! This unique Zumba style combines classic Zumba dance elements with step aerobics to deliver a killer leg and glute workout. You don't have to break out the old leotard and leg warmers, but we also won't stop you!</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>4:30 PM-5:30 PM</td><td>\$20.00</td></tr><tr><td colspan="6">Drop-In: Yes – Fee: \$3.50</td></tr><tr><th colspan="6">SPRING 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>4:30 PM-5:30 PM</td><td>\$30.00</td></tr><tr><td colspan="6">Drop-In: Yes – Fee: \$3.50</td></tr><tr><td colspan="6">No Class Mar 29</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	8	Jan 19	Mar 8	Fri	4:30 PM-5:30 PM	\$20.00	Drop-In: Yes – Fee: \$3.50						SPRING 2024						Classes	Start	End	Day	Time	Fee	12	Mar 22	Jun 14	Fri	4:30 PM-5:30 PM	\$30.00	Drop-In: Yes – Fee: \$3.50						No Class Mar 29					
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NEW! MARCH BREAK ACTIVITY FUN! Camps and Special Events Ages 55 +  <i>In-person</i> Funded in part thanks to Ministry for Seniors and Accessibility – Seniors Active Living Centres. (SALC)	<p>Come and have a fun filled morning and afternoon doing games, arts & crafts. Class will take place indoors/outdoors if weather allows.</p> <table><tr><th colspan="6">WINTER 2024</th></tr><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>3</td><td>Mar 13</td><td>Mar 15</td><td>Wed, Thur, Fri</td><td>11:00 AM-3:00 AM</td><td>Free</td></tr><tr><td colspan="6">Drop-In: Yes</td></tr><tr><td colspan="6">Meet On Mar 13, Mar 14, Mar 15</td></tr></table>	WINTER 2024						Classes	Start	End	Day	Time	Fee	3	Mar 13	Mar 15	Wed, Thur, Fri	11:00 AM-3:00 AM	Free	Drop-In: Yes						Meet On Mar 13, Mar 14, Mar 15																													
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Waterfront
Neighbourhood
Centre



KIDS | ADULTS |
SENIORS

BOLLYWOOD DANCE CLASSES

WINTER JAN 17- MAR 6

Children (6-11)
\$50 | 8 Classes

Seniors (55+)
\$20 | 8 Classes

Adults (18+)
\$56 | 8 Classes

SPRING MAR 20- JUN 12

Children (6-11)
\$81 | 13 Classes

Seniors (55+)
\$33 | 13 Classes

Adults (18+)
\$91 | 13 Classes

Join us every
Wednesday for
Bollywood
Dance classes!



For more info:

☎ 416-392-1509

✉ chase@waterfrontnc.ca

ADULT (18+)

Pop Jazz DANCE

WINTER

JAN 21 - MAR 10
\$56 | 8 CLASSES
2:30 - 3:30 PM

SPRING

MAR 24 - JUN 16
\$91 | 13 CLASSES
2:30 - 3:30 PM



JOIN US EVERY SUNDAY FOR POP JAZZ
DANCE!

LEARN BASIC MOVEMENTS ROOTED IN
MODERN STREET DANCES LIKE JAZZ
FUNK, LYRICAL JAZZ AND HIP HOP!

FOR MORE INFO:

☎ 416-392-1509

✉ CHASE@WATERFRONTNC.CA



DANCE MIX SUNDAYS

Open to Adults 18+

Join us every Sunday and
learn a new style (or mix of
styles) every week!

SUNDAYS
12:30 - 1:30 PM



WINTER

JAN 21- MAR 10
\$56 | 8 CLASSES

SPRING

MAR 24- JUN 16
\$91 | 13 CLASSES

DROP-IN | \$9

FOR MORE INFO:

☎ 416-392-1509

✉ CHASE@WATERFRONTNC.CA



PILATES

Classes



Join us every Sunday for a workout to help
increase your core strength, balance, and
flexibility!

Winter

Pilates (18+)
12:15-1:15 pm
Jan 21-Mar 10
8 Classes | \$56

**Pilates for
Seniors (55+)**
11 am-12 pm
Jan 21-Mar 10
8 Classes | \$20

Spring

Pilates (18+)
12:15-1:15 pm
Mar 24-Jun 16
13 Classes | \$91

**Pilates for
Seniors (55+)**
11 pm-12 pm
Mar 24-Jun 16
13 Classes | \$33

For more info:

☎ 416-392-1509 or

✉ chase@waterfrontnc.ca







Waterfront Neighbourhood Centre wants to help you stay healthy & active! We have some exciting new instructors teaching the classes that you'll love!

- Fitness Programs
- Recreational Sports
- Weight Room

For information, please contact Chase at 416.392.1509 ext. 341 or chase@waterfrontnc.ca

Programs are subject to change without notice. Please check our website for updates.

Program	Description & Schedule																																																
AFRO-CUBAN DANCE Art, Dance, Education, Social Ages 18 +  <i>In-person</i>	<p>Interested in learning the basic fundamentals of Yoruba, Orisha, Congo, Arará, Yukon Macuta, Rumba dance styles? Come get creative and express yourself in an inclusive and welcoming space!</p> <div>WINTER 2024</div> <div>Afro-Cuban Dance – Class 1</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>2:45 PM-3:45 PM</td><td>\$56.00</td></tr></table> <p>Drop-In: Yes – Fee: \$9.00</p> <div>Afro-Cuban Dance – Class 2</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>3:45 PM-4:45 PM</td><td>\$56.00</td></tr></table> <p>Drop-In: Yes – Fee: \$9.00</p> <div>SPRING 2024</div> <div>Afro-Cuban Dance – Class 1</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>2:45 PM-3:45 PM</td><td>\$91.00</td></tr></table> <p>Drop-In: Yes – Fee: \$9.00</p> <div>Afro-Cuban Dance – Class 2</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>3:45 PM-4:45 PM</td><td>\$91.00</td></tr></table> <p>Drop-In: Yes – Fee: \$9.00</p>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	2:45 PM-3:45 PM	\$56.00	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	3:45 PM-4:45 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	2:45 PM-3:45 PM	\$91.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	3:45 PM-4:45 PM	\$91.00
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ART NIGHT OUT Art, Dance, Education, Social Ages 18 +  <i>In-person</i>	<p>Enjoy a fun night out with your friends and come meet new people by exploring a variety of art styles with the guidance of a professional visual artist! Bring your favourite hot drink and/or cold beverage with you and let's have a fun Art Night Out!</p> <div>WINTER 2024</div> <div>Art Night Out! – Ages 18+</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 18</td><td>Mar 7</td><td>Thur</td><td>5:30 PM-7:00 PM</td><td>\$84.00</td></tr></table> <p>Drop-In: Yes – Fee: \$9.00</p> <div>SPRING 2024</div> <div>Art Night Out! – Session 1</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Mar 21</td><td>May 2</td><td>Thur</td><td>5:30 PM-7:00 PM</td><td>\$74.00</td></tr></table> <p>Drop-In: Yes – Fee: \$9.00</p> <div>Art Night Out! – Session 2</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>6</td><td>May 9</td><td>Jun 13</td><td>Thur</td><td>5:30 PM-7:00 PM</td><td>\$63.00</td></tr></table> <p>Drop-In: Yes – Fee: \$9.00</p>	Classes	Start	End	Day	Time	Fee	8	Jan 18	Mar 7	Thur	5:30 PM-7:00 PM	\$84.00	Classes	Start	End	Day	Time	Fee	7	Mar 21	May 2	Thur	5:30 PM-7:00 PM	\$74.00	Classes	Start	End	Day	Time	Fee	6	May 9	Jun 13	Thur	5:30 PM-7:00 PM	\$63.00												
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WEIGHT ROOM FACILITY

WEIGHT ROOM HOURS OF OPERATION:

Monday - Friday 8:00 AM - 9:00 PM
Saturday & Sunday 11:00 AM - 5:00PM

WOMEN ONLY TIMES:

Tuesday/Thursday 6:30 PM - 7:30 PM & Saturdays 12:00 pm - 1:00 pm

If you wish to use the Weight Room, please read the following guidelines thoroughly:

- A waiver, assessment & memorandum form must be completed at reception desk prior to use of the Weight Room.
- Upon entering weight room, please sanitize your hands immediately and make good use of our sanitation stations throughout the facility during your workouts. Wash your hands with soap and warm water for at least 30 seconds prior to entering into the facility and for good measure wash them again as you leave.
- **You are required to wipe down and disinfect all equipment after usage.** No exceptions. Anyone not adhering to these guidelines will no-longer be able to access the premises.
- Face masks are not required while inside the gym facility, and/or during physical activity.

Youth (16 - 24 years) & Seniors 60+:

\$8.50/month
\$45/6 months
\$89.50/ 1 year
\$6.50 ID card

Adult Members (24+ years):

\$25/month
\$124/6 months
\$236/ 1 year
\$6.50 ID card

WNC membership is required WNC membership is required.

Weight Room Membership Guidelines:

Weight room members **MUST** have a valid Weight Room membership, ID Access Card & WNC membership. Please sign up and pay the onetime \$6.50 fee for the ID Access Card (replacement ID cards for lost cards are \$6.50).

- Gym bags and jackets are not permitted in the weight room.
- Gym attire and proper athletic footwear required.
- Failure to adhere to the rules of the Weight Room could lead to permanent suspension of all Weight Room privileges.

Change Room Access:

Changing in the public space or washroom is not permitted. You must use the Change Room.

Change Rooms close at 5:00 PM on weekends.

WNC has an ID Access Card system in place for access to the change rooms. Cards may be purchased at reception for \$6.50.



Waterfront
Neighbourhood
Centre

Program	Description & Schedule																								
<div><div><div>NEW! BOLLYWOOD DANCE</div><div>Art, Dance, Education, Social</div><div>Ages 18 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div>	<div><div>This beginner class is designed for adults interested in learning and expanding their repertoire of Bollywood dance techniques. Come join us on Wednesdays to learn Bollywood dance in an inclusive and supportive environment!</div><div><div>WINTER 2024</div><div><div>Bollywood Dance (Ages 18 yrs+)</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>6:30 PM-7:30 PM</td><td>\$56.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div></div><div><div>SPRING 2024</div><div><div>Bollywood Dance (Ages 18 yrs+)</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>6:30 PM-7:30 PM</td><td>\$91.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div></div></div></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	6:30 PM-7:30 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Jan 17	Mar 6	Wed	6:30 PM-7:30 PM	\$91.00
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<div><div><div>DANCE MIX SUNDAYS</div><div>Art, Dance, Education, Social</div><div>Ages 18 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div>	<div><div><div>This class is designed for adults 18+ interested in learning a new style every week! Get a taste of everything from jazz to contemporary and jazz funk to hip hop! Dancing weekly to a variety of pop tunes, come join us on Sundays for a great mind body workout in a fun, supportive class! No dance experience necessary.</div><div><div>WINTER 2024</div><div><div>Dance Mix Sundays – Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>12:30 PM-1:30 PM</td><td>\$56.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div></div><div><div>SPRING 2024</div><div><div>Dance Mix Sundays – Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>12:30 PM-1:30 PM</td><td>\$91.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div></div></div></div></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	12:30 PM-1:30 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	12:30 PM-1:30 PM	\$91.00
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<div><div><div>NEW! POP JAZZ DANCE</div><div>Art, Dance, Education, Social</div><div>Ages 18 +</div></div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div>	<div><div><div>This class is designed for adults 18+ interested in learning basic movements rooted in modern street dances like Jazz Funk, Lyrical Jazz and Hip Hop! Dancing weekly to a variety of pop tunes, come join us on Sundays for a great mind body workout in a fun, supportive class! No dance experience necessary.</div><div><div>WINTER 2024</div><div><div>Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>2:30 PM-3:30 PM</td><td>\$56.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div></div><div><div>SPRING 2024</div><div><div>Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>2:30 PM-3:30 PM</td><td>\$91.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div></div></div></div></div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	2:30 PM-3:30 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	2:30 PM-3:30 PM	\$91.00
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**Come
Garden
With Us!**

Community Connect Garden

- Learn how to garden in the City
- Share in the harvest
- No experience needed. All ages welcome!
- Individual and corporate volunteers!
- Hours are flexible, and tasks are tailored to your interests.
- High School students can earn volunteer hours for their graduation requirements!

For more information,
 contact Chase Tam,
chase@waterfrontnc.ca
 416.392.1509 | ext.341






Waterfront
Neighbourhood
Centre



Fitness, Sports & Recreational Programs

Program	Description & Schedule																								
<div><div><div>BABY AND ME YOGALATES (POST-NATAL)</div><div>Fitness, Recreation and Sports</div><div>Ages 0 to 1</div></div><div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div>	<div>Try out something new and fun for you and your baby! This fusion of Yoga and Pilates incorporates interaction with your baby (up to 12 months) while increasing your own core strength, reducing stress, and re-energizing you!</div> <div><div>WINTER 2024</div><div>Baby and Me Yogalates (Post-Natal) – Ages 0 – 1 yrs</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>11:00 AM-12:00 PM</td><td>\$49.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div><div>No Class Feb 19</div><div>SPRING 2024</div><div>Baby and Me Yogalates (Post-Natal) – Ages 0 – 1 yrs</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>11:00 AM-12:00 PM</td><td>\$77.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div><div>No Class Apr 1, May 20</div></div>	Classes	Start	End	Day	Time	Fee	7	Jan 15	Mar 4	Mon	11:00 AM-12:00 PM	\$49.00	Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	11:00 AM-12:00 PM	\$77.00
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<div><div><div>BABY AND ME YOGALATES (PRE-NATAL)</div><div>Fitness, Recreation and Sports</div><div>Ages 18 +</div></div><div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div>	<div>This fusion of Yoga and Pilates incorporates body movement, mobility, and breathing to help support you during pregnancy. Join us weekly for this new and exciting class!</div> <div><div>WINTER 2024</div><div>Baby and Me Yogalates (Pre-Natal) – Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Jan 15</td><td>Mar 4</td><td>Mon</td><td>12:15 PM-1:15 PM</td><td>\$49.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div><div>No Class Feb 19 – 12:15 PM – 1:15 PM</div><div>SPRING 2024</div><div>Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>11</td><td>Mar 18</td><td>Jun 10</td><td>Mon</td><td>12:15 PM-1:15 PM</td><td>\$77.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div><div>No Class Apr 1, May 20</div></div>	Classes	Start	End	Day	Time	Fee	7	Jan 15	Mar 4	Mon	12:15 PM-1:15 PM	\$49.00	Classes	Start	End	Day	Time	Fee	11	Mar 18	Jun 10	Mon	12:15 PM-1:15 PM	\$77.00
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<div><div><div>NEW! BEGINNER BALLET</div><div>Fitness, Recreation and Sports</div><div>Ages 18 +</div></div><div><div><div><div><div></div><div></div><div></div></div><div>In-person</div></div></div></div></div>	<div>This class is designed for adults 18+ interested in learning the basic foundations of ballet. Come join us on Saturdays and learn ballet in an inclusive and supportive environment! Open to all levels- no experience necessary.</div> <div><div>WINTER 2024</div><div>Beginner Ballet – Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>3:30 PM-4:30 PM</td><td>\$56.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div><div>SPRING 2024</div><div>Beginner Ballet – Ages 18+</div><table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>3:30 PM-4:30 PM</td><td>\$91.00</td></tr></table><div>Drop-In: Yes – Fee: \$9.00</div></div>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	3:30 PM-4:30 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	3:30 PM-4:30 PM	\$91.00
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Program	Description & Schedule																								
BODY SCULPT & CONDITION Fitness, Recreation and Sports Ages 18 +  <i>In-person</i>	Body Sculpt and Condition will help tone and strengthen your body while improving your endurance! This is a super fun and energizing class so please be prepared to sweat! All levels are welcome! WINTER 2024 Body Sculpt & Condition – Adults 18+ <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>6:30 PM-7:30 PM</td><td>\$56.00</td></tr></table> Drop-In: Yes – Fee: \$9.00 SPRING 2024 Body Sculpt & Condition – Adults 18+ <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>6:30 PM-7:30 PM</td><td>\$91.00</td></tr></table> Drop-In: Yes – Fee: \$9.00	Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	6:30 PM-7:30 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	6:30 PM-7:30 PM	\$91.00
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CO-ED BADMINTON Fitness, Recreation and Sports Ages 18 +  <i>In-person</i>	Come and enjoy recreational sports at WNC! Spaces are limited; first come, first serve. 24 players maximum. Get a number (place holder) at 6:30 pm. Wrist band sales begin at 7:00 PM. All participants must register by 8:00 PM. Our 10-visit punch card is non-transferable. Capacity: 24 people total. Teams will rotate. WINTER 2024 Co-Ed Badminton – Adult (18+ yrs) <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 16</td><td>Mar 5</td><td>Tue</td><td>7:30 PM-9:15 PM</td><td></td></tr></table> Drop-In: Yes – Fee: \$4.50 SPRING 2024 Co-Ed Badminton – Adult (18+ yrs) <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>7:30 PM-9:15 PM</td><td></td></tr></table> Drop-In: Yes – Fee: \$4.50	Classes	Start	End	Day	Time	Fee	8	Jan 16	Mar 5	Tue	7:30 PM-9:15 PM		Classes	Start	End	Day	Time	Fee	13	Mar 19	Jun 11	Tue	7:30 PM-9:15 PM	
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CO-ED VOLLEYBALL Fitness, Recreation and Sports Ages 18 +  <i>In-person</i>	Come and enjoy recreational sports at WNC! Spaces are limited; first come first serve. 30 players maximum. Get a number (place holder) at 6:30 pm. Wrist band sales will begin at 7:00 PM. All participants must register by 8:00 PM. Our 10-visit punch card is non-transferable. Capacity: 30 people total. Teams will rotate. WINTER 2024 Co-Ed Volleyball – Adult (18+ yrs) <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>15</td><td>Jan 15</td><td>Mar 6</td><td>Mon, Wed</td><td>7:30 PM-9:15 PM</td><td></td></tr></table> Drop-In: Yes – Fee: \$4.50 No Class Feb 19 SPRING 2024 Co-Ed Volleyball – Adult (18+ yrs) <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>24</td><td>Mar 18</td><td>Jun 12</td><td>Mon, Wed</td><td>7:30 PM-9:15 PM</td><td></td></tr></table> Drop-In: Yes – Fee: \$4.50 No Class Apr 1, May 20	Classes	Start	End	Day	Time	Fee	15	Jan 15	Mar 6	Mon, Wed	7:30 PM-9:15 PM		Classes	Start	End	Day	Time	Fee	24	Mar 18	Jun 12	Mon, Wed	7:30 PM-9:15 PM	
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Waterfront Neighbourhood Centre is a peanut/tree nut free environment.

Please do not bring any peanut/tree nut or products containing peanut/tree nut into our centre or playground area.

Thank You.

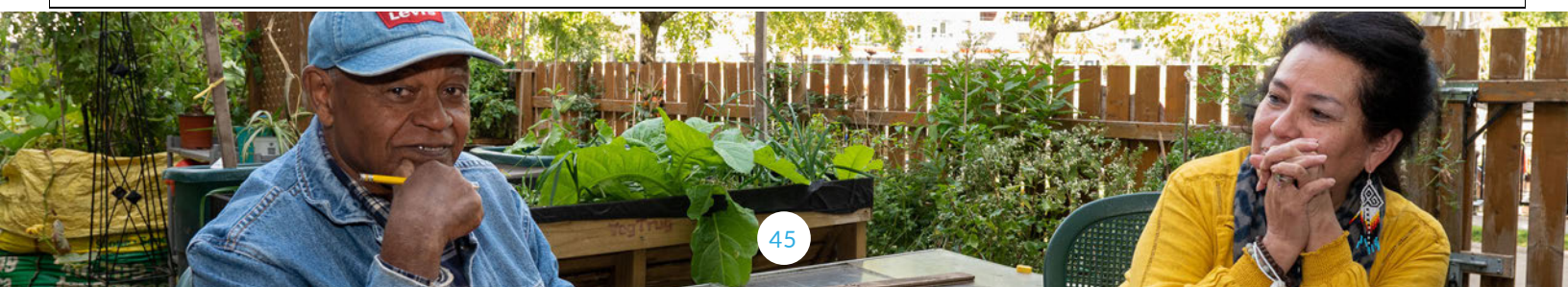
Program	Description & Schedule																								
NEW! LATIN-MIX DANCE Fitness, Recreation and Sports Ages 18 +  <i>In-person</i>	<p>This dance and fitness class will explore a variety of Latin dances from Cuba, Columbia, Puerto Rico, and the Dominican Republic. Participants will be transported to these beautiful countries through the music, movement, and incorporation of apparel, props, and accessories- unique to each genre.</p> <div>WINTER 2024 Latin-Mix Dance – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>1:45 PM-2:45 PM</td><td>\$56.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p>SPRING 2024 Latin-Mix Dance – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>1:45 PM-2:45 PM</td><td>\$91.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p></div>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	1:45 PM-2:45 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	1:45 PM-2:45 PM	\$91.00
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PILATES Fitness, Recreation and Sports Ages 18 +  <i>In-person</i>	<p>This is an open mat Pilates class for people of all fitness levels. In this class you will focus on the core body. Pilates will support improvements in flexibility and strength, better posture, flattening and tightening of your abs, and increase your sense of well-being! Mats are provided upon request. You are welcome to bring your own.</p> <div>WINTER 2024 Pilates – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 21</td><td>Mar 10</td><td>Sun</td><td>12:15 PM-1:15 PM</td><td>\$56.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p>SPRING 2024 Pilates – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 24</td><td>Jun 16</td><td>Sun</td><td>12:15 PM-1:15 PM</td><td>\$91.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p></div>	Classes	Start	End	Day	Time	Fee	8	Jan 21	Mar 10	Sun	12:15 PM-1:15 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 24	Jun 16	Sun	12:15 PM-1:15 PM	\$91.00
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YOGA Fitness, Recreation and Sports Ages 18 +  <i>In-person</i>	<p>Join our Saturday Yoga classes and learn the art of relaxation through deep breathing, stretching, and gentle movement while working to build your strength and flexibility. All levels are welcome!</p> <div>WINTER 2024 Yoga – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 20</td><td>Mar 9</td><td>Sat</td><td>11:30 AM-12:30 PM</td><td>\$56.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p>SPRING 2024 Yoga – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 23</td><td>Jun 15</td><td>Sat</td><td>11:30 AM-12:30 PM</td><td>\$91.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p></div>	Classes	Start	End	Day	Time	Fee	8	Jan 20	Mar 9	Sat	11:30 AM-12:30 PM	\$56.00	Classes	Start	End	Day	Time	Fee	13	Mar 23	Jun 15	Sat	11:30 AM-12:30 PM	\$91.00
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ZUMBA Fitness, Recreation and Sports Ages 18 +  <i>In-person</i>	<p>A total workout combining all elements of fitness – cardio, muscle conditioning, balance and flexibility. Get a boost of energy and a serious dose of awesome each time you attend class!</p> <div>WINTER 2024 Zumba – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 19</td><td>Mar 8</td><td>Fri</td><td>5:45 PM-6:45 PM</td><td>\$56.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p>SPRING 2024 Zumba – Ages 18+<table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>12</td><td>Mar 22</td><td>Jun 14</td><td>Fri</td><td>5:45 PM-6:45 PM</td><td>\$84.00</td></tr></table><p>Drop-In: Yes – Fee: \$9.00</p><p>No Class Mar 29</p></div>	Classes	Start	End	Day	Time	Fee	8	Jan 19	Mar 8	Fri	5:45 PM-6:45 PM	\$56.00	Classes	Start	End	Day	Time	Fee	12	Mar 22	Jun 14	Fri	5:45 PM-6:45 PM	\$84.00
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Waterfront Neighbourhood Centre exercises to create safe spaces and supportive activities for the diverse communities in the Waterfront! We offer a number of community services including a clothing program, information and referral program, as well other community activities and special events.

Programs are subject to change without notice. Please check our website for updates.

Program	Description & Schedule																								
<div>COMMUNITY KITCHEN PROGRAM</div> <div>Art, Dance, Education, Social</div> <div>Ages 18 +</div> <div><div><div><div></div><div></div><div></div></div></div><div>In-person</div></div> <div>Funded in part thanks to the City of Toronto – Community Services Partnership Program.</div>	<div>Join us for an evening of socializing and cooking together! Develop your cooking skills, learn, and share nutritional recipes, all while preparing delicious and affordable meals together as a group. Pre-register one day prior to attending programs to secure your spot.</div> <div>WINTER 2024</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>4</td><td>Jan 16</td><td>Feb 27</td><td>Tue</td><td>4:30 PM-6:00 PM</td><td>Free</td></tr></table> <div>Meet On Jan 16, Jan 30, Feb 13, Feb 27</div> <div>SPRING 2024</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>7</td><td>Mar 19</td><td>Jun 11</td><td>Tue</td><td>4:30 PM-6:00 PM</td><td>Free</td></tr></table> <div>Meet On Mar 19, Apr 2, Apr 16, Apr 30, May 14, May 28, Jun 11</div>	Classes	Start	End	Day	Time	Fee	4	Jan 16	Feb 27	Tue	4:30 PM-6:00 PM	Free	Classes	Start	End	Day	Time	Fee	7	Mar 19	Jun 11	Tue	4:30 PM-6:00 PM	Free
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<div>COMMUNITY KNITTING & CROCHET GROUP</div> <div>Art, Dance, Education, Social</div> <div>Ages 18 +</div> <div><div><div><div></div><div></div><div></div></div></div><div>In-person</div></div>	<div>Join us for a casual evening of knitting/crocheting and yarn crafts. We share patterns, lessons, and conversation. Bring your own supplies – some supplies may be available. Everyone is welcome!</div> <div>WINTER 2024</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 18</td><td>Mar 7</td><td>Thur</td><td>6:30 PM-8:00 PM</td><td>Free</td></tr></table> <div>Drop-In: Yes</div> <div>SPRING 2024</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 21</td><td>Jun 13</td><td>Thur</td><td>6:30 PM-8:00 PM</td><td>Free</td></tr></table> <div>Drop-In: Yes</div>	Classes	Start	End	Day	Time	Fee	8	Jan 18	Mar 7	Thur	6:30 PM-8:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 21	Jun 13	Thur	6:30 PM-8:00 PM	Free
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<div>INDIVIDUAL SUPPORT & REFERRAL SERVICE</div> <div>Art, Dance, Education, Social</div> <div>Ages 18 +</div> <div><div><div><div></div><div></div><div></div></div></div><div>In-person</div></div>	<div>We are always here to help connect you with the resources you need: Affordable Housing, Neighbourhood Programs, Food Access, Clothing, Education, Health Promotion, Health Issues, Legal Services, as well as Adults, Seniors, and Family Services & more.</div> <div>By appointment only. Please contact: gaby@waterfrontnc.ca</div> <div>WINTER 2024</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>8</td><td>Jan 17</td><td>Mar 6</td><td>Wed</td><td>11:00 AM-3:00 PM</td><td>Free</td></tr></table> <div>SPRING 2024</div> <table><tr><th>Classes</th><th>Start</th><th>End</th><th>Day</th><th>Time</th><th>Fee</th></tr><tr><td>13</td><td>Mar 20</td><td>Jun 12</td><td>Wed</td><td>11:00 AM-3:00 PM</td><td>Free</td></tr></table>	Classes	Start	End	Day	Time	Fee	8	Jan 17	Mar 6	Wed	11:00 AM-3:00 PM	Free	Classes	Start	End	Day	Time	Fee	13	Mar 20	Jun 12	Wed	11:00 AM-3:00 PM	Free
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FACILITY RENTAL

PLANNING AN EVENT ?

WATERFRONT NEIGHBOURHOOD CENTRE FACILITIES ARE AVAILABLE FOR SOCIAL OR BUSINESS FUNCTIONS.

For more information and to book space, please contact Liz Oliveira, Manager, Facility Operations, liz@waterfrontnc.ca | 416.392.1509 x329

	Dance Studio	Medium Assembly	Assembly Room A	Assembly Room B	Assembly Room C
Waterfront View	☑		☑	☑	☑
Audio Equipment	☑	☑	☑	☑	☑
Projection Screen	☑	☑	☑	☑	☑
Ballet Bars	☑				☑
Mirrored Wall(s)	☑	☑			☑
Maximum Capacity (No. of people)	100	80	40	15	40

Gymnasium	<ul style="list-style-type: none"> 80' x 60' Sprung hardwood floor High ceilings Partition divides room in half Portable stage and curtain backdrop 	<ul style="list-style-type: none"> Built-in sound and lighting systems Projection screen Maximum 288 people per half room Maximum 576 people per full room 	<ul style="list-style-type: none"> Non Profit: \$166/hour + HST Commercial: \$331/hour + HST Arts & Culture: \$249/hour + HST Leagues: \$71/hour + HST
Outdoor Basketball Courts	<ul style="list-style-type: none"> Rated #1 court in Toronto by CourtHawk.com Rubber court surface and classic backboards Night time lighting 		<ul style="list-style-type: none"> Hourly: \$166 per hour + HST
Garden Courtyard (Max. 50 people)	<ul style="list-style-type: none"> 6.6' x 38.1' BBQ Patio tables and chairs with umbrellas 		<ul style="list-style-type: none"> Non Profit: \$27 per hour + HST Profit: \$83 per hour + HST Arts & Culture: \$56 per hour + HST

Dance Studio / Medium Assembly Rental Rates

- Non Profit: \$27 per hour + HST
- Profit: \$83 per hour + HST
- Arts & Culture : \$56 per hour + HST

Assembly Room A, B, and C Rental Rates

- Non Profit: \$17 per hour + HST
- Profit: \$39 per hour + HST
- Arts & Culture : \$28 per hour + HST

Please note all rentals before or after regular hours of operation are subject to additional staff fee of \$50 per hour.

View or Book WNC Facility Online www.waterfrontnc.ca/rentals
100% of Rental Revenues Support WNC Community Programs and Services

Music Together®

Fun with Music Together

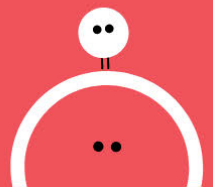


A lifetime of music begins here®

Assembly Room A
Waterfront Neighbourhood Centre
627 Queens Quay East M5V3G3



funwithmusictogether.ca





Help us **raise**
\$5,000 for
grocery cards that
will be provided to
waterfront **families**
& **neighbours!**

Because no one should ever go to bed hungry.

WNC Community Grocey Drive

Food Cards gratefully accepted at WNC. Donations can be made in person, by telephone or online at <https://waterfrontnc.ca/donate>



The Waterfront Neighbourhood Centre Charitable Fund (WNCCF) is a registered charity, which accepts donations on behalf of the Waterfront Neighbourhood Centre. Monetary donations of \$20 or more made through the WNCCF receive charitable tax receipts at the end of the year. Please make out cheques to WNCCF. Only donations made through WNCCF are eligible for a charitable tax receipt.

627 Queens Quay W, Toronto ON M5V 3G3
416.392.1509 | charity@waterfrontnc.ca



Waterfront Neighbourhood Centre
CHARITABLE FUND